



**CHRIST**  
COLLEGE (AUTONOMOUS)  
IRINJALAKUDA, KERALA

# NSS ANNUAL REPORTS

## 2020-21







राष्ट्रीय सेवा योजना  
NATIONAL SERVICE SCHEME

CHRIST COLLEGE(AUTONOMOUS)  
NATIONAL SERVICE SCHEME  
UNIT NO: 20&49

TIKA MAHOTSAV

NATIONAL SERVICE SCHEME  
2020 -2021





# CHRIST COLLEGE

(AUTONOMOUS) IRINJALAKUDA - KERALA



Unity is the secret of social progress,  
& service to society is the means to promote it...

Unity is the secret of social progress,  
& service to society is the means to promote it...

## NATIONAL SERVICE SCHEME ANNUAL REPORT 2020 -2021





**CHRIST COLLEGE**  
( A U T O N O M O U S ) I R I N J A L A K U D A - K E R A L A

# **NATIONAL SERVICE SCHEME ANNUAL REPORT 2020 -21**



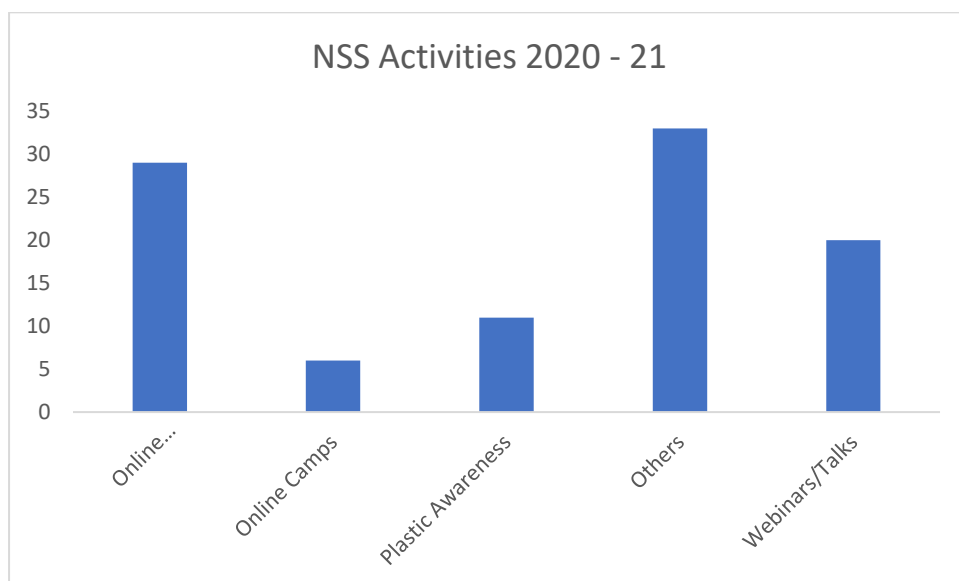
Sl no	Programs	Date
1	Online camp	06.04.2020 to 13.04.2020
2	Online camp	21.04.2020 to 23.04.2020
3	Online mehendi competition	20.05.2020
4	Anti-tobacco	31/05/2020
5	Caring nature	05/06/2020
6	Technical assistance	10/06/2020
7	Technical assistance	10/06/2020
8	Yoga	21/06/2020
9	Anti-drug campaign	26/06/2020
10	Caring nature	28/06/2020
11	Caring nature	03/07/2020 & 05/07/2020
12	Covid 19 activity	19/07/2020
13	Video tutorial	26/07/2020
14	Online contests	28/07/2020
15	Online tutorial	01/08/2020
16	Online tutorial	08/08/2020
17	Caring nature	09/08/2020
18	Online contests	15/08/2020
19	Microgreen	04/08/2020 – 16/08/2020
20	Webinar	22/08/2020
21	Online tutorial	23/08/2020
22	Online orientation class	23/08/2020
23	Online onam celebration	30/08/2020
24	Online competition	31/08/2020
25	Online competitions	09/09/2020
26	Awareness campaign	16/09/2020
27	Webinar	20/09/2020
28	Webinar	22/09/2020
29	Webinar	24/09/2020
30	Video tutorial	27/09/2020
31	Awareness campaign	27/09/2020
32	Covid 19 activity	08/10/2020
33	Webinar	18/10/2020
34	Caring nature	31/10/2020
35	Online camp	31/10/2020- 08/11/2020
36	Online competition	1-11-2020
37	Caring nature	2-11-2020
38	Caring nature	4-11-2020
39	Caring nature	5-11-2020
40	Video tutorial	12/11/2020
41	Caring nature	13/11/2020
42	Video tutorial	14/11/2020
43	Online selection camp	21/11/2020- 29/11/2020
44	Awareness campaign	01/12/2020
45	Webinar	02/12/2020
46	Video tutorial	04/12/2020
47	Online activity	05/12/2020



48	Video tutorial	06/12/2020
49	Awareness campaign	10/12/2020
50	Nova	12/12/2020
51	Online activity	13/12/2020
52	Online activity	20/12/2020
53	Online activity	27/12/2020
54	Online competition	01/01/2021
55	Online activity	03/01/2021
56	Webinar	09/01/2021
57	Plant saplings	10/01/2021
58	Webinar	17/01/2021
59	Election duty	18/01/2021
60	Orientation talk	23/01/2021
61	Live online section	24/01/2021
62	Voters id registration camp	25/01/2021.
63	Online orientation talk	30/01/2021
64	Live orientation talk	06/02/2021
65	Caring nature	07/02/2021
66	Live orientation talk	13/02/2021
67	Online letter writing competition	14/02/2021
68	Live orientation talk	20/02/2021
69	Plant sapling	28/02/2021
70	Carrier guidance seminar	03/03/2021
71	International Women's day Celebration	08/03/2021
72	Fruit Garden Setting	13/03/2021
73	Orientaion for Volunteers by Election Commission	19/03/2021
74	World Waterday Celebration	22/03/2021
75	Liber Gaza Project Inauguration	27/03/2021
76	Election Duty	05/04/21 – 06/04/21
77	Community awareness	16/04/2021
78	Community awareness	18/04/2021
79	Public awareness	22/04/2021
80	Community awareness	25/04/2021
81	Covid awareness	26/04/2021
82	Community awareness	27/04/2021
83	Vaccination survey	28/04/2021
84	Covid awareness	29/04/2021
85	Covid awareness	30/04/2021
86	Covid awareness	01/05/2020
87	Women development	09/05/2020
88	All Kerala caption competition`	09/05/2020
89	Eid Celebration	13/05/2021
90	Dry Day	16/05/2021
91	Awareness Video Creation	23/05/2021
92	Online Interactive Session	29/05/2021
93	Debate Competition	30/05/2021
94	Anti-Tobacco day Competition	31/05/2021
95	Online Cricket Tournament	31/05/2021



96	Environment Week Programs	01/06/2021 – 05/06/2021
97	Planting 1001 Saplings	05/06/2021
98	Debate	06/06/2021
99	Special Lecture in connection with World Environment Day	08/06/2021





# MARCH-APRIL 2020



## Camp GCG

A 7-day online camping “GCG 2K2K: Go Corona Go” was conducted for the NSS volunteers of Christ college Irinjalakuda to get interaction among them and to aware them about COVID19. The online camping started from 6th April 2020 Monday to 13th April 2020 Monday with various tasks and totally it consists of 16 different competitions for the volunteers. The camp was inaugurated officially through online by programme officers prof. Tharun R, prof. Jinsy S R, prof. Jomesh Jose and prof. Linnet George on 6th April at 10:00 AM. They gave necessary information’s and awareness regarding COVID 19 and the GCG 2K2K online camping. The online camps started with COVID 19 discussion and further the volunteers were divided into 8 groups. The competitions were held at 10:00 am to 11:00 am and evening 3:00 pm to 4:30 pm daily. The daily results were announced daily at 8:30 pm. The 16 different tasks are Action song competition, Selfie competition, Tiktok competition, Versification, Cookery show, Pencil drawing, Fancy dress competition, Collage making, Story writing, Craft making competition, Kitchen dance, Folk song, Parody song competition, Troll making, Photo contest and Video making. These all competitions ate based on NSS and COVID 19. These activities helped the volunteers to improve their abilities and improve themselves. The videos created during the online camps were later published in the NSS Christ College’ s YouTube channel.

Actually, the camp was great success and the volunteers learnt a lot.

\_\_\_\_\_Links for the videos uploaded in our YouTube channel

[https://www.youtube.com/watch?v=mwAlvAQ\\_Sto&t=34s](https://www.youtube.com/watch?v=mwAlvAQ_Sto&t=34s)

<https://www.youtube.com/watch?v=q-gBiavtHF0&t=26s>







Rimboche



മണിചിത്രങ്ങൾ





TEAM  
**BOOMER**



group co-vidhan





*Conquerors*







manichithrathaaz  
h



# AGRICULTURAL ACTIVITIES IN HOME FOR NSS



MARCH - APRIL 2020







**APRIL-  
MAY  
2020**



1. **21/04/2020 – 23/04/2020**

## **Camp REVIVA 2020 – 21<sup>st</sup> – 23<sup>rd</sup> April 2020**

An online group was created on the basis of attendance and performance on the eve on 18th April which formed the foundation of the camp. A two-day camp that extended to a third day filled with hard work, fun and laughter. Events for each day were formed based on the discussions among the group members. There were 22 juniors of 2019-2020 NSS batch in the committee. These pupils represented the others in the family and joined hands to begin new venture. Each day carried 2 events each in total forming a six in the end. The rules and regulations were set with great care and caution. Event names were suggested and theme selected for each. After the two-day long discussion and works the camp was given a name and motto. It focused on the theme of a new emerging world which defected the ongoing pandemic. Poster and announcement for the camp was made and we were all set to go. The NSS PO's Tharun Sir, Jomesh Sir, Jincy Miss & Linnet Miss were the ones to lead the way. Krishna Chandran and Anagha were assigned as the leaders of the camp along with a team of six other session leaders.

### Day-1

The sessions were handled by Jomol and Delwin. Instructions for the first event 'കുത്തിവര' Cartoon competition were given at 10:30 am and the theme was announced at 11 am. Senior volunteers were grouped by then. Cartoons on 'അകവും പുറവും' was submitted by 1m. The 2nd event ഒരിടത്തൊരിടത് which was a story telling competition was conducted from 2-5:45 pm. The theme was 'മനുഷ്യശാല' The works were evaluated and points were given accordingly.



Results of the first event was published by evening. Hakka was the team to win the first event. Senior volunteers were grouped into 5 teams. Chakka, Poppins, Ayinu, Minnal and JSFA. They each choose their leaders and motto.

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### Day-2

അങ്ങ്സ് മങ്ങ്സ് സ്റ്റാറ്റയ്ക് was our 3<sup>rd</sup> event. A Tableau competition that required two pictures from each team with two participants. Lockdown and after lockdown were the theme. The section was handled by Revathy. The 4th event-"മാനാർ മത്തായി സ്പീക്കിംഗ്" was a Telephone conversation on Quarantine, well handled by Binshoy, the session handler.

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### Day-3

The last day of the camp. A Collage competition named PicsArt on the theme Unlocked- Life After Lockdown was the day's first event in which 6 participants were minimum. Abhishek handled the section very well and cleared the pop-up doubts among the participants. Last and final event was a Song Competition-പാടാം നമുക്ക് പാടാം on the theme 'പുനർജനി'. The instructions were given on the day before for the ease. Athira handled the session well enough. The lyrics and tunes were no allowed to be copied from any other medium so an extra hour was allotted. The works were submitted to the leaders and hence forwarded to the Teachers, where they were evaluated on the basis of the lines and presentation. There were a lot of well-wishers for the programme. Especially from our Ex-PO Arun Sir, Retired District coordinator Rameshan Sir and on. The overall results were announced at 10 Pm by Christ College Principal Mathew Paul Ukken Sir and the final score boards were posted. Team Chakka won the 1<sup>st</sup> prize followed by Team Poppins on the 2<sup>nd</sup> and 3<sup>rd</sup> prizes for Team JSFA. Everyone on this camp outdid their performances in the last Online GCG camping.



Reviva 2020 enabled the juniors to give a proper farewell Camp for their Seniors who were at their last session of NSS career. A lot of memories were created and the Camp Winded up to be a great Success.



## REVIVA 2020

### Cartoon Contest

## REVIVA 2020

### Collage Making Competition



For Videos: [https://www.youtube.com/channel/UCLLxmMWGroISvoXIE\\_ywciQ/videos](https://www.youtube.com/channel/UCLLxmMWGroISvoXIE_ywciQ/videos)



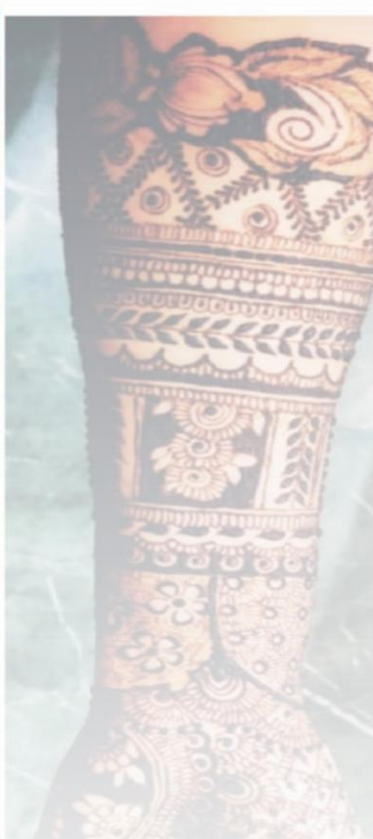


**MAY-  
JUNE  
2020**

Christ college NSS units had conducted an interclass Online mehendi competition MAYILANJI MWONJ for the Christ college student as a part of ramzan, prior ti EIDULFITHR. The programme was very successfully handled by the volunteers. About 15 students took participated. The competition was announced through the official instagram and facebook page of Christ NSS. Aneena from BBA, Gopika Sandeep from psychology and Devika from Bcom had secured first Second and third respectively. They were awarded with cash prizes and participant E certificate. The results were announced by prof. Jomesh Jose, assistant NSS programme office of Christ College irinjalakuda. The programe was under the guidance of prof. Tharun R, prof. Jincy S R and prof. Linnet George. The programmer we well handled by the programme leaders Abhishek and Sneha from Computer science and computer application respectively

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Christ college NSS unit has observed world anti-tobacco day on 31 May 2020. As a part of it there organised various competitions for the volunteers like poster making competition and speech competition on the topic \*വിശുദ്ധപ്പെട്ട്\* \*തലമുറ\*. The program was a successful one with the participation of the volunteers. The following volunteers are the winners of the poster making competition & speech competition





**JUNE-  
JULY  
2020**



In connection with world environment day celebration NSS units of Christ college had started a new project “Prakrithikkayi”. Under this new banner several programs had been conducted and planned. The projects were inaugurated by Christ college principal in charge Rev. Fr. Dr. Jolly Andrews CMI. On June 1<sup>st</sup> an Intercollegiate online mobile photography contest was conducted on the topic” Impacts of Lockdown on Environment”. Around 50 colleges in Kerala participated in the event. And on June 4th and 5th volunteers had planted 1111 saplings. The volunteers had planted these saplings in their home and also on the surrounding areas. Also, around 111 saplings were donated to the different areas of vainthala, kuzhur, erayamkudi and madathumpadi. The volunteers were very interested to do these activities. In the current scenario these activities were carried out in a safe manner and according to the rules. The Units also introduced Eco friendly cloth bags stitched by the volunteers. The project “Prakrithikkayi” is not meant to be a one-day program but it was decided to continue all through the year and to plant more than 10000 trees per year.

As part of this project, Christ college NSS units had planned to conduct a webinar on the topic ' Environment and biodiversity ' on 8th June and had released ' Lockdown E-magazine “BHAVASARGA” on June 10th. Prof. Tharun R, prof. Jinsy S R, prof. Jomesh Jose, prof Linnet George had lead the volunteers to achieve this glory.





