



COURSE CODE **NAME OF THE COURSE**

CVAC003 **FAMILY LIFE EDUCATION**

OFFERED BY

MATHEMATICS **ABOUT COLLEGE**

COURSE COORDINATOR

Dr. Shinto K.G
 Department of
 Mathematics

Chirst College (Autonomous), Irinjalakuda established in the year 1956 by CMI fathers has always been a place where young generations are moulded towards a bright future. College has excellent infrastructure, with state of the art laboratories, seminar rooms and lecture halls. The campus is Wi-Fi enabled. Presently College is home for 4500+ students, 200 teaching staff and 45 supporting staff. The strength of the College lies in its hardworking and tech savvy teachers who are eager to involve in all matters of students. The lush green campus with gardens and open gym is moving towards the next phase on education both offline and online.

LEARNING OUTCOMES

- Understand the role of home, school and religion in imparting family life education.
 - Understand the development of personality and moral values in life.
- Can initiate a strong Family Ministry Wing with regular preventive programs and events.**

COURSE MODULE

- Module I: Family Life and importance of Life Skill Education**
- Module II: Process of Growing Up**
- Module III: Social Institution of Marriage**
- Module IV: Policies and Programmes for Family Welfare**

SYLLABUS

MODULE I: Family Life and importance of Life Skill Education

Education Concept of Family Life, Family Life Education - Concept and Meaning, Importance of Family Life Education, Role of Home, School and Religion in Imparting Family Life Education, Development of Personality and Moral Values in Life. Basic Concepts in Life Skill Education, Understanding Man and Woman, Life Skill Education: Concept and Objectives, Life Skill Education: Role of Home, School and Media (10 Hours)

MODULE II: Process of Growing Up

Male Reproductive System and Functioning, Female Reproductive System & Functioning, Early Stages of Human Growth: Biological, Social, Psychological and Developmental Aspects, Later Stages of Human Growth: Biological, Social, Psychological and Developmental Aspects, Youth and Their Concerns (10 Hours)

MODULE III Social Institution of Marriage

Marriage and Family: Choosing Life Partner, Marriage in India, Society, Culture, Religion and Family Values, Marital Life and Role Expectations (3 Hours)

MODULE IV: Policies and Programmes for Family Welfare

Indian Family in Transition, Family Planning Policies, Family Planning Methods and Spacing Between Live Births, Medical Termination of Pregnancy and Issues Associated with it Major Problems in Marital Life Psycho-Social Effects of Divorce, Separation and Migration, Dowry Demands and Dowry Deaths, Legal Issues Involved in Marriage (7 Hours)