CHRIST COLLEGE  
(AUTONOMOUS), IRINJALAKUDA



NATIONAL SERVICE SCHEME

UNITS 20 & 49

**PRESENTS**



**പ്രകൃതിക്കായി**

**PLANTING 111 SAPPLINGS**

**WORLD ENVIRONMENT DAY CELEBRATION 2020**







CHRIST COLLEGE (AUTONOMOUS),  
IRINJALAKUDA  
NATIONAL SERVICE SCHEME  
UNITS NO. 20 & 49



# “പ്രകൃതിക്കായി”

*Planting*



1111

## SAPPLINGS

*Gifting*



111

*Introducing*



Eco-Friendly Bags

*Publishing*



E-Magazine

## BHAAVASARGA

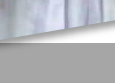
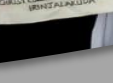
with signatures of ignited minds



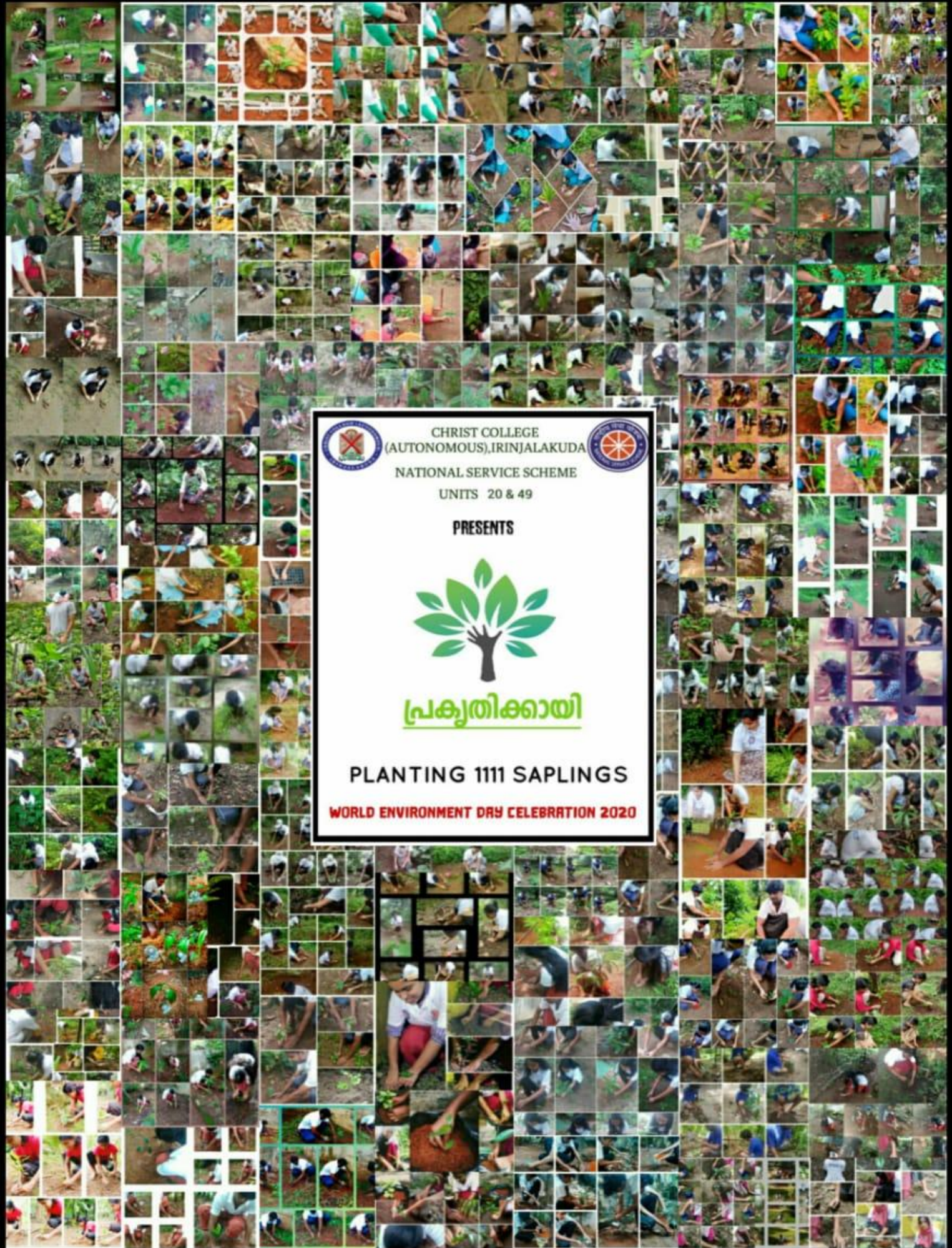
CHRIST COLLEGE(AUTONOMOUS)



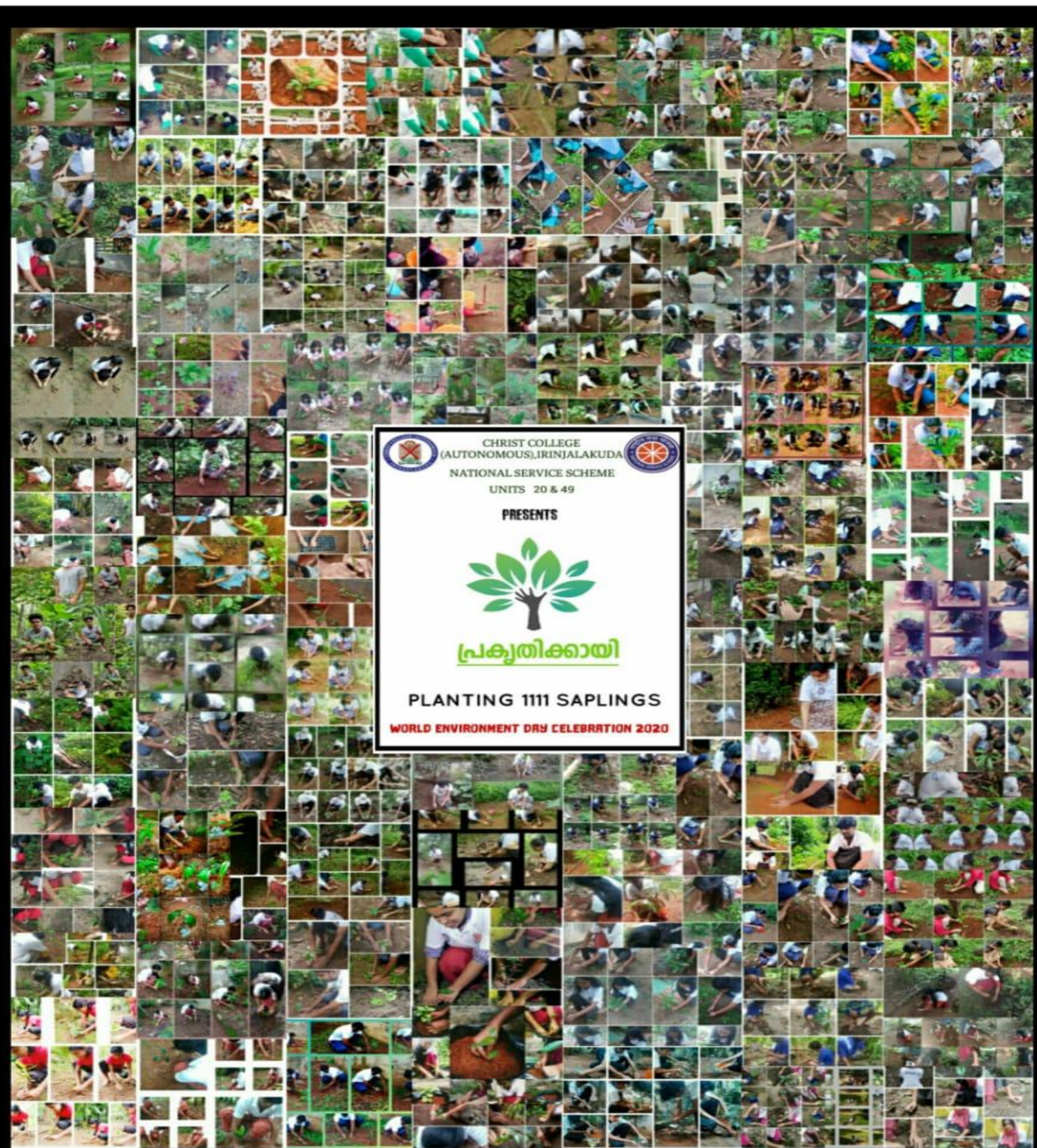
FORMER PRINCIPALS



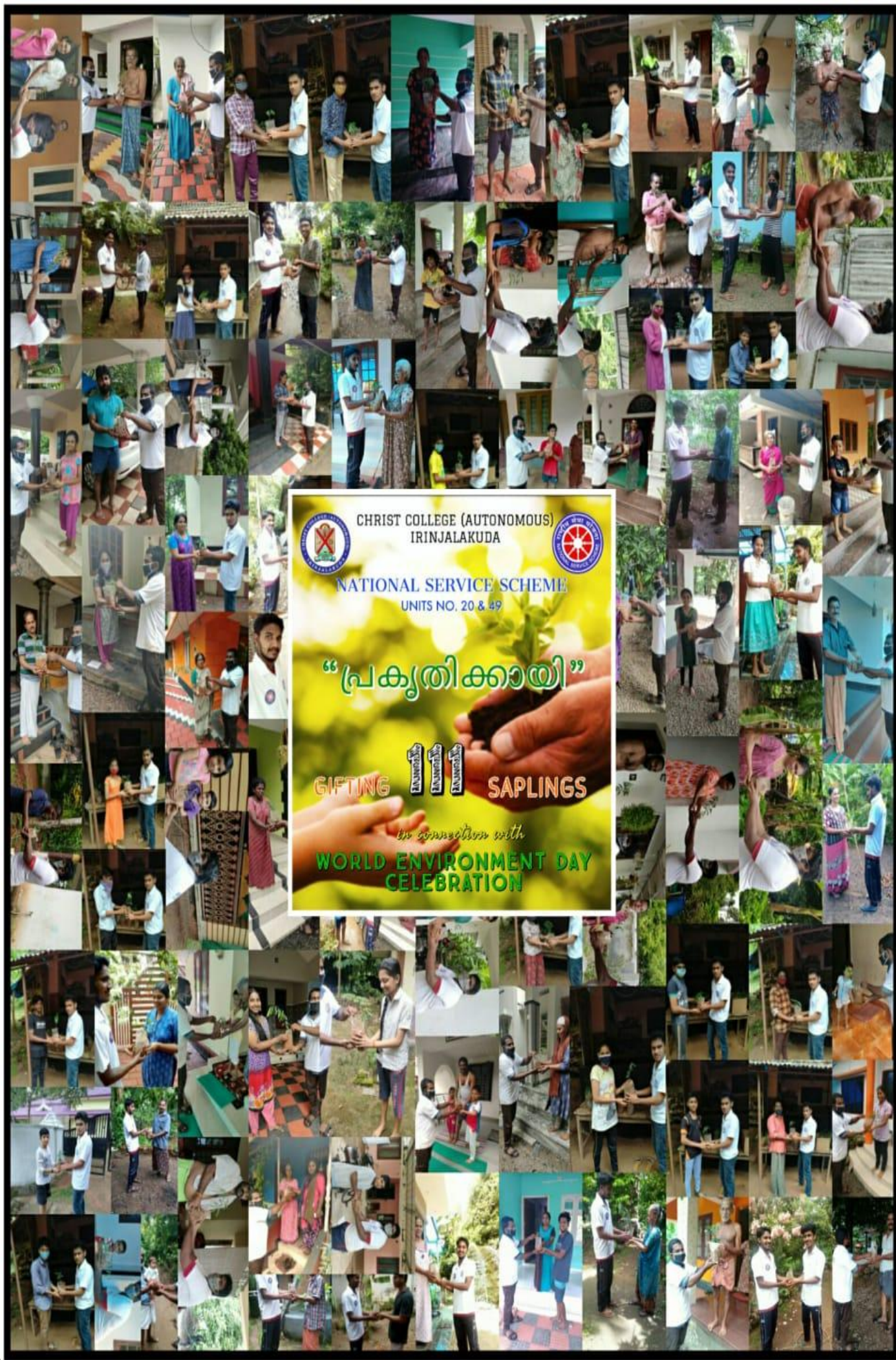
















CHRIST COLLEGE (AUTONOMOUS)  
IRINJALAKUDA



**NATIONAL SERVICE SCHEME**  
**UNITS NO. 20 & 49**

# BHAAVASARGA

*With Signatures Of Ignited Minds*

**Loading...**











# WEBINAR

On *June 8th*

*Air pollution and its impacts on  
Climate Change*



**KALAIARASAN P.**  
*Environmental Engineer*

*Bio-Diversity & Environment*

**Dr. SUBIN K JOSE**  
*Professor, Department of  
Geology, Christ College*



*Jointly Organised by Department of Geology and Environmental  
Sciences and National Service Scheme*

**CHRIST COLLEGE (AUTONOMOUS)  
IRINJALAKUDA**







**NATIONAL SERVICE SCHEME  
CHRIST COLLEGE  
(AUTONOMOUS), IRINJALAKUDA**



ORGANISING AN  
**INTERCOLLEGIATE MOBILE  
PHOTOGRAPHY COMPETITION**  
IN CONNECTION WITH WORLD  
ENVIRONMENT DAY

**TOPIC**  
**IMPACTS OF LOCKDOWN  
ON ENVIRONMENT**

**Cash Prize-555/-**

You can submit your photo  
through this google form  
<http://shorturl.at/lxBJ7>

This link will be closed on  
3rd June 2020

**Break  
the  
chain**



**JUNE - JULY 2020**

**27!**

A new initiative 'E-CARE PROJECT', was taken by the National Service Scheme Units 20 and 49 of Christ College, Irinjalakuda to provide technological assistance to students in the college who were unable to participate in online classes due to the lack of technological devices. The project was inaugurated and the devices were passed on to the students by Rev. Fr. Dr. Jolly Andrews, Principal in charge of Christ College (Autonomous) and Rev. Fr. Joy Peenikkaparambil, Vice - principal of Christ College (Autonomous) in the presence of the program officers of NSS units of Christ College, Prof. Tharun R, Prof. Jincy Rose, prof. Linett George and Prof. Jomesh Jose.

Thus, through the collective effort of NSS volunteers and the program officers and with the financial help of Christ college management, teachers and staffs, NSS units were able to provide six students of the college who were identified to be in dire need with smartphones. The students were Aishwarya Baburaj (B. A Functional English Dept.), Akshay Kumar (B. A Economics Dept.), Noel Varghese M. (B. Com Dept.), Nikhil Ravi (BPED Dept.), Dileep Kumar (BPED Dept.) and Swetha (BPED Dept. And also, the units are trying to give more devices to required ones as fast as possible.





NSS units of Christ College celebrated the ' International Yoga Day ' by practicing yoga and meditation following the instructions given through online platform by Ms. Alphy, a former NSS volunteer and a regular practitioner of yoga. Volunteers practiced different ' Asanas ' and 'Pranayamas ' along with their families on the Yoga Day theme 'Celebrating Yoga Day with Family '. The video was later uploaded in scial medias to reach other viewers and to make them aware of basic yoga postures and the importance and benefits of practicing yoga daily.





NSS units of Christ College celebrated the 'International Day Against Drug Abuse and Illicit Trafficking' by creating a short film 'THIRIKE' which discusses the reasons and consequences of drug abuse and addiction with an element of humour. It makes the viewers aware as well as concerned about the problems arising in the society due to drug abuse and was uploaded in the social media to reach wide viewership. Direction, story, script, casting, editing were all done by NSS volunteers and the program officers Prof. Tharun R. Prof. Jincy S.R, Prof. Jomesh Jose, Prof. Linet George, and Prof. Shanthimol Jose were all of immense guidance and help.














5. 28/06/2020

The first online work of making paper bags as part of REJUVENATE project of NSS Christ College was successfully completed under the supervision of the program officers Prof. Tharun. R, Prof. Jincy Rose, Prof. Jomesh Jose and Prof. Linet George and the leaders. The volunteers were divided into 8 groups and a video of the simple procedure of making a paper bag was uploaded in the YouTube channel as a demonstration for the volunteers. Each volunteer made at least 5 paper bags and each group made a collage of their paper bags and their own video too. Nearly 72 volunteers attended the work and around 360 paper bags were made with 80 percent success.





The work for the day was to collect maximum number of used items for our 'Rejuvenate' program. Things to be collected were listed. Each volunteer was requested to collect maximum items available in their own surrounding and household.

- ◆ Useless pens 
- ◆ Bottles (both plastic and glass) 
- ◆ CD s 
- ◆ Old cotton clothes 
- ◆ Old umbrellas 
- ◆ Useless incandescent bulbs 
- ◆ Old A4 sheets  (atleast one side free), chart papers 
- ◆ Front pages of magazines 
- ◆ Plastic covers
- ◆ Milma covers

A photo of the collected items was submitted by each volunteer after segregating the items.

The work was completed under the guidance of the programme officers and leaders

77 volunteers attended the work.



**JULY-  
AUGUST  
2020**



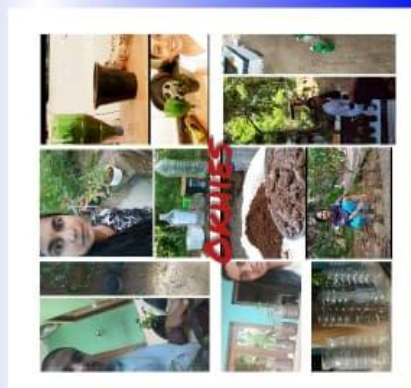


1. 12/07/2020

The online one-day work of reusing the plastic bottles collected in the last work was completed successfully under the supervision of the program officers, Prof. Tharun R., Prof. Jincy S.R., Prof. Jomesh Jose and Prof. Linet George and the leaders. The volunteers were asked to plant minimum 5 plants in the 5 plastic bottles they collected, in their own creative ways. The details of the plants were also collected and a photo collage was made by each group of volunteers. Around 71 volunteers attended the work.



**CHRIST COLLEGE (AUTONOMOUS)  
IRINJAKUDA  
NATIONAL SERVICE SCHEME  
Unit 20&49  
3rd Online One DayWork  
(12/07/2020)**





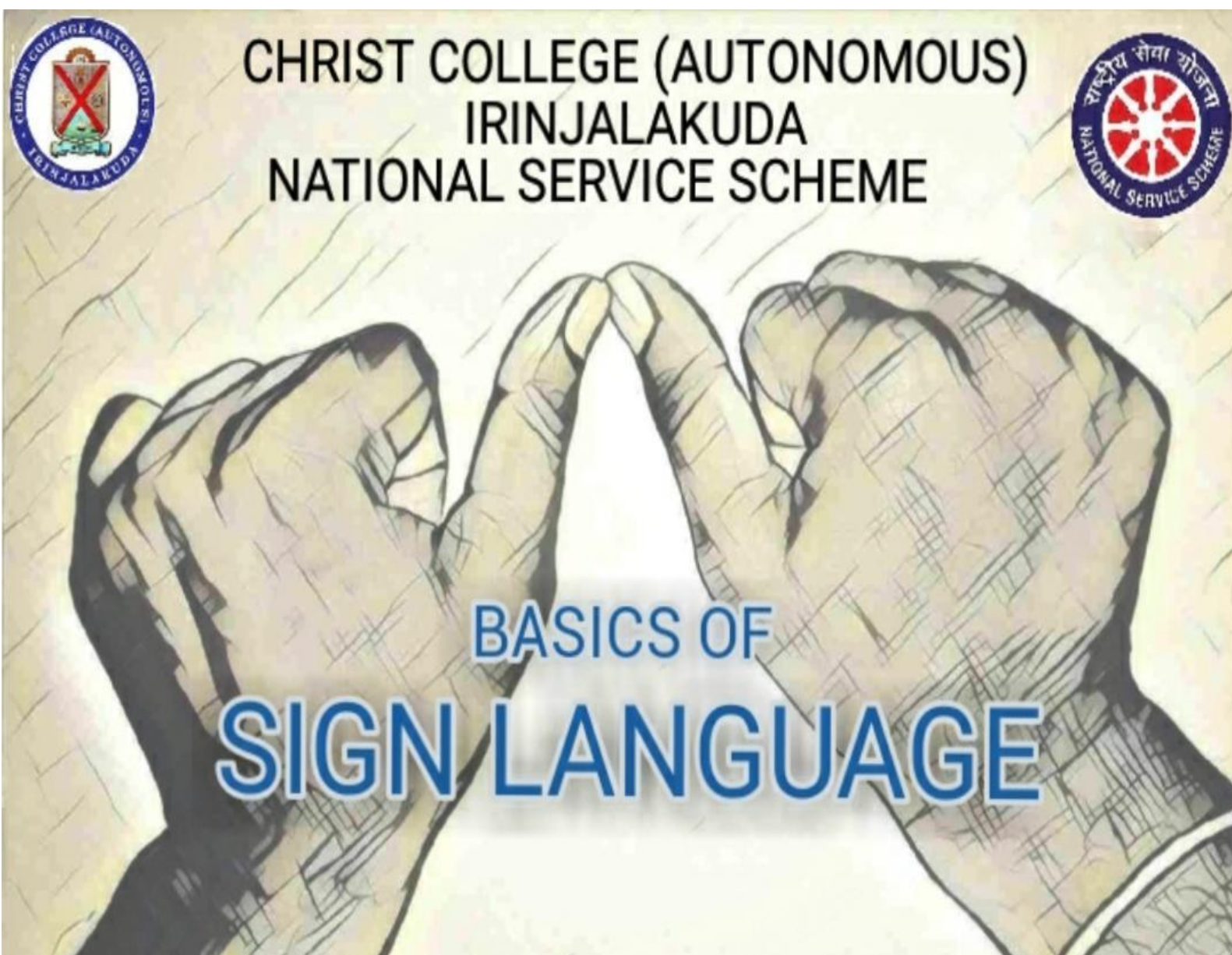
2. 19/07/2020

The online one-day work of Handwash making was successfully completed under the supervision of Prof.Tharun R, Prof.Jincy S. R, Prof.Jomesh Jose, Prof Linnet George and the leaders. Grated Soap was added to warm water, stirred and kept airtight for 11-12hours.Handwash is a necessary provision during these COVID-19 times to keep personal hygiene.75 volunteers attended the one-day work. Before and after photos of the making process was made into collages and submitted.





The online one-day work of studying the basics of sign language was completed successfully. A tutorial video containing the basic alphabet of sign language and some questions and answers in sign language by NSS volunteer Noel Varghese M was uploaded in the YouTube and the volunteers viewed this video and made their own 5 second the question “where is your home?” in sign language. The officers and the leaders led the work and 86 volunteers attended the work.



Christ College NSS units conducted two online contests on July 28, 2020 as part of World Nature Conservation day for students from educational institutions across Kerala. One of the contests was presented as 'An idea can change the world' asking the participants to send a mail mentioning a contemporary problem faced by Mother nature and a feasible solution. The motive of the competition was to identify the problems faced by nature and feasible solutions to implement. Around 55 students from colleges and schools participated in the competition. Agnel V.J, NSS volunteer of Christ College coordinated the contest. The other contest was a still model competition presented as 'Build – Up' on the theme of 'threatening of nature'. It aimed to show the different ways in nature is threatened using household materials in a single picture along with a footnote. Devadathan K.S, NSS volunteer of Christ College coordinated the contest. Around 20 students from 9 colleges and 4 schools participated in the competition. The results of both the competitions were published on July 31 on NSS Instagram account. Both the competitions were evaluated by the program officers of Christ college, Prof. Tharun R , Prof. Jincy Rose , Prof. Jomesh Jose and Prof. Linet George.







Christ College (Autonomous) Irinjalakuda  
National Service Scheme Unit No : 20&49



An idea can change the world

# Results

1st Prize

Meegha Jimmy  
(Sacred Heart College,  
Chalakudy, Thrissur)

2nd Prize

Jithender Krishna  
(IDEAL Arts and Science College,  
Cherpulasseri, Palakad)

3rd Prize

Adhithya K  
(Christ College Autonomous,  
Irinjalakuda, Thrissur)

Special Mention :

SREELAKSHMI.M.NAIR  
(SKHSS ANANDHAPURAM, THRISSUR)



Congratulations






Christ College (Autonomous) Irinjalakuda  
National Service Scheme Unit No: 20&49





# BUILD UP

(Still model competition)


First Prize


Amna Sherif  
(Little Flower Convent High School,  
Irinjalakuda, Thrissur)



Congratulations




NSS units of christ college conducted an online tutorial on the topic 'Microgreen' through google meet platform from 4.00-5.00PM. Volunteer Anamika K.S of Zoology department led the session. Volunteers Krishnachandran, Athira Biju, &Yadu krishna were coordinated the program. Welcome speech was given by Richard B and vote of thanks by Lakshmi Ramachandran. About 100 students from different educational institutions from all over kerala attended the live session.The program was successfully completed under the supervision of NSS program officers Prof. Tharun R, Prof. Jincy S R, Prof. Jomesh Jose and Prof. Linet George. Students were able to know the concept of microgreen which is very nutritious to us and the way of culturing it through this session. The tutorial video was later uploaded in the YouTube channel.





NSS units of Christ college conducted the 2<sup>nd</sup> online tutorial PIXEL on the topic 'Basics of editing in power director' through google meet platform from 4.00-5.00PM. Volunteer Krishnadev M.Madhanan from geology department led the session. Volunteer Adarsh Menon coordinated the program. Welcome speech was given by Sreemol and vote of thanks by Athul Saji. About 50 students from different educational institutions from all over kerala attended the live session. The program was successfully completed under the supervision of NSS program officers Prof. Tharun R, Prof. Jincy S R, Prof. Jomesh Jose and Prof. Linet George. Students were familiarized the editing application through the session and the basics of editing which is very useful in this online era. The tutorial video was later uploaded in the YouTube channel

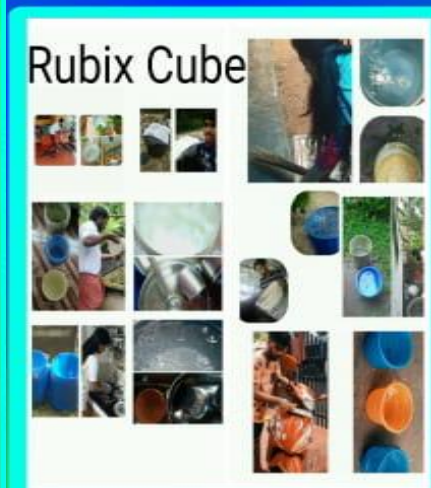


7. 09/08/2020

The 6th online work of rain water harvesting was successfully completed under the supervision of the program officers Prof. Tharun. R, Prof. Jincy SR, Prof.Jomesh Jose, Prof.Linet George.Each volunteer collected rainwater and used it in their own ways to reach into underground level. 88 volunteers attended the work.



**CHRIST COLLEGE (AUTONOMOUS)  
IRINJALAKUDA  
NATIONAL SERVICE SCHEME  
Unit 20849  
7th Online One Day Work  
(09/08/2020)**







# **AUGUST- SEPTEMBER 2020**





CHRIST COLLEGE (AUTONOMOUS) IRINJALAKUDA  
NATIONAL SERVICE SCHEME UNIT 20&49



August 15 - Independence Day

# Phrase Making Competition

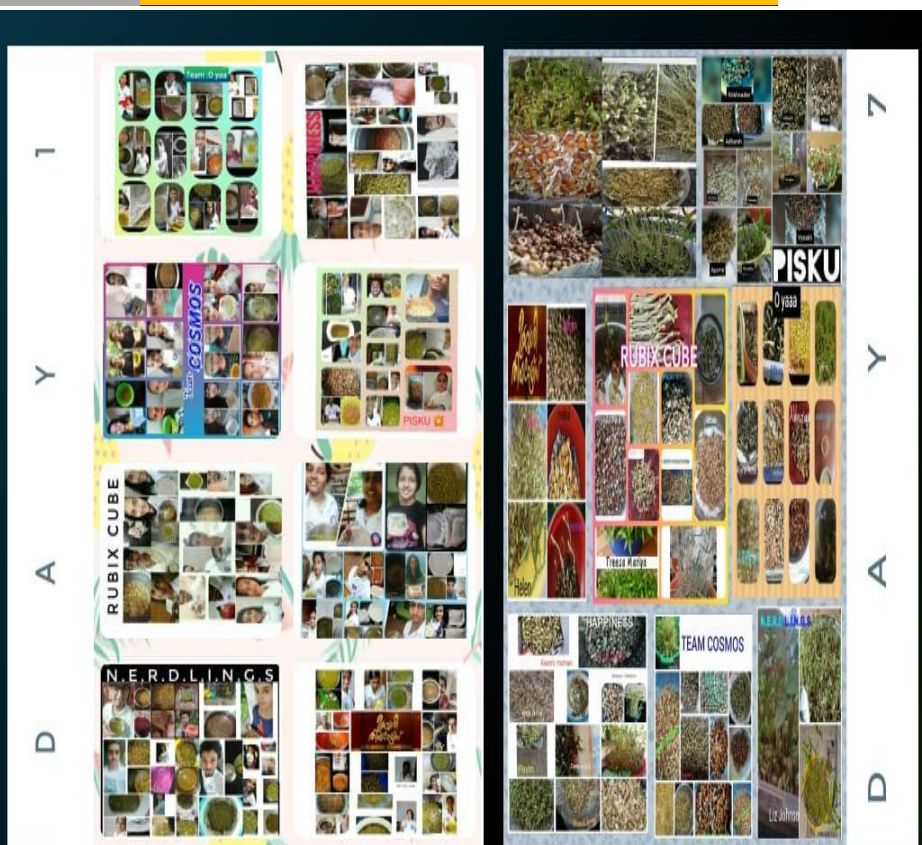


Topic : "സ്വാതന്ത്ര്യം - ഒറ്റവാചകത്തിൽ"

As part of Independence Day NSS units of Christ college conducted an online 'phrase making competition' for students of different educational institutions. The topic of the contest was 'freedom' and to define the same in one single sentence. Binshoy M S, NSS volunteer of Christ College coordinated the contest. Students from different educational institutions participated in the competition. The result of the competition was published on august 17 through NSS Instagram account. It was evaluated by the program officers of Christ college, Prof. Tharun R, Prof. Jincy Rose, Prof. Jomesh Jose and Prof. Linet George.



2. 04/08/2020 - 16/08/2020



The 12 days long work of MICROGREEN was completed under the guidance of Prof. Tharun, Prof. Jincy Rose, Prof. Jomesh & Prof. Linnet George. The work which was initiated by the microgreen tutorial presented by volunteer Anamika KS started on 4<sup>th</sup> August and the growth period lasted until August 16<sup>th</sup>.

The work was coordinated by Volunteer Devadathan. Progress of the work was checked on intervals of two consecutive days and the photos were collected from the volunteer groups and collaged.



**Christ College (Autonomous) Irinjalakuda**  
National Service Scheme Unit no: 20 & 49



**വിഷയം: നാട്ടറിവും നാടൻപാട്ടുകളും**

**അവതരണം: ശ്രീ തേശേരി നാരായണൻ**  
(തൃശൂർ ജില്ലാ ജഡ്ജസ് അസോസിയേഷൻ പ്രസിഡന്റ്, നാട്ടാശാൻ)

**watch live on Google Meet** 

**On 22/08/2020 Saturday,  
3.00 to 4.00 pm**

A webinar was conducted on the topic “Naatarivum Naadan paatukalum (നാട്ടറിവും നാടൻപാട്ടുകളും) lead by Sri. Thesheri Narayanan, Thrissur District’s Judges Association President and teacher of Arts. It was a very informative session conveying the old rituals and stories behind them literally making the students aware of their cultural roots. The Session was coordinated by volunteer Aadharsh successfully under the guidance of Prof. Tharun R, Prof. Jincy Rose, Prof. Jomesh Jose & Prof. Linnet George and the leaders. About 70 volunteers attended the one-hour session.



**AKM HIGHER SECONDARY SCHOOL**  
**NSS UNIT POYYA THRISSUR**

**LIVE WEBINAR**



**VIDEO EDITING FOR BEGINNERS**



**KRISHNADEV**  
**NSS UNIT**  
**CHRIST COLLEGE**  
**IRINJALAKUDA**



**23rd SUNDAY 2020**  
**4PM**

NSS units of Christ college had conducted an online tutorial session for the NSS volunteers of AKM Higher Secondary School Poyya, Thrissur on the topic 'video editing for beginners' through google meet platform. The session was led by Krishnadev M.Madhanan, a NSS volunteer. Volunteers Anagha V.R and Agnes P J had taken a motivational talk for that students before the tutorial session. It was very helpful for that students to learning the basics of editing through the session. The program was successfully completed under the guidance of the Program Officer of the school, Jitha miss and program officers of christ college Prof.Tharun R, Prof Jincy S. R, Prof.Jomesh Jose and Prof.Linet George. The program was well received by the students.

5. **23/08/2020**

NSS units of Christ college conducted an online orientation class on the topic 'How to Market yourself' through google meet platform from 3.00pm- 4.00pm. Asst. Prof. Pious Joseph and Asst. Prof. Ajith Mani led the class for our volunteers. Volunteer Anjana coordinated the programme. NSS anthem was sung by Devika.

Welcome speech was given by Anukrishna and Abhijith gave the feedback of the class. At last, the vote of thanks and the gratitude was expressed by Pro. Jomesh sir. Almost 60 of our NSS volunteers attended the online class. The program was successfully completed under the guidance of NSS program officers Prof. Tharun R, Prof. Jincy SR, Prof Jomesh Jose, and Prof Linet George. It was a well-planned and very informative class. The class helped our volunteers a lot to grasp the ideas and the aspects on how to prepare and attend an interview for a career. It was the second online class attended by the students during this COVID-19 pandemic as part of our NSS activities.





**Christ College (Autonomous)**  
**Irinjalakuda**

**NSS unit 20 & 49**

**Online Orientation**  
**Class**

**Topic: How To Market yourself**

**Resource persons**



**Asst. Prof . PIOUS JOSEPH**  
**Asst. Prof . AJITH MANI**  
**(Dept. of Hotel Management ,  
Christ College (autonomous)  
Irinjalakuda)**

**Time : 23/8/2020 , Sunday**  
**3 pm - 4 pm**

**Watch Live on GOOGLE MEET**



NSS units of Christ college started our online onam celebration on 'utradam nal'. First day competition was 'Aviyal Pookkalam' for all. The theme was to construct pookkalam with vegetables. Volunteer Sarath Krishna coordinated the program. Competition was held under the guidance of our program officers Prof. Tharun R., Prof. Jincy SR, Prof. Jomesh Jose and Prof. Linet George



**CHRIST COLLEGE (AUTONOMOUS) IRINJALAKUDA**  
**NATIONAL SERVICE SCHEME**  
 (Unit 20 & 49)






**\*മാധവിയൻ പൂക്കളും**  
 30/08/2020(ഉത്രടം)

**\*തമ്പി നാടൻ പൂക്കളും**  
 31/08/2020(തിരുവോണം)

**\*കുപ്പിയിലൊരു പൂക്കളും**  
 01/09/2020(അവിട്ടം)

**\*കുണ്ഡ കുണ്ഡ പൂക്കളും**  
 02/09/2020(ചതയം)







NSS units of Christ college conducted our second online competition named as 'Thani nadan pookkalam' for all on Thiruvonam nal. The theme was to construct pookkalam with flowers and leaves available at home. Volunteer Devadathan A.S coordinated the program. Competition was held under the guidance of our program officers Prof. Tharun R., Prof. Jincy SR, Prof. Jomesh Jose and Prof. Linet George. Nss volunteers prepared onasadya at home and shared the photos of the recipes they prepared.









8. 01/09/2020



Christ College (Autonomous) Irinjalakuda  
National Service Scheme Unit no: 20 & 49

## മലയാളി മക്കൾ/കേരള ശ്രീമാൻ Contest Winners

കേരള ശ്രീമാൻ

Achudas K D  
Christ College Irinjalakuda



മലയാളി മക്കൾ  
Aswani K P  
Christ College Irinjalakuda



Special Mention : Mary Celin Ashna  
Govt. Medical College Kottayam



The Online onam celebration of Christ's NSS family was a four-day programme which included various kinds of competitions. The Four different kinds of pookalam competition were the highlight of the programme. On the basis of Malayalam days there were Aviylal pookalm; which was essentially a pookalam made of vegetables on the day of Uthradam 30/8/2020, Thani naadan pookalam with native flowers on the second and main day of Thiruvonam 31/8/2020, Kuppiyiloru Pookalam by painting it on glass bottles on the day of avittam 1/9/2020 and Kanasa kunasa pookalam which literally meant pookalam with

anything that is available in household on the last and final day of Chathayam 2/9/2020.

An ongoing Malayali Manga & Kerala Sreeman Competition was also conducted on the online platform of our NSS page on instagram #nsschristcollege. The winners were selected according to the number of likes adhering to the instructions provided within.

The events were successfully completed under the guidance of Prof. Tharun R, Prof. Jincy Rose, Prof. Jomesh Jose & Prof. Linnet George and the leaders. All the results were published on the last day of the programme through social media platforms.

NSS Christ College units observed Teachers day by conducting 2 online competitions for both teachers and students of Christ college. The topic for the teachers was to explain the most memorable experience in their teaching life and the participants had shared their experiences through short videos. The topic for students was to write a letter to their favourite teacher. Students had participated in this contest by writing their thoughts and memories about their teacher and wishing them. The winners were announced through our instagram page later. Prof. Jomesh Jose from Maths dept bagged 1st prize in teachers contest and Ashika Farsana from Zoology dept. Bagged 1<sup>st</sup> prize in students' contest.



**Christ College (Autonomous) Irinjalakuda**  
**National Service Scheme unit no 20 & 49**

# സെപ്റ്റംബർ 5 - അധ്യാപക ദിനം

## Contest for Teachers & Students

**മറക്കാനാവാത്ത അനുഭവം**  
(ക്രൈസ്റ്റ് കോളേജ് അധ്യാപകർക്കായി)

**അധ്യാപകനൊരു കത്ത്**  
(ക്രൈസ്റ്റ് കോളേജ് വിദ്യാർത്ഥികൾക്കായി)

**നിങ്ങളുടെ അധ്യാപന ജീവിതത്തിലെ മറക്കാനാവാത്ത/രസകരമായ ഒരു അനുഭവം വിവരിച്ച് 2 മിനിറ്റിൽ കവിയാത്ത ഒരു വീഡിയോ ആയി അയച്ച് തരുക.**

**നിങ്ങളുടെ ഏറ്റവും പ്രിയപ്പെട്ട അധ്യാപകൻ / അധ്യാപികയെക്കുറിച്ചുള്ള 2 പേജിൽ കവിയാത്ത ഒരു കത്ത് എഴുതി അയച്ച് തരുക.**

**ABHIJITH : 8330848611**  
**ARCHANA: 9846280504**

**BINIL : 9605830231**  
**PARVATHI : 7306078474**

Last Date of Submission : 5th September 6.00pm







# **SEPTEMBER- OCTOBER 2020**



1. 16/09/2020

An online session was conducted on Google meet platform for the SMA awareness campaign lead by Ms. Veena Venugopal, india's first wheelchair anchor and Mr. Krishnakumar PS, Kerala state youth icon for Social service award winner of 2017-18. It was a very much inspiring session. The programme was coordinated by volunteer Anagha KB, welcome by Afeela and feedbacks by Pradeesha. The vote of thanks was done by Programme officer prof.Jincy Rose. The event was successful completed under the guidance of Prof. Tharun R, Prof. Jincy Rose and the leaders.





CHRIST COLLEGE (AUTONOMOUS) IRINJALAKUDA  
NATIONAL SERVICE SCHEME UNIT NO 20&49

INVIGORATE  
ONLINE  
SESSION


On 16<sup>th</sup> September 4 Pm

Resource Persons



VEENA VENUGOPALAN  
[India's first wheelchair Tv anchor  
Campaigner of MIND]

KRISHNAKUMAR. P. S  
[Kerala state youth icon for social service  
award winner 2017-18  
Vice chairman of MIND (Mobility In Dystrophy)  
Mentor of Prajadhita foundation  
Storyteller]

ON GOOGLE MEET 



2. 20/09/2020

Online session in relation with the NSS day celebration of Christ College was initiated by Prof. Dr. Robinson. P, senior faculty of Christ Chemistry Department and former Best NSS PO nominee and IQAC co-ordinator. This lively session was coordinated by volunteers Aiswarya and Treesa. Prayer sung by Volunteer Athira Biju, Welcome note by Jayakrishnan and Feedback by Helen. The session was on the topic NSS FOR WHO? Which was utterly a question we found answer for by the end of the programme. The session was successfully completed under the guidance of Prof. Tharun R, Prof. Jincy Rose, Prof. Jomesh Jose & Prof. Linnet George and the leaders.



The poster is for an online session titled "NSS For Who?". It features a background of a spiral notebook with a pencil and some decorative elements like leaves and a building icon. The text is arranged in a clear, hierarchical manner. At the top, it mentions "Christ College (Autonomous) Irinjalakuda" and "National Service Scheme Unit no 20 & 49". The main title "NSS For Who?" is in large, pink, stylized letters. Below it, it says "Online Session By," followed by a portrait of Dr. Robinson. P. His name and title "Christ College IQAC Co-ordinator" and "Former Best Nss Programme Officer" are listed below the portrait. The date and time "20 September 3.00 pm" are on the left, and "On Google Meet" with a logo is on the right. At the bottom, there is a green banner with the text "SEPTEMBER - OCTOBER 2020" and a small blue circle with the number "57".

**Christ College (Autonomous) Irinjalakuda**  
**National Service Scheme Unit no 20 & 49**

**In connection with  
National NSS Day Celebration**

**NSS For Who ?**

*Online Session By,*



**Dr. Robinson. P**  
Christ College IQAC Co-ordinator  
Former Best Nss Programme Officer

**20 September  
3.00 pm**


**On Google Meet**

**SEPTEMBER - OCTOBER 2020**

57




3. 22/09/2020



**CHRIST COLLEGE (AUTONOMOUS) IRINJALAKUDA**

**NATIONAL SERVICE SCHEME UNIT NO 20 & 49**




**WEB TALK**


**In connection with**


**NSS day Celebration**

**Resource person**



**RENJITH VARGHESE**  
**NSS PROGRAMME OFFICER**  
**ST. THOMAS COLLEGE**  
**(AUTONOMOUS), THRISSUR**

 **22-09-2020, 3.00PM**

**On Google Meet** 



In relation with the NSS day celebration NSS units of Christ College conducted a web talk by Renjith Varghese, NSS Program officer of St Thomas college Thrissur. It was an interactive session between sir and volunteers about the life in NSS. He shared his experiences as a program officer and talked about the ultimate aim of NSS in the session. This session was coordinated by volunteer Liya Pauly. Prayer sung by Volunteer Ashika, Welcome note by Diya Raj and Feedback by Alyna. The session was successfully completed under the guidance of our program officers Prof. Tharun R, Prof. Jincy Rose, Prof. Jomesh Jose & Prof. Linnet George and the leaders.



4. 24/09/2020

As part of the NSS day celebration NSS units of Christ College created a 'NSS history video' which describes the whole history of NSS from its formation and uploaded in the YouTube channel. Our volunteers were acted in this video. And we also created and uploaded a 'NSS Anthem video' sung by our volunteers. It was a memorable experience to the volunteers to know more about NSS and to involve in it.

Moreover, our units organized an online session with Dr. Arun Balakrishnan, Assistant Professor of Christ College, Irinjalakuda and the former program officer of NSS units of Christ College as the resource person. The session started with the NSS anthem sung by NSS volunteer Pradeesha N.P and the welcome speech was given by NSS volunteer Anagha Raj. The topic of this talk was 'Lock & Unlock' and in this interactive session with the former Best NSS Program Officer the volunteers participated enthusiastically. The wonderful session was a motivation for the volunteers to be better humans and at the end few former NSS volunteers shared their experiences. The feedback was given by NSS volunteers Jomol John, Malavika M, Delwin Davis and Adarsh Menon. The vote of thanks was given by Prof. Jomesh Jose. The session was successfully completed under the guidance of the program officers, Prof. Tharun R, Prof. Jincy Rose, Prof. Jomesh Jose, Prof. Linet George and the leaders.

**Christ College (Autonomous) Irinjalakuda**  
National Service Scheme Unit no : 20&49


*In connection with National NSS day celebration*

*Online Session*


**TOPIC**


**LOCK & UNLOCK**

*Resource Person*



**Dr. Arun Balakrishnan**  
Assistant Professor Christ College Irinjalakuda  
Former Best NSS Programme Officer

 **3:00 PM,**  
**24/09/2020**  
**THURSDAY**

**On Google Meet** 

The online one-day work of studying the basics of sign language was completed successfully. A tutorial video containing the basic alphabet of sign language and some questions and answers in sign language by NSS volunteer Noel Varghese M was uploaded in the YouTube and the volunteers viewed this video and made their own 5 second the question “where is your home?” in sign language. The officers and the leaders led the work and 86 volunteers attended the work.



## CHRIST COLLEGE (AUTONOMOUS) IRINJALAKUDA NATIONAL SERVICE SCHEME



### BASICS OF SIGN LANGUAGE



In recognition and respect for the eternal love and utmost care of humanity NSS units of Christ college participated in "Spinal Muscular Atrophy (SMA) Awareness Campaign" by lighting a candle. According to this each volunteer had taken a photo with the lighted candle and posted in the social media platforms under the guidance of the program officers Prof.Tharun R, Prof.Jincy S. R, Prof.Jomesh Jose, Prof.Linet George.





NSS units of Christ college administered a COVID-19 pledge on preventing the spread of deadly corona virus. All volunteers and programme officers had taken the pledge at 1PM and sent their photos of taking pledge to the Ministry of Youth Affairs and Sports.

It was successfully completed under the guidance of the programme officers Prof. Tharun R. Prof. Jincy S. R, Prof. Jomesh Jose, Prof. Linet George.

## CHRIST COLLEGE (AUTONOMOUS) IRINJALAKUDA NSS UNIT 20 & 49







**OCTOBER-  
NOVEMBER  
2020**

OCTOBER-NOVEMBER

NSS units of Christ College conducted an online NSS orientation for 1st year students on zoom platform. Around 200 students who registered through the google form were participated in it. Volunteer Prarthana coordinated the whole session. The programme was started with NSS geetham sung by Athira Biju and welcome speech was given by Delwin Davis. Prof.Jincy S.R, NSS Programme officer had introduced the students.

Second year volunteers introduced the various the activities and projects conducted in the last year and shared their experiences to them with the help of photos and slides.NSS and covid time activities was described by volunteer Sneha Satyan, last year experience in NSS by



**Christ College(Autonomous) Irinjalakuda**  
NSS UNIT 20&49

**Online orientation for 1st year Students**  
**On 18 th October (Sunday)**  
**At 4 PM**

[Click here to register](#)

*WANT TO BE AN  
NSS VOLUNTEER IN  
CHRIST COLLEGE?  
"Not me but you"*

☐Registration will close by 17th October,4 PM  
☐Link for joining the meeting will be provided through email after registration

Jomol John and different camps (mini, tribal, nature) conducted in our college by Athula. Volunteer Geethanjaly had talked about the 'Sravyam' programme and Josephine Mathew about Agricultural activities and polyhouse of our college. Antidrug cell of NSS unit was introduced by volunteer Sarath Krishna, 'Nova' by Jicksy and 'Prathibha' by Liya Pauly. Volunteer Anukrishna had presented the one day works of NSS to the students. Vote of thanks was given by volunteer Agnes PJ. This online orientation was helped the students to know clearly about the activities by NSS of Christ college. The session was successfully completed under the guidance of the programme officers Prof. Tharun R. Prof. Jincy S. R, Prof. Jomesh Jose, Prof. Linet George.



NSS units of Christ college had observed National Unity Day by taking pledge on preserving the unity, integrity and security of the nation. All volunteers had taken the pledge on this day. It was successfully completed under the guidance of the programme officers Prof. Tharun R. Prof. Jincy S. R, Prof. Jomesh Jose, Prof. Linet George.



## CHRIST COLLEGE (AUTONOMOUS) IRINJALAKUDA NSS UNIT 20 & 49



The Online Camp for Selection of 100 NSS Volunteers for NSS Christ College 2020-2022 batch was Started on the behalf of the Programme Officers.

In the orientation session conducted on 18<sup>th</sup> October a google Form link was given for the registration into Selection camps Starting at 31st October to 8th November. Nearly 400 Students registered their names for the Selection camp.

By the details provided they were added into an Official WhatsApp Group followed by divisions into 8 Groups. Two Main Leaders each for the 8groups were selected and five other second year volunteers were selected to assist them; In total making a number of 7 Senior Volunteers in one team. The 400 Students were segregated according to their departments and shuffled to each of the groups in a way that it made a senior volunteer to watch 7 of the students each. There were almost 40-50 students in each group.

Separate WhatsApp groups were created and works were planned and assigned accordingly.

### 31-10-2020 (Day 1)

Task for the first day was to make a **Self-Introduction Video** of 2minutes duration. And as a Continuous projection “Adukkalathottam” അടുകളത്തോട്ടം was assigned too.

Instruction was given out by Teachers at 8am through the official groups. Videos were sent to the respective subleaders. Before &After photos of Ground preparation was also Submitted by 5pm.



As **KERALA PIRAVI** three competitions were conducted to get a better understanding on the different talents each student possessed: -

**i. Malayalam Versification;**

Topic: Keralavum Coronayum (കേരളവും കോറോണയും)

**ii. Pencil Drawing**

Topic: Keralavum Coronayum (കേരളവും കോറോണയും)

**iii. Still Model Making**

Topic: Keralam

Ten members from each group participated in the individual competitions. Entries were submitted at 4PM; judged and sorted by subleaders of the groups and then the best ones were announcing 1st, 2nd and 3rd respectively.

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**Paper Bag Making** was the work assigned for the day. Each student made a minimum of three paper bags. Tutorial video of paper bag making done by our volunteer Swathy was shared from YouTube via link. A lot of creativity was discovered in the pupil during the making process. Selfie along with the paper bags were submitted by 5PM to the respective leaders.

## 3-11-2020 (Day 4)

### 2 MINUTE TALK

#### TOPICS

1. Humans as a social being

(മനുഷ്യൻ ഒരു സാമൂഹിക ജീവി)

2. Effective waste management

(ഫലപ്രദമായ മാലിന്യസംസ്കരണം)

3. Lockdown:merits and demerits

(ലോക്ഡൗൺ: ഗുണങ്ങളും ദോഷങ്ങളും)

Students were assigned to Choose any one of the above topics and talk about the same (english/2). The 2-minute videos were sent to the respective leaders before 7 PM.

## 04-11-2020 (Day 5)

### 1. COLLECTION OF WASTE MATERIALS: -

Collection of undegradable waste materials available in the surroundings commonly plastics after cleaning and drying. Bottles(both plastic & glass), CDs, Pens&tops, Magazine covers etc were collected and submitted as selfies.

2. Updation selfie 📸 of അടുക്കളത്തോട്ടം was also submitted to the leaders before 5PM.



## 05-11-2020 (Day 6)

### REUSING WASTE MATERIALS

The waste materials collected in the last day was reused in a creative way. Bottle art, Paper craft, Planting in plastic bottles etc. Selfies with the items were sent to the respective leaders before 5PM.

## 06-11-2020 (Day 7)

### SKIT PERFORMANCE

Topic: Youth Festival

This was a two-day long Group Activity. Each subgroup made a skit and best out of the groups were selected. Students were well coordinated and the skit came out good. A lot of acting talents were showcased and the team spirit was visible.

## 07-11-2020 (Day 8)

### 1. CLEANING

WEEDING ✂ 1 hour duration work. Selfies (before and after) were sent to the respective leaders before 12 PM

### 2. PARODY SONG

(English/Malayalam)

This was a group activity among the subdivisions of subgroups. Topics were announced at 1 PM. 3 minutes videos were sent to the respective group leaders before 5 PM.

**1. POSTER MAKING (digital/ordinary)**

Topic: "NOT ME BUT YOU"

Contents on the poster included a Picture/Cartoon and Message in limited words. Posters were submitted to the respective group leaders before 12 pm.

**2. DEBATE**

The Topic: ONLINE CLASS was announced at 1 pm.

An hour for discussion and Google meet @ 2 pm.

Groups 1,3,5,7 SUPPORTING & Groups 2,4,6,8 OPPOSING the topic.

There were four meeting ongoing with 2 groups each in one meeting. A Teacher each were included in the session. Each one of the team presented their points and views in a Time limit of not 1 minute. An experience sharing session was lead by the end of the debate by our senior volunteers. Feedbacks of both Debate Session & Overall Selection Camp was shared by members from each group. Students were grouped according to their level of performance in the camp and selected accordingly. A list of 224 students were made afterwards. The camp was successfully completed under the guidance of programme officers Prof. Tharun R, Prof. Jincy S.R, Prof. Jomesh Jose, Prof. Linet George and the leaders.





## Online Selection Camp For First Years

# Zealous

31st Oct to 8th Nov

9 days... Multi taskss...  
പണി എടുക്കാൻ ready ആണോ..  
എങ്കിൽ കേറി വാടാ മക്കളേ..



Christ College (Autonomous)  
Irinjalakuda  
NSS Unit 20 & 49



Online Selection Camp

# ZEALOUS

## കേരളപ്പിറവി ദിനം Competition Results

### Versification

1st Nikhitha Wilson  
( Adholokam )  
2nd Diyana N  
( Pheonix )  
3rd Nandana Haridas  
( Meraki )

### Pencil Drawing

1st Ridhiya Joy  
( Malak )  
2nd Dhanya K.G  
( Aztecs )  
3rd Jefy Biju  
( Adholokam )

### Still Model

1st Bisna Benny  
( The Mamanzz )  
2nd Nandhana M  
( Aztecs )  
3rd Christy Jolly  
( Pheonix )

Congratulations 🙌 🎉 🎊



# NOVEMBER- DECEMBER 2020

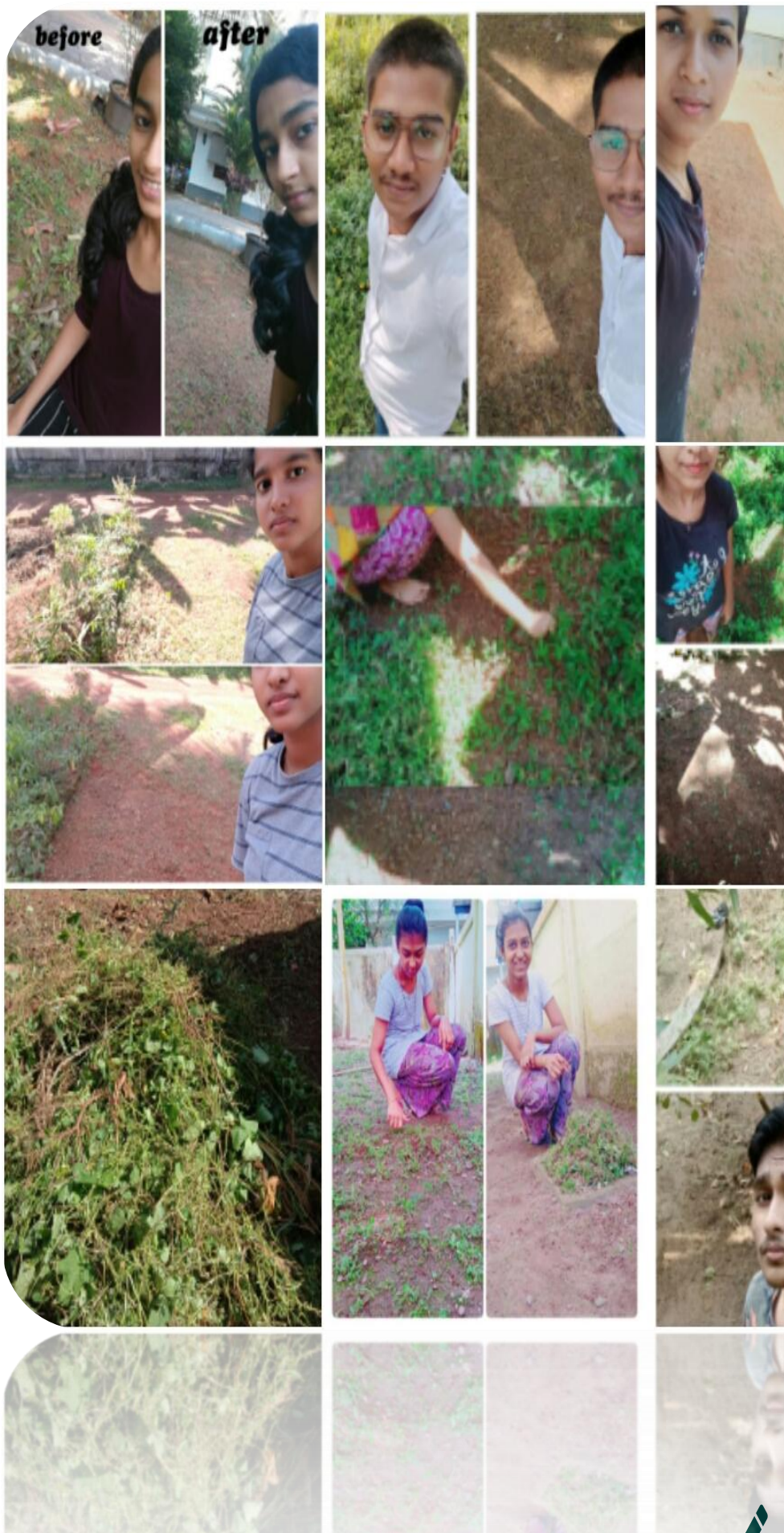


NOVEMBER-DECE



1. 11/11/2020

As the continuation of the selection process, 220 juniors were selected to the 2<sup>nd</sup> round selection from Zealous Camp. For these students were grouped into 4 WhatsApp groups for further activities. As regular selection process of juniors, the task was cleaning or weeding their premises. And they are asked to submit the photos of cleaning to the respective group leaders before 5 PM. It was successfully completed under the guidance of the programme officers Prof. Tharun R. Prof. Jincy S. R, Prof. Jomesh Jose, Prof. Linet George and the leaders.





2. 12/11/2020

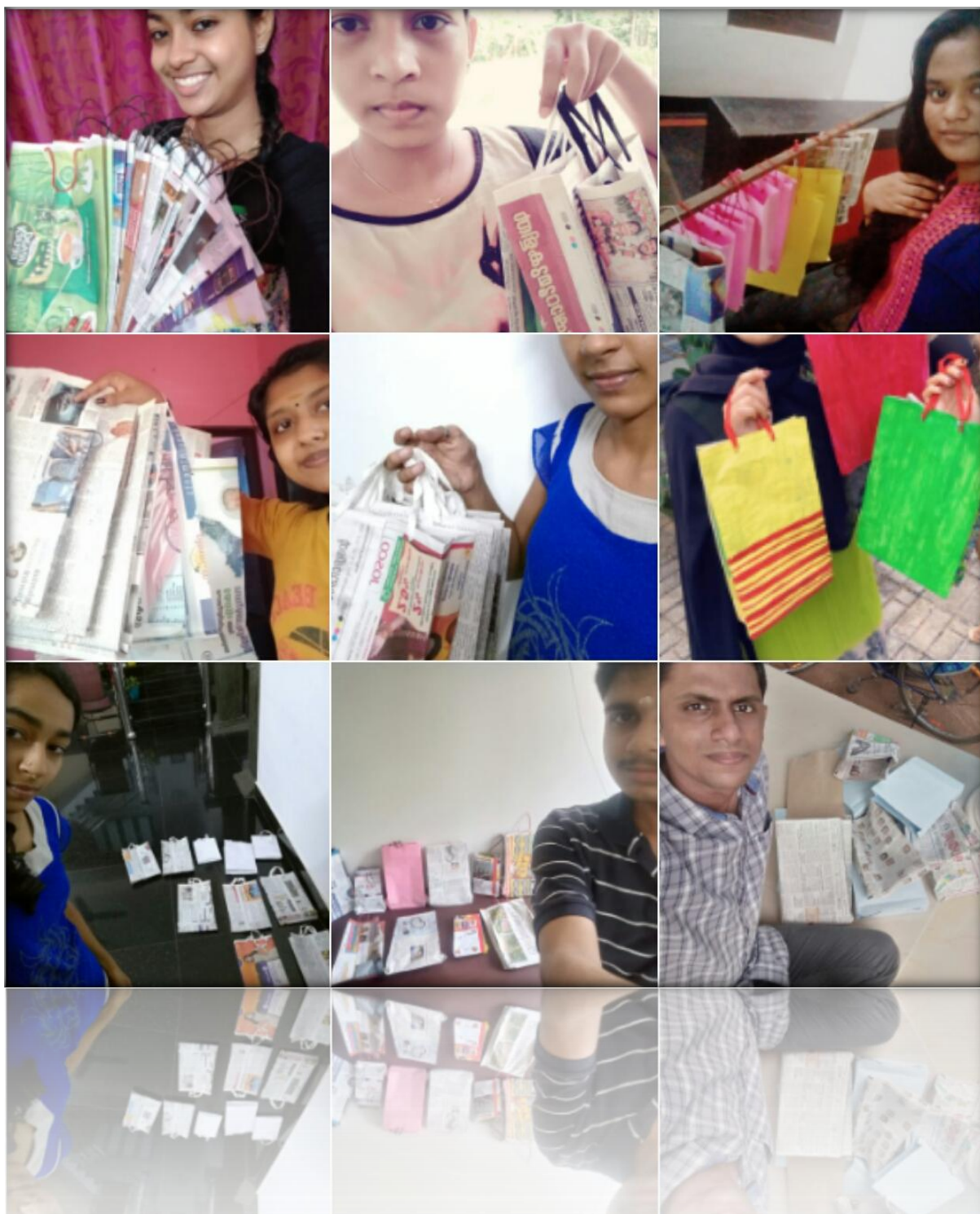


The task for the juniors was to do microgreen in their home by providing the tutorial video uploaded in the YouTube channel of christ college.

Everyone was asked to take photos of each steps of microgreen and submit it to the respective group leaders before 5 PM. And also, they are asked to submit the updation selfies of Adukkalathottam. It was successfully completed under the guidance of the programme officers Prof. Tharun R. Prof. Jincy S. R, Prof. Jomesh Jose, Prof. Linet George and the leaders.



The task for the juniors was to make at least 10 paper bags by each and submit their selfies with paper bags to the group leaders. All Students made a variety of paper bags according to their creativity. It was successfully completed under the guidance of the programme officers Prof. Tharun R. Prof. Jincy S. R, Prof. Jomesh Jose, Prof. Linet George and the leaders.

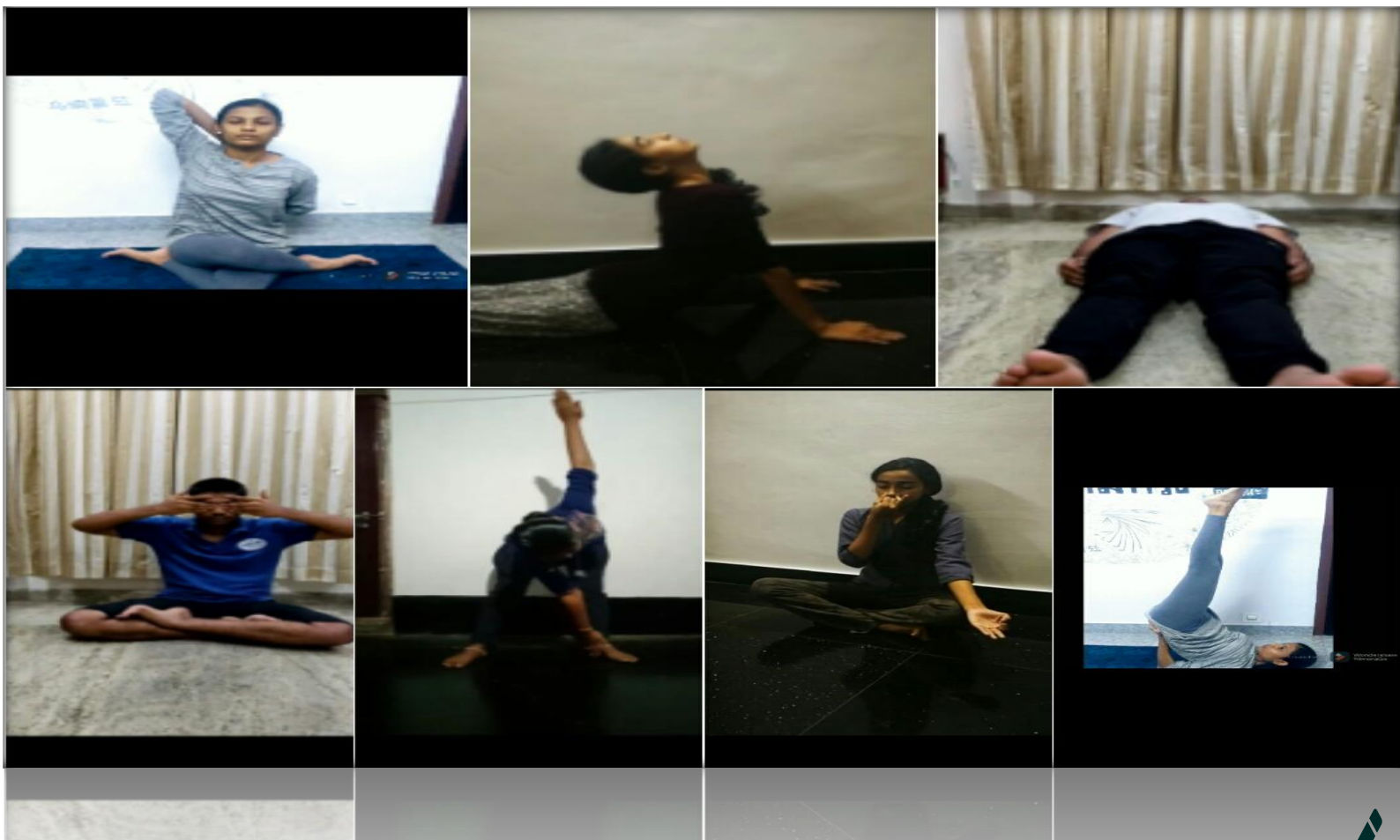




4. 14/11/2020

Today's task for the juniors was to make a video on the basics of sign language. For this, they are provided with a tutorial video by NSS Christ college. According to this all volunteers made a

video of expressing signs for the alphabets A-Z and some questions and answers as presented in the video. And send their videos to the respective group leaders. It was successfully completed under the guidance of the programme officers Prof. Tharun R. Prof. Jincy S. R, Prof. Jomesh Jose, Prof. Linet George and the leaders.





NSS units of Christ College observed National Constitution Day by reading the preamble to the constitution of India. All volunteers read the preamble at 11 am and made photo collage of reading the same. It was successfully completed under the guidance of the programme officers Prof. Tharun R. Prof. Jincy S. R, Prof. Jomesh Jose, Prof. Linet George and the leaders.

## Christ College (Autonomous) Irinjalakuda NSS Unit 20 & 49



Christ College NSS Units 20 and 49 had conducted a nine-day online selection camp for the first years. The camp was started from 21st November Saturday, and came end on 29th November Sunday. The name of the camp was 'Alohomora'. As the name indicates, the motive of the camp was to unlock the doors of dreams and talents of the volunteers. And, the main aim of the camp was to select volunteers for two units. It was a perfect camp for all the volunteers. The camp was inaugurated by programme officers Prof. Tharun R and Prof. Jinsi S R. The first task to the volunteers was to talk on a relevant issue. The next day volunteers were given a set of three tasks-A cooking video, A movie review, and a craft using used waste pens. All the volunteers submitted the tasks by the time given. Next day also volunteers got three tasks-A fancy dress using newspaper and a drawing. The third task was named 'Surprise task'. Through this task, volunteers surprised their family and friends. And, on Monday the task was to take a horror selfie. The very next day the task given was to make 'kalam' using utensils. A monoact with gender changing, an election propagation, kitchen dance are the other tasks. And, at the weekend, tasks given was musical instrument making, kitchen cleaning, and camp charting followed by a group task. An addition to these tasks, a google meet session was held every day. Personal interviews are taken during this session. Through this camp, volunteers became more confident, active, punctual, disciplined, patient and they acquired a wide range of qualities like team spirit, leadership quality, creativity, personality development and so on. Volunteers unlocked their doors of dreams and talents. Thus, the camp was a big success.



# ALOHOMORA

UNLOCK YOUR DOORS OF DREAMS AND TALENTS...

## Day 1

Tasks:

Cooking Video  
Pen Collection  
Movie Review

LIVE



Google Meet

21/11/2020 -  
Saturday  
8:00 Am -  
4:00 Pm

8:00 PM  
8:00 AM -  
Saturday  
21/11/2020 -

MOVIE REVIEW  
PEN COLLECTION  
COOKING VIDEO

GOOGLE MEET



### ALOHOMORA

UNLOCK YOUR DOORS OF DREAMS AND TALENTS...

Day 8

TASKS

- # Musical Instrument Making
- # Camp Programme Charting
- # Kitchen Cleaning

LIVE

Google Meet

28-11-2020, SATURDAY  
8:00 AM - 4:00 PM

### ALOHOMORA

Unlock Your Doors Of Dreams And Talents...

Live

TASK :

നന്ദി നമസ്കാരം

DAY 9 | 29/11/2020 - SUNDAY  
8:00AM - 4:00PM

### ALOHOMORA

UNLOCK YOUR DOORS OF DREAMS AND TALENTS...

Day 2

Tasks:

- ✳ Newspaper Fancy Dress
- ✳ Drawing with Explanation
- ✳ Surprise Task

LIVE

Google Meet

22/11/2020 - Sunday  
8:00 Am - 4:00 Pm

### ALOHOMORA

UNLOCK YOUR DOORS OF DREAMS AND TALENTS...

Day 5

UNDER CHANGE

25/11/2020 - Wednesday  
8:00 Am - 4:00 Pm

### ALOHOMORA

UNLOCK YOUR DOORS OF DREAMS AND TALENTS...

TASK :  
ELECTION  
PROPOGATION

Live on



26 - THURSDAY | 8.00

### ALOHOMORA

UNLOCK YOUR DOORS OF DREAMS AND TALENTS...

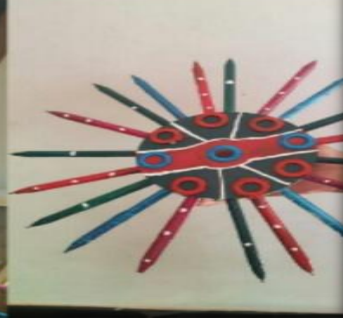
TASK  
KITCHEN  
DANCE

LIVE ON



27/11/20 - FRIDAY | 8.00 AM - 4.00 PM

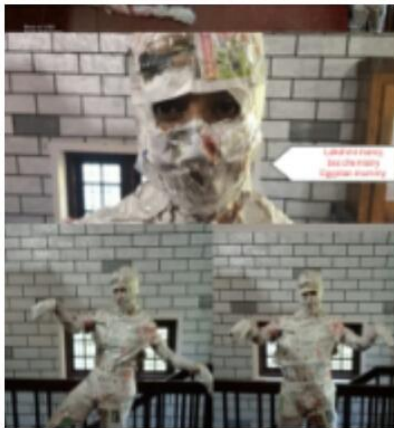




Savannah Jolly  
Bsc Geology self



AKSHAY GOPALM  
Bsc Physics SF





NSS units of Christ college observed World Aids day to raising awareness of the aid's pandemic caused by the spread of HIV infection and mourning those who have died of the disease. As part of this all volunteers made the red symbol of aids and pinned in their t-shirts. An HIV awareness video presented by volunteer Jomol John was uploaded in the YouTube. It was successfully completed under the guidance of the programme officers Prof. Tharun R. Prof. Jincy S. R, Prof. Jomesh Jose, Prof. Linet George and the leaders.



8. 02/12/2020

NSS units of Christ college conducted a webinar on cancer prevention and healthy lifestyle in association with Sanjeevani Life Beyond Cancer (SLBC) on Zoom platform at 2 PM. The session was led by Sumki

Begum, program coordinator, SLBC.

Welcome speech

was given by

Prof.Jincy S.R.,

NSS program

officer and vote of

thanks by Jomesh

Jose, NSS program

officer. At the end

of the session

conducted a live

quiz competition on

the session for those

who attended.

Around 150

volunteers attended

the webinar. It

helped the

**Christ College (Autonomous) Irinjalakuda**  
**National Service Scheme Unit no 20 & 49**  
**&**  
**Sanjeevani Life Beyond Cancer**

**Webinar On**  
**Cancer Prevention and**  
**Healthy Lifestyle**

By  
**Ms.Sumki Begum**  
**Program Coordinator, Outreach**  
**Sanjeevani Life Beyond Cancer (SLBC)**

**On**  
**2/12/2020**  
**At:2.00pm**

**On ZOOM**

**E-Certificate will be provided**

volunteers to aware about cancer and its prevention. It was successfully completed under the guidance of the programme officers Prof. Tharun R. Prof. Jincy S. R, Prof. Jomesh Jose, Prof. Linet George and the leaders.



LIVE

SANJEEVNI  
...Life beyond news...



## 9. 03/12/2020

As part of the selection process for the 2020-22 NSS batch, 110 juniors were selected to the final round according to their performance in the Alahamora camp conducted. These students were grouped into two for further selection. Different tasks were assigned to them. The task was to make a 3 minutes news reading video on their Alahamora camp and to submit before 4 pm to the respective group leaders. All students were made the videos according to their creativity. It was successfully completed under the guidance of the programme officers Prof. Tharun R. Prof. Jincy S. R, Prof. Jomesh Jose, Prof. Linet George and the leaders.

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## 10. 04/12/2020

Task for the juniors was to make a video on reusing any waste materials available in their home and to briefly explain the method of making the same. Everyone has done it in their creative way. They enjoyed the task very much and was given their experience and feedback about the task It was successfully completed under the guidance of the programme officers Prof. Tharun R. Prof. Jincy S. R, Prof. Jomesh Jose, Prof. Linet George and the leaders.

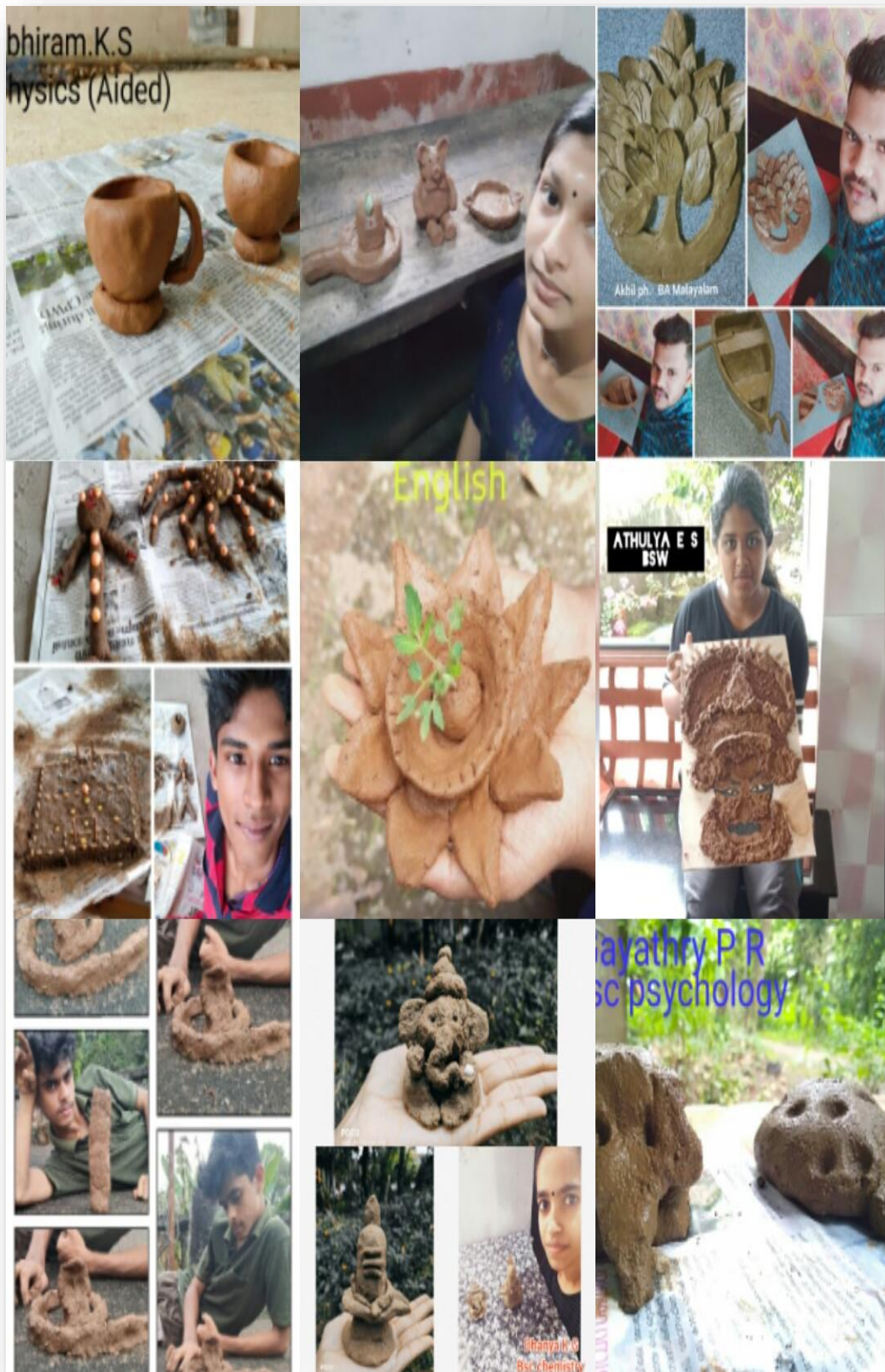
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11.

05/12/2020

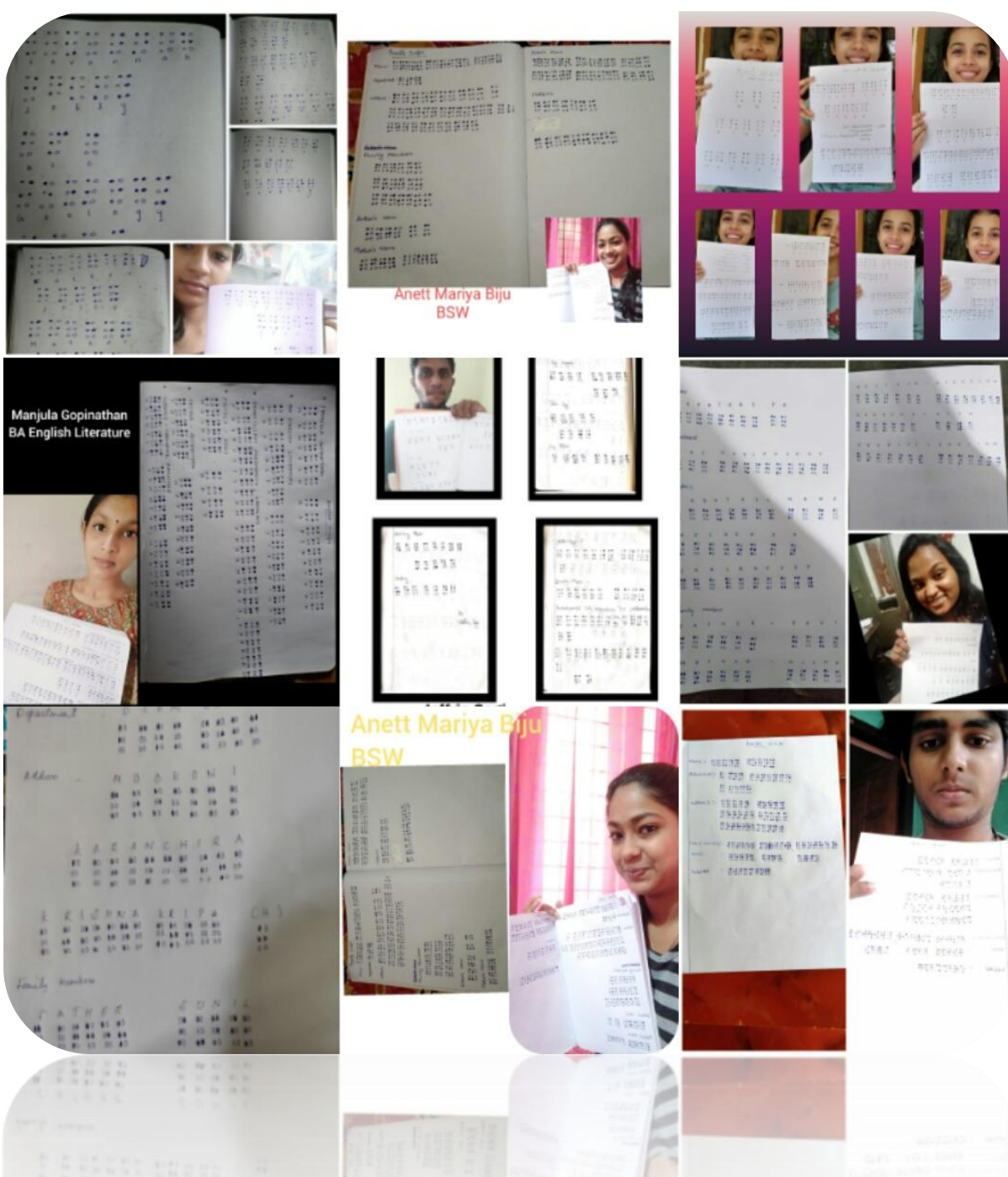
In connection with World soil day the first task for the juniors was to make a 5-minute video on soil day as a group activity. For this they are subdivided into 11 groups and made the videos from each group. It was an opportunity for them to showcase their talents through it. Also, they are asked to submit a written report of their group activity. Second task was to make clay model on their creativity and send that photos with selfies to the group leaders. In connection with



International volunteer day the third task was given by 2 PM. It was to act a One -man show on the topic 'I am a NSS volunteer' and they are asked to submit it to the group leaders before 6 PM. A separate feedback session for 2 main groups was also conducted through google meet at 7 PM. It was successfully completed under the guidance of the programme officers Prof. Tharun R. Prof. Jincy S. R, Prof. Jomesh Jose, Prof. Linet George and the leaders.

The task for the juniors was to learn the basics of braille script. For this they are provided with the tutorial video by NSS Christ college. With the help of the video students are asked to write their name, department, address, family members, their names, and hobbies in the braille script. And sent photos to the respective group leaders. In addition to this, NSS units conducted online one day work for the second-year volunteers. The work was to reuse any waste material available in the home into a useful item. Volunteers

made a variety of items with waste materials and shared the photos to the groups. 55 volunteers attended the work. It was successfully completed under the guidance of the programme officers Prof. Tharun R. Prof. Jincy S. R, Prof. Jomesh Jose, Prof. Linet George and the leaders.







# DECEMBER 2020- JANUARY 2021



1. 10/12/2020



Christ College (Autonomous) Irinjalakuda  
NSS Unit 20 & 49



10 / 12 / 2020

HUMAN RIGHTS DAY



*"No Matter Our Job, No Matter Our Height, We All  
Deserve To Be Treated Right."*

*"Deserve To Be Treated Right."*  
*"No Matter Our Job, No Matter Our Height, We All"*

In connection with Human Rights Day NSS units observed the day by making placards on Human rights. Every volunteer made a minimum of 2 placards on raising the importance and values of human rights and submitted as collages. Volunteers could understand the importance of this special day through participating in placard making. It was successfully completed under the guidance of the program officers Prof. Tharun R, Prof. Jincy S. R, Prof. Jomesh Jose, Prof. Linett George and the leaders.







2. **12/12/2020**

This year NSS Old Volunteers Association (NOVA) was conducted online due to Covid 19.

The gathering was inaugurated by Christ College Principal Prof. Dr. Jolly Andrews CMI.

Several officials were there to felicitate the function. Many of the old NSS volunteers came and

share their past experiences. Jickcy Jose and Kalidas M.M were awarded as the best NSS volunteers for their incredible performance and activities in NSS. The old NSS volunteers interacted with the current NSS volunteers. And after that there were cultural programs by the volunteers to boost up the memories.





N നാഷണൽ  
O റവർജിസ് ജിം  
V വെർഡ് വെർജിക്യൂസ്  
A അഭിനന്ദനങ്ങൾ

അഭിനന്ദനങ്ങൾ  
എന്നൊരു കടം



13-ാം മാർച്ച്  
വെർജിക്യൂസ്

2020 ഡിസംബർ 12ന്  
രണ്ടാം വെർജിക്യൂസ് 10:30ന്

Zoom meeting

ID: 213 382 6056

Passcode: 699622

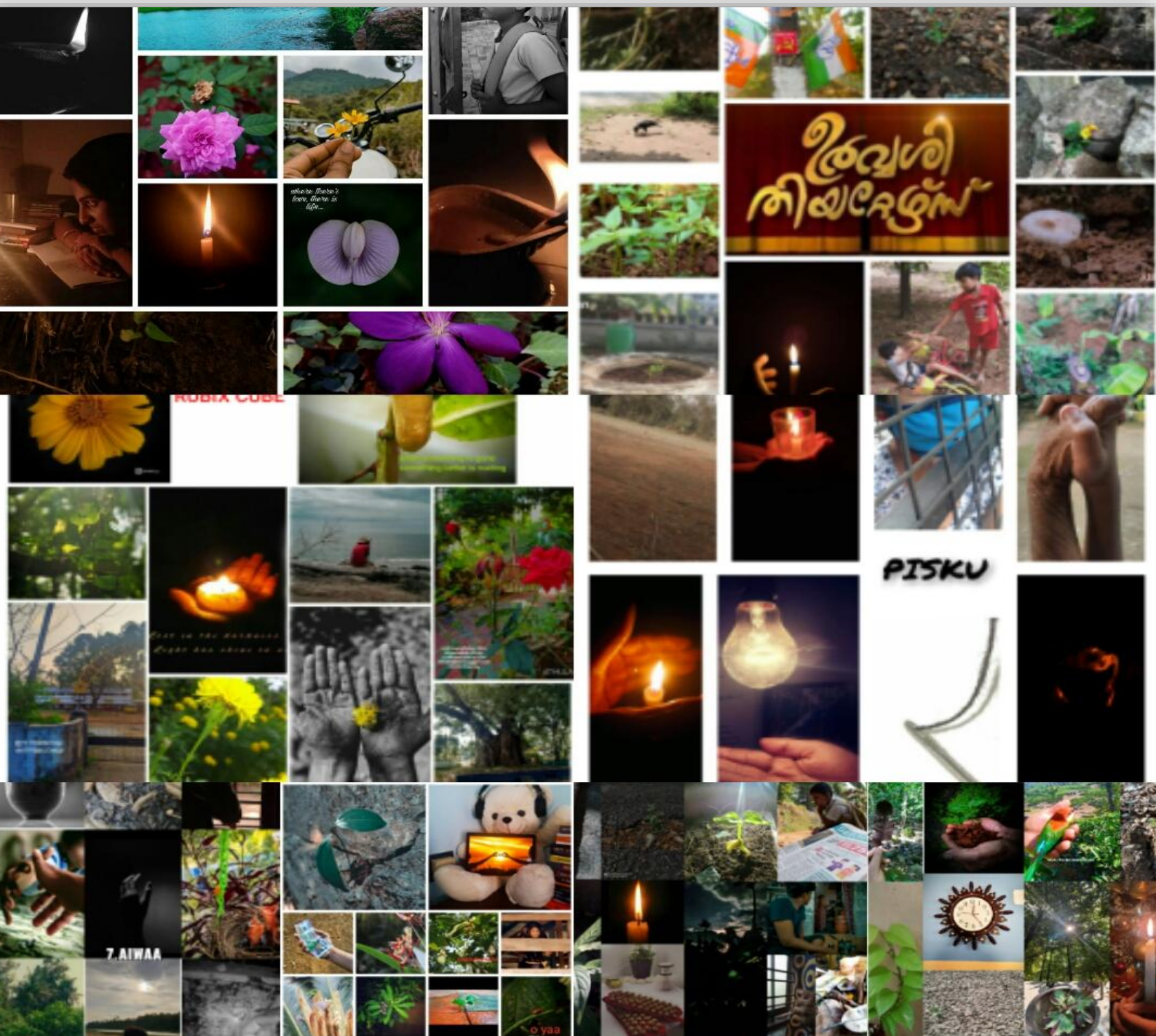
എന്ന വിവരങ്ങൾ

എന്ന പ്രശ്നം  
പരിഹരിക്കുക!!

Thank You

### 3. 13/12/2020

NSS units conducted online one day work of Photography on the topic 'Hope'. Every 1<sup>st</sup> year and 2<sup>nd</sup> year volunteers took variety of photos on the given topic with their mobile phones and submitted as collages. The one day work was successfully completed under the guidance of the program officers Prof. Tharun R, Prof. Jincy S.R, Prof. Jomesh Jose, Prof. Linett George and the leaders.





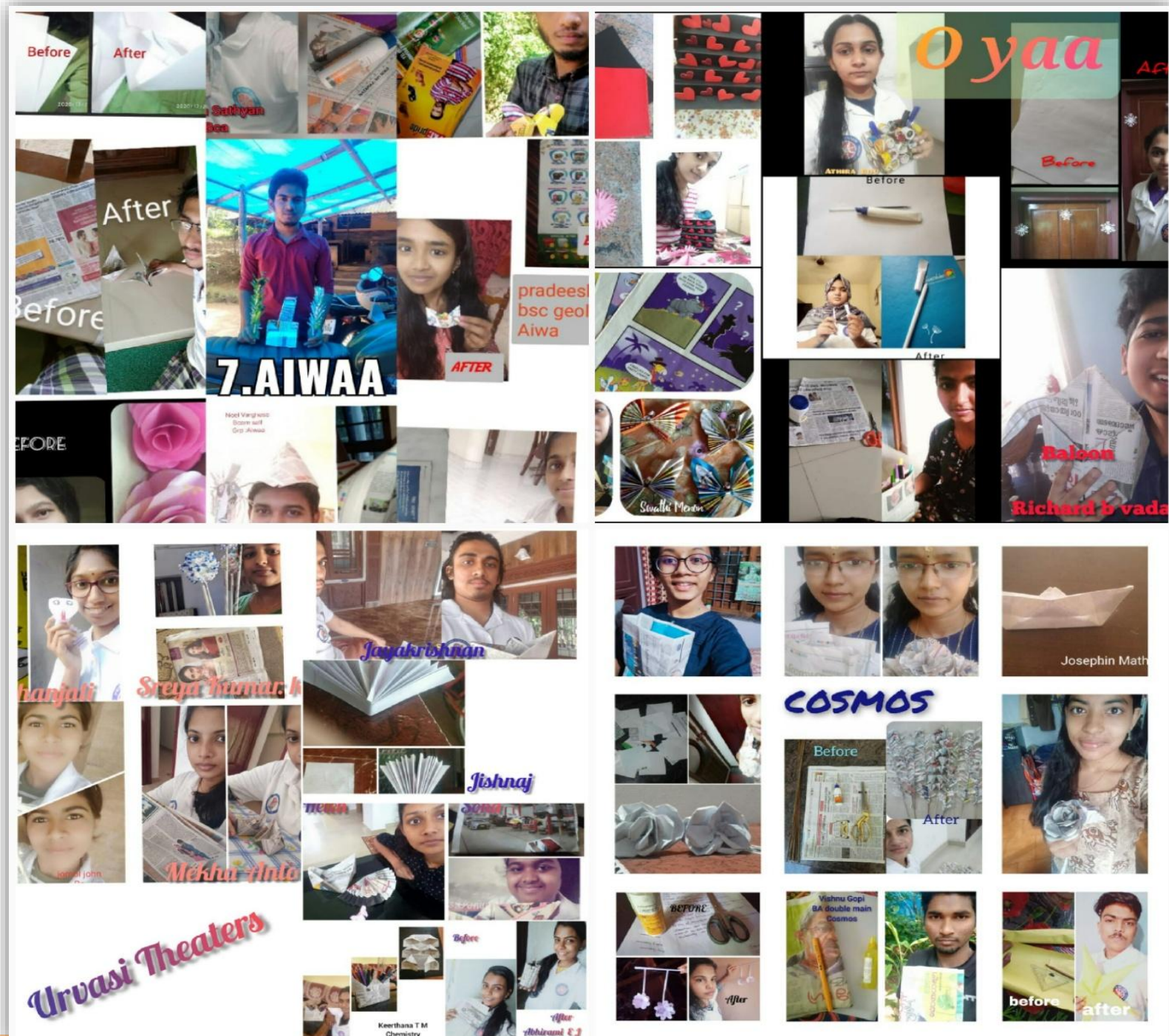
NSS units conducted online one day work of X'mas card making for 1<sup>st</sup> year volunteers. Every volunteer made a variety of Xmas cards for their friends by quoting warm xmas messages according to their creativity and submitted as collages. It was a great experience for each volunteer in remembering and renewing their friendship through the greetings in this x'mas season. The one-day work was successfully completed under the guidance of the program officers Prof. Tharun R, Prof. Jincy S. R, Prof. Jomesh Jose, Prof. Linett George and the leaders.





5. 27/12/2020

NSS units conducted online one day work of Paper craft. Every 1<sup>st</sup> year and 2<sup>nd</sup> year volunteers made a variety of craft works with newspaper, magazine covers etc. and submitted as collages. The one-day work was successfully completed under the guidance of the program officers Prof.Tharun R, Prof.Jincy S. R, Prof.Jomesh Jose, Prof.Linett George and the leaders.





6. **01/01/2021**

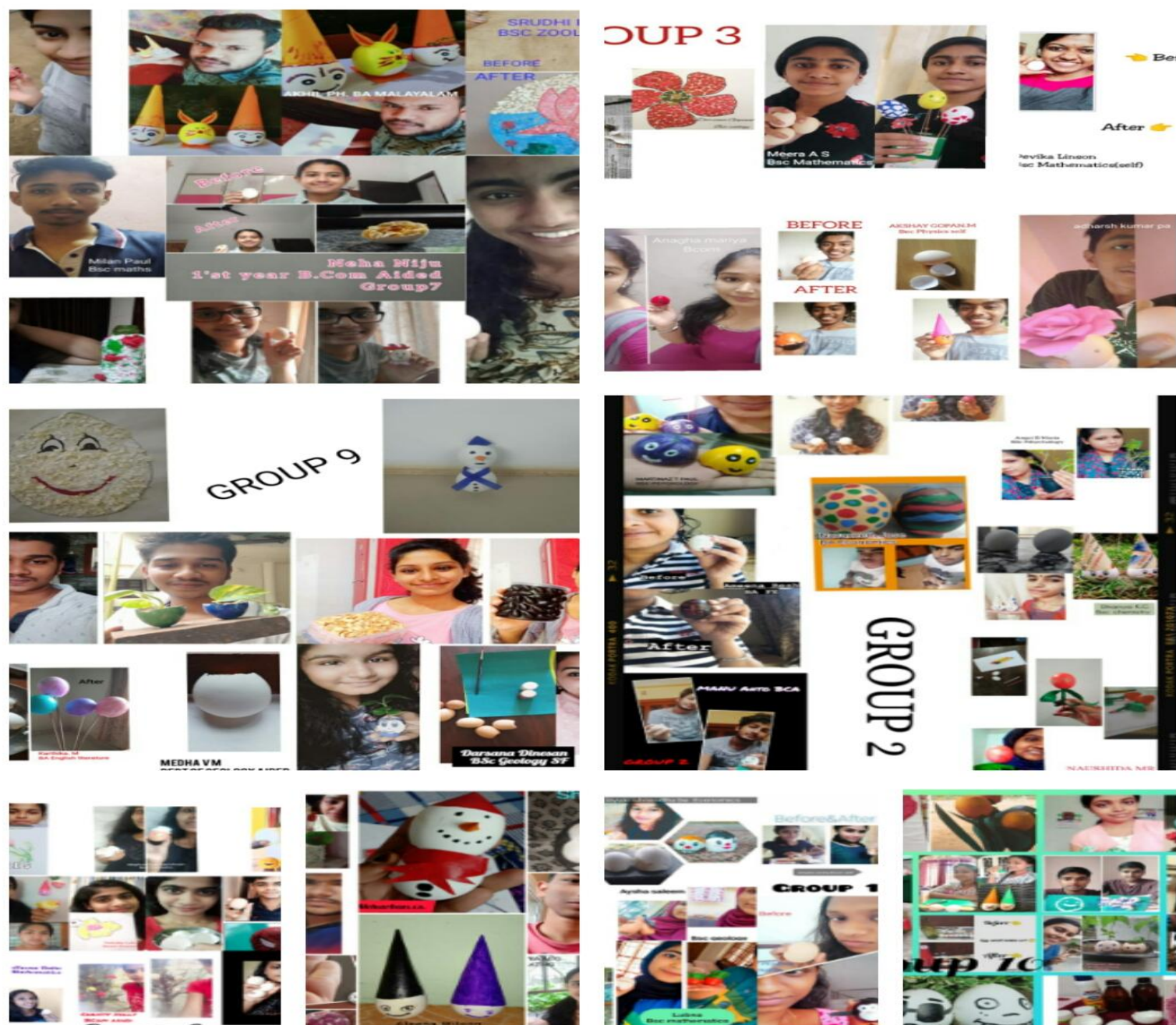
In connection with new year celebration NSS units conducted an online treasure hunt competition for the volunteers. It contained a pdf of 6 questions which could be unlocked by entering the correct answers of the preceding questions. The competition was among each group through WhatsApp. Volunteer Amarnath coordinated the program. It was very interesting and entertaining competition for the volunteers. The results were announced later. It was successfully completed under the guidance of the program officers Prof. Tharun R, Prof. Jincy S. R, Prof. Jomesh Jose, Prof. Linett George and the leaders.



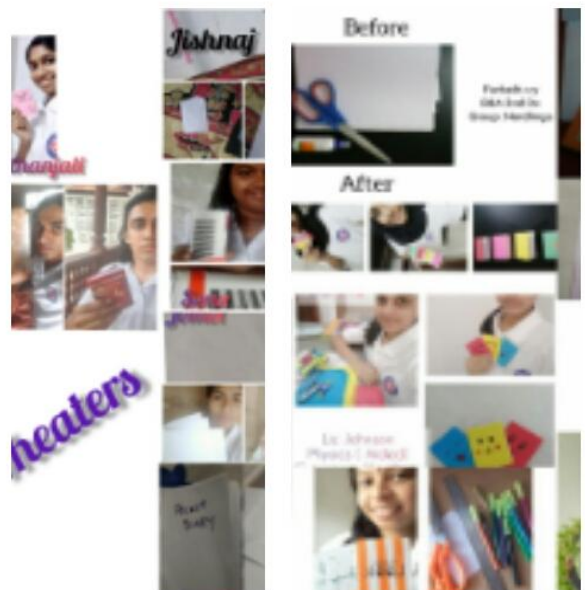
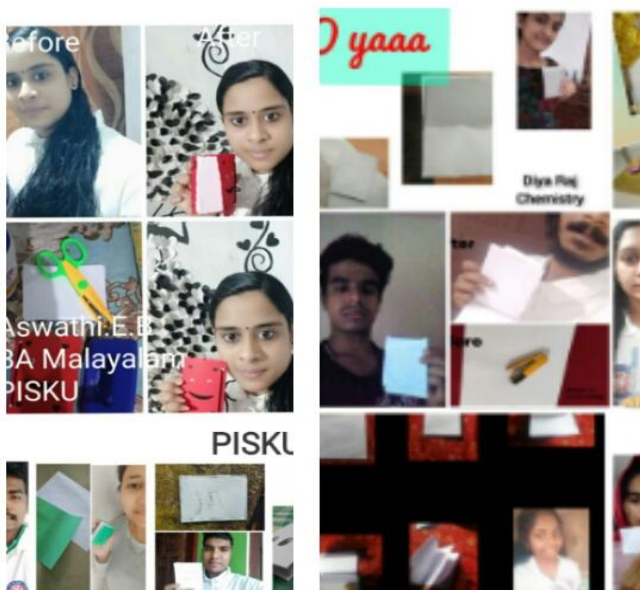
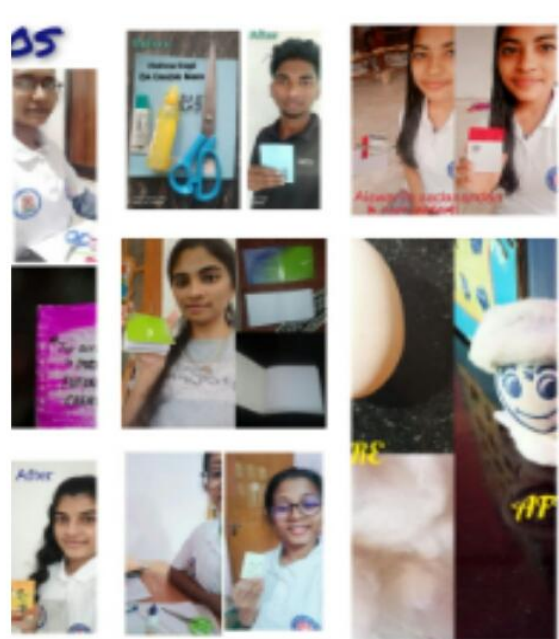
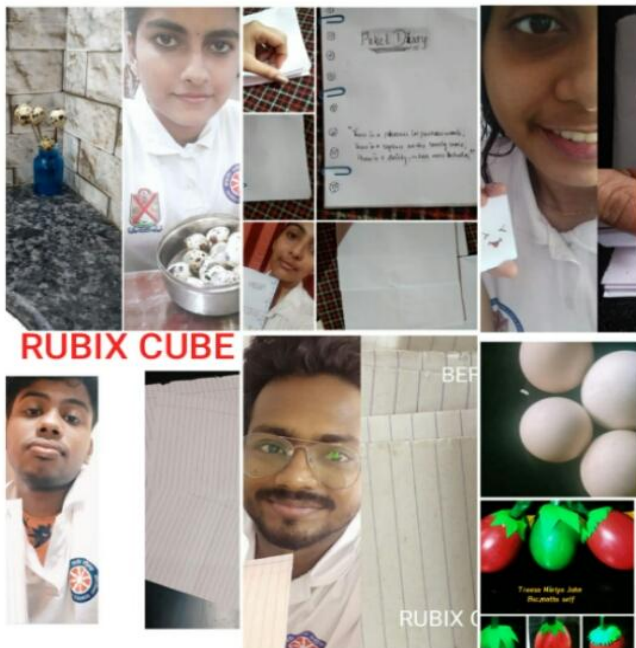
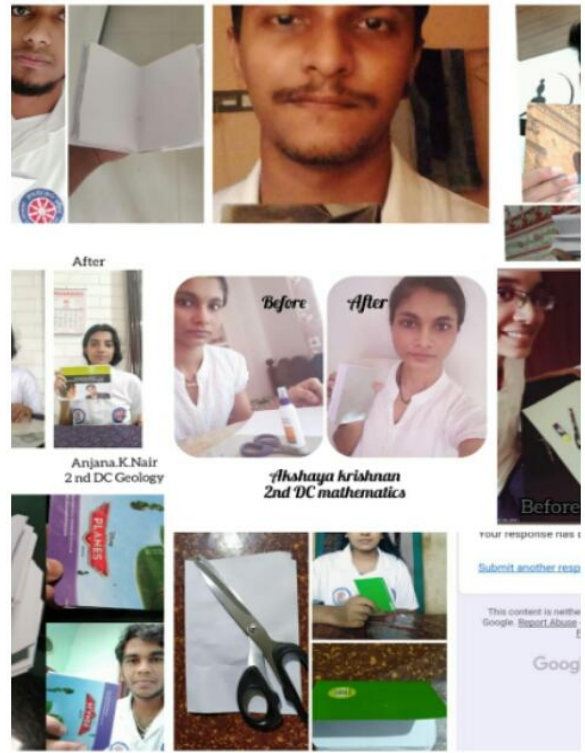
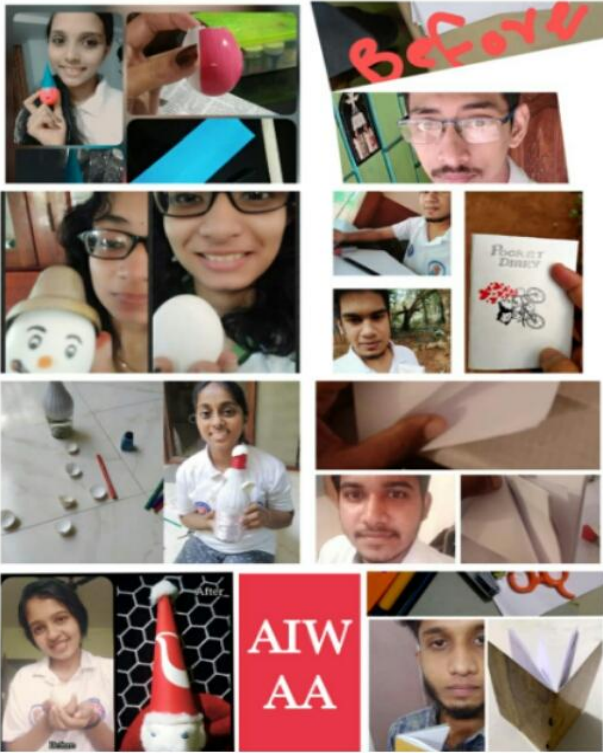
**Christ College (Autonomous)**  
**irinjalakuda**  
**NSS units 20 & 49**

**REVILIO**  
**come play with us**  
**CHARM**  
**@ 8:00 PM**

NSS units conducted online one day work of Egg shell art and Pocket diary making. Every 1<sup>st</sup> year and 2<sup>nd</sup> year volunteers had done any one of the works according to their creativity and submitted works as collages. It was helped to know the variety of talents of each volunteer from their works. The one-day work was successfully completed under the guidance of the program officers Prof. Tharun R, Prof. Jincy S. R, Prof. Jomesh Jose, Prof. Linett George and the leaders.







8. **09/01/2021**

A live session on Google meet platform for 1st Year Nss volunteers was conducted under the guidance of 2nd year volunteers. The session was lead by Volunteer Sreya S Kumar on the topic "Cyber Crimes". It was a very informative session about Cyber laws and related crimes in our Modern Society. Personal experience sharing over one such fraud exposed much knowledge and loopholes in cyberworld for the volunteers. Almost 60 volunteers attended the Class. The session was successfully completed under the guidance of Programme Officers and Leaders.



**CHRIST COLLEGE (AUTONOMOUS)**  
**IRINJALAKUDA**

**NATIONAL SERVICE SCHEME UNITS 20 649**

**SPECIAL ORIENTATION SESSION**



**TOPIC: CYBER CELL & CYBER CRIMES**  
**Sreya Kumar K**  
(NSS Volunteer)

Time: January 09/2020 05:30PM (Sharp)

Time: January 09/2020 05:30PM (Sharp)  
(NSS Volunteer)

**Sreya Kumar K**

**DECEMBER 2020-JANUARY 2021**

98



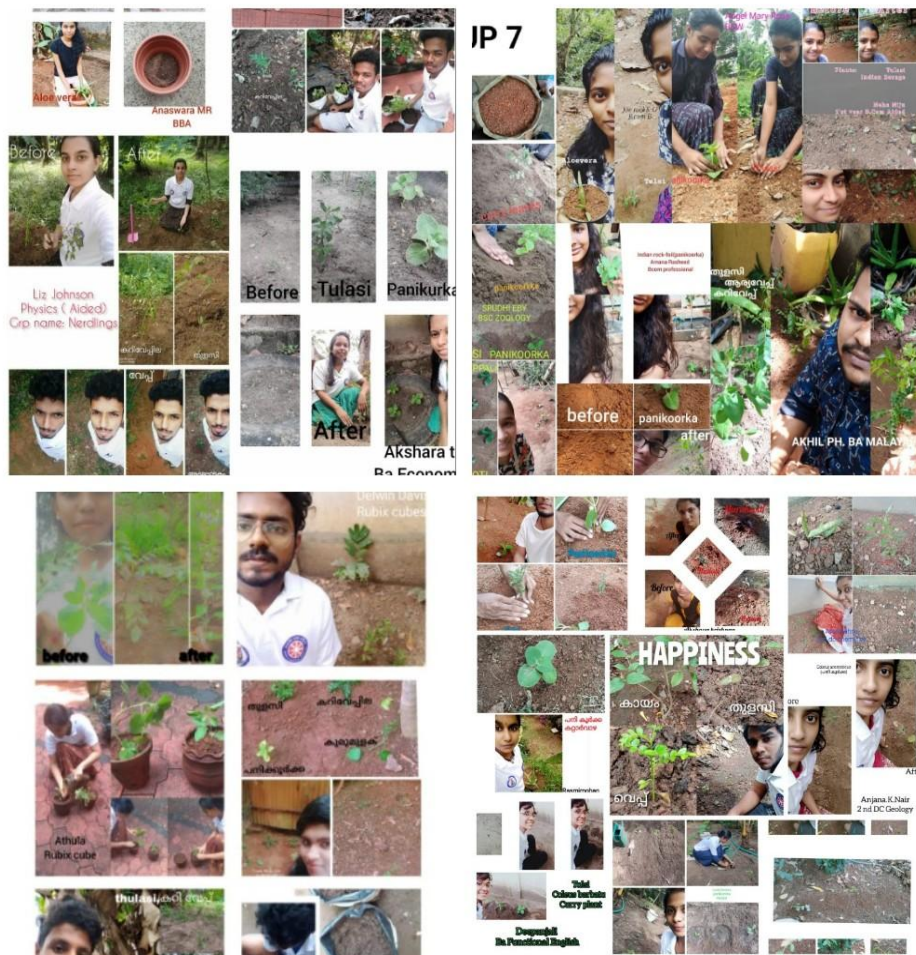
# JANUARY- FEBRUARY 2020





1. 10/01/2021

The one-day work for today was to plant 'Medicinal Plants'. Each volunteer was requested to plant a minimum of 3 plants after knowing their name and medicinal value. Photos were uploaded in googledrive links and collage of each groups separately made.



CHRIST COLLEGE IRINJALAKUDA NATIONAL SERVICE SCHEME UNIT 20 & 49

# SPECIAL ORIENTATION SESSION

TOPIC: DEPRESSION

KRISHNADEV M MADANAN  
NSS VOLUNTEER

TIME: 4:00pm  
16-01-2021  
SATURDAY

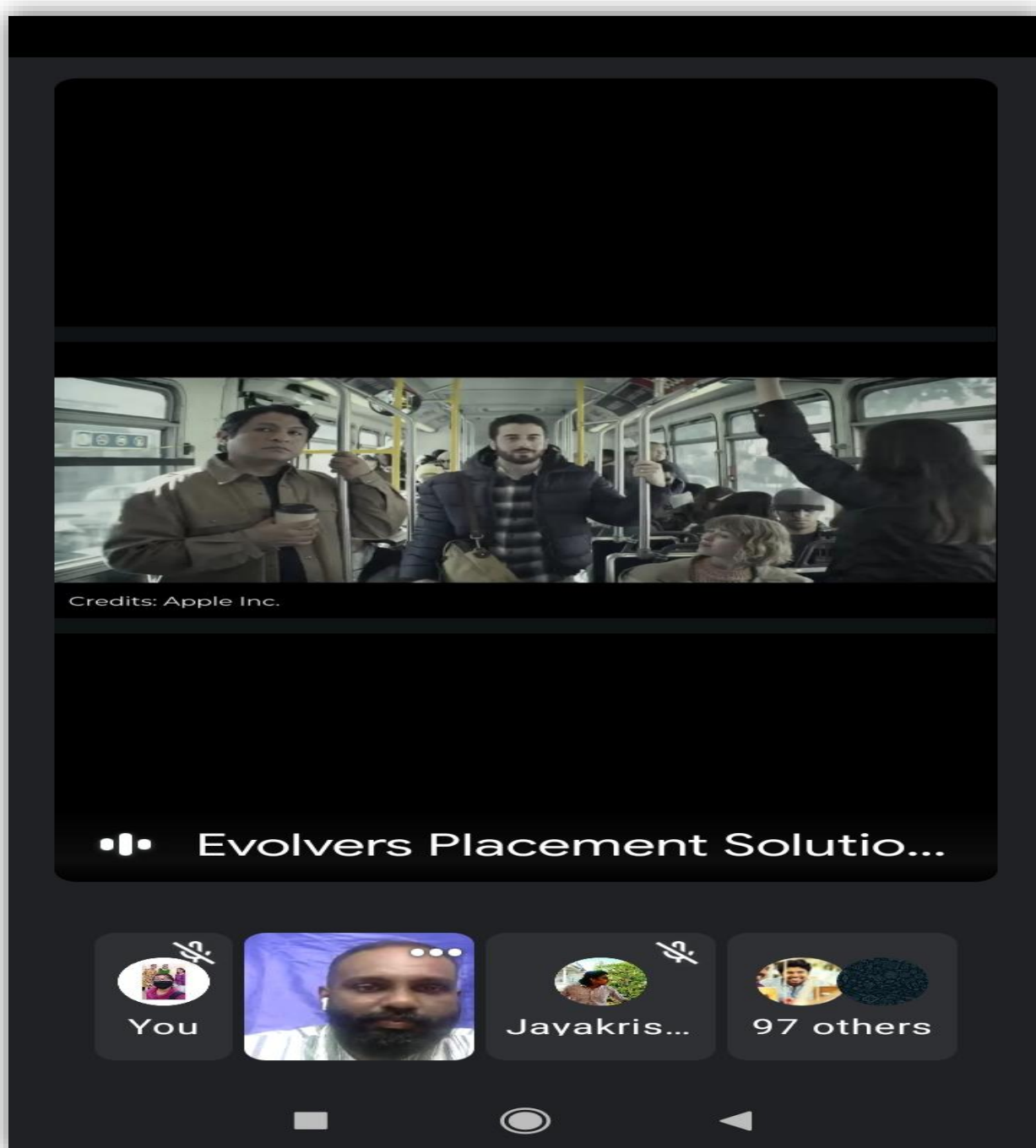


The Online Session lead by 2nd year Volunteer Krishnadev M madanan on the Topic 'DEPRESSION' for 2nd year volunteers itself was a very good session. The Online Session lead by 2<sup>nd</sup> year Volunteer Krishnadev M madanan on the Topic 'DEPRESSION' for 1<sup>st</sup> year volunteers was a very good one. During the ongoing covid times, this topic had a great deal to be dealt with. A lot of questions were raised from among the volunteers. Most of the first-year volunteers attended the session. It was successfully completed over the guidance of the teachers and leaders.



2. 17/01/2021

A Career Guidance webinar on Zoom platform was led by Ananthu Vasudev Sir of Evolvers Placement Solutions on the same day at 10am and the program was anchored by volunteer Lakshmi from 2nd year. The importance of social media platforms on influencing job opportunities were clearly defined by him. The wide application of LinkedIn app was also mentioned and the audience was made aware of the advantages of create an account in it. This was a very practical and useful session.



**COSMOS**



உ ர வ லி தி ய டே ச் ஸ்



**CHRIST COLLEGE (AUTONOMOUS)  
IRINJALAKUDA**

**NATIONAL SERVICE SCHEME UNITS 20 & 49**

**CAREER GUIDANCE WEBINAR**



**Mr. Ananthu Vasudev**

(Chief Statelist, Evolvers placement solutions)

Time: 17 January 2021 @ 10 am(sharp)

Join With Us on **zoom**





VVPAT machines being examined at the conference hall of Government Engineering College, Thrissur, on Monday as part of preparation for the coming Assembly elections. ■ K.K. NAJEEB

Six second year Volunteers from Christ College attended the Election Duty on the upcoming Niyamasabha Elections ongoing on the campus of Thrissur Govt. Engineering College in the assistance of The District NSS officer Dr Binu T V. Inspection of Voting machines were done. The work was continued on 27<sup>th</sup> January with another seven volunteers. Certificates were issued for the participants.

A live online orientation session was conducted for 1<sup>st</sup> year NSS volunteers under the guidance of 2<sup>nd</sup> year NSS volunteers in google meet platform. The session was led by second year NSS volunteer, Jomol John on the topic 'ചിരി'. The session was interesting as well as a thought evoking one. Positive effects that a smile could have on oneself and his surroundings were addressed through facts and experiences. Almost 70 volunteers attended the session. The session that lasted for an hour was completed successfully under the guidance of programme officers and leaders.

In addition to this, NSS units celebrated the 125th birthday of Netaji Subhash Chandrabose on this day by conducting Karate practicing among the volunteers. The broader themes for the yearlong celebration were to sporting talent and developing patriotism and nationalism. Volunteers sent their photos and videos of practicing Karate to the ministry of youth affairs & sports.



# CHRIST COLLEGE AUTONOMOUS IRINJALAKUDA

## NATIONAL SERVICE SCHEME



### "Special Online Orientation session"



**'Topic'**

# ചിരി

**Key Speaker**



**JOMOL JOHN**  
second year NSS volunteer

Time: 23 January 2020 04:00 PM (sharp)

## Join With Us on Google Meet





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A live online session was conducted for 1<sup>st</sup> year NSS volunteers under the guidance of 2<sup>nd</sup> year NSS volunteers in google meet platform. The 'Meet and greet' session led by Indira Gandhi National NSS awardee, Dr. Sony T. L, Asst. Professor & programme officer of Sri Achutha Menon Govt College Thrissur was an enlightening session. The speaker shared some of her inspiring experiences that she gained through her years of service as an NSS volunteer and then as an NSS programme officer making the session really worthy. Almost 100 volunteers attended the session. The session was successfully completed under the guidance of programme officers and leaders.

In addition to this, NSS units conducted online one day work of making posters, articles etc. in relation with national girl child day. Each volunteer done their works according to their creativity and submitted as collages. It was successfully conducted under the guidance of program officers and leaders.





# Online Orientation Session

By



**Dr. Soni T.L**

Asst Professor & Programme Officer,  
Sri C Achutha Menon Gout College Thrissur  
(Indira Gandhi National NSS awardee)

**TOPIC : MEET & GREET**



ON  
24/01/2021  
SUNDAY  
10.30 AM

On Google Meet



hmq-ptzh-bfd



Dr. Soni T. L.



You



A



Jovit



96 others





24/01/2021





Voters ID registration Camp for Christ College Students were initiated by NSS Volunteers at the college Campus. The Programme was inaugurated by the registration of three junior volunteers into the Voters List by Second year Volunteers Krishnachandran, Jomol, Abhishek and Richard. Assistant Programme Officer Jomesh Jose Preceded over the event. The volunteers were successfully registered and a Voter id representative was selected from each class to assist with the registration



process. They were made aware of the details to be explained to their classmates. A Tutorial video on how to register through the Application platform was published on the YouTube Channel #nsschristcollege by Volunteer Krishnachandran. The final screenshots of registration was collected along with the reference ID's.

The NSS units of Christ College, celebrated the 26th year of PRATHIBA, a cultural fest to enhance the talents among the NSS volunteers across Kerala. PRATHIBA 2021 was held on 26th January on republic day via online mode. It included 4 online competitions with exciting cash prizes for each. The official ceremony of Prathiba began by 10:00 am on Zoom platform with NSS song and was inaugurated by Christ College principal Rev Fr.Jolly Andrews. Felicitation speech was given by Prof. KJ Joseph, Ex- NSS Program officer and the founder of Prathibha. Welcome speech was given by Prof.Jincy S.R and vote of thanks by Prof. Linet George, NSS Program Officers. Volunteers from 10 colleges across Kerala who registered through the google form given, was participated in various competitions. Instructions and topics were given through whatsapp group created for this. Results were announced later through whatsapp. It was successfully completed under the guidance of the program officers Prof. Tharun R, Prof. Jincy SR, Prof. Jomesh Jose, Prof. Linet George and the leaders.

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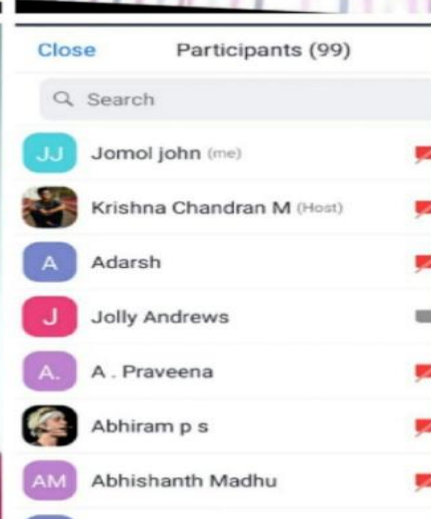
KERALA INTER COLLEGE COMPETITION FOR NSS VOLUNTEERS

ON 26 JANUARY 2021

ONLINE EVENTS

Extempore	Craft Work	Haiku
-----------	------------	-------

Cash prize will be awarded for winners



NATIONAL SERVICE SCHEME  
UNITS 20&49



# 26-ാമത് പ്രതിഭ

Inauguration Session

Prayer :

Welcome : Ms. Jincy S. R.  
(NSS P. O)

Inauguration & Presidential address : Rev. Dr. Jolly Andrews, CMI,  
(Principal)

Felicitation : Prof. K. J. Joseph  
(Prof. Commerce Department & Ex.NSS P. O)

Vote of thanks : Ms. Linnet George  
(Asst.Nss P. O)

6 Jan 2021  
10:00Am



CHRIST COLLEGE (AUTONOMOUS) IRINJALAKUDA  
NATIONAL SERVICE SCHEME  
UNITS 20&49

## PRATHIBHA 2021 RESULTS

### LIGHT MUSIC

FIRST PRIZE: RANJANA P. H  
ST JOSEPH COLLEGE  
IRINJALAKUDA

### EXTEMPORE

FIRST PRIZE: ALAN CHARISMA JOSE  
VIMALA COLLEGE  
THRISSUR

### HAIKU

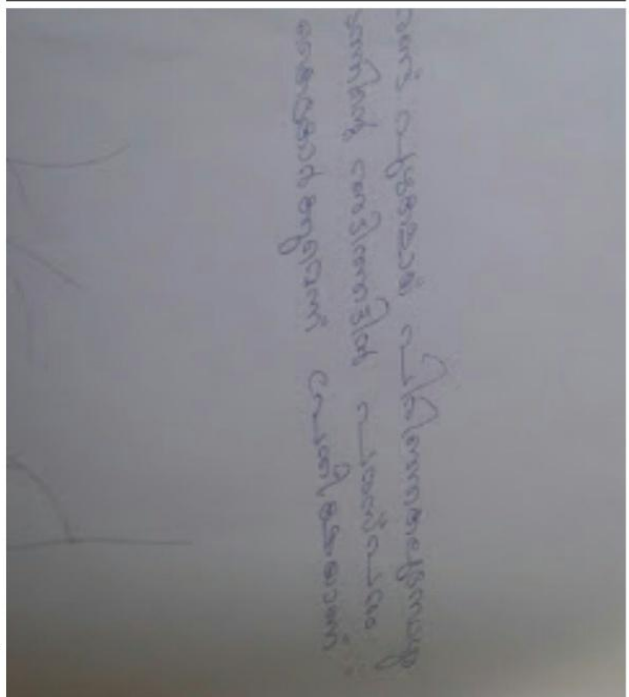
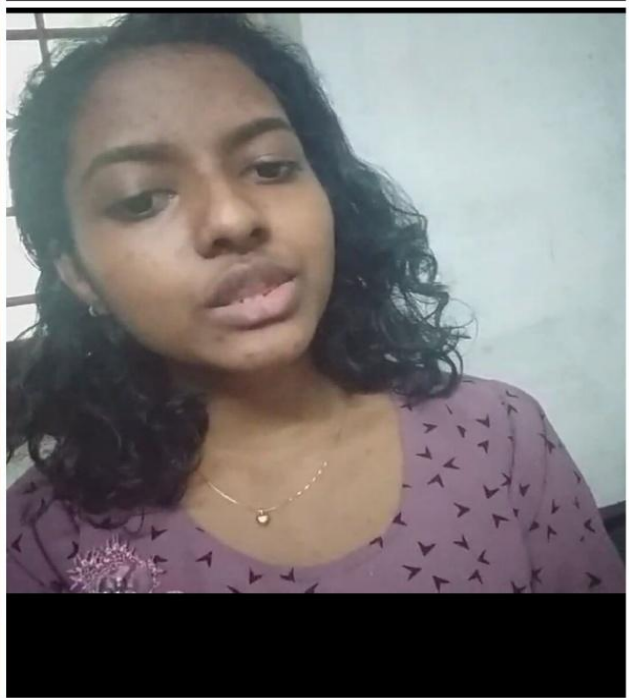
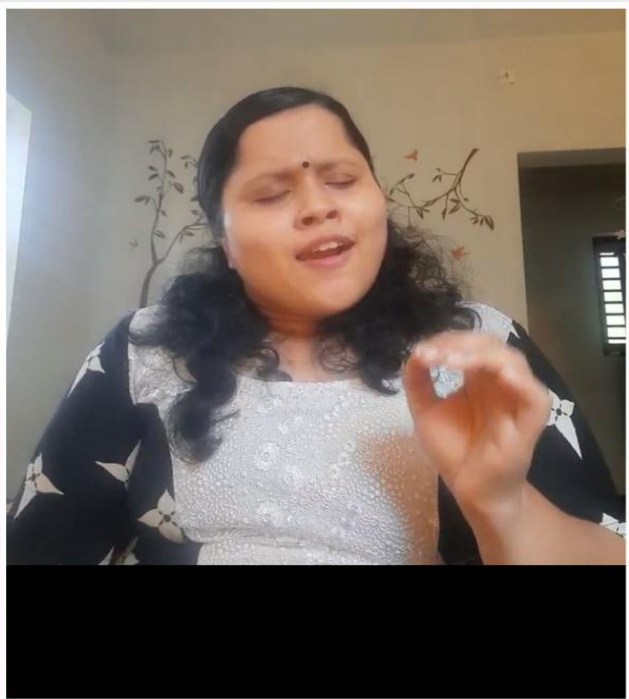
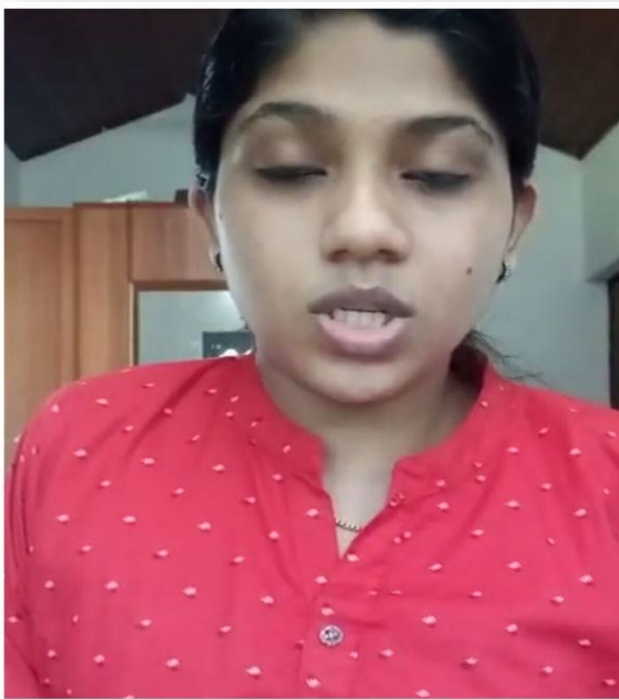
FIRST PRIZE: AMBLILI T.P  
SREE KERALA VARMA  
COLLEGE, THRISSUR

### CRAFT WORK

FIRST PRIZE: AMALENDU B  
K.G COLLEGE PAMPADAM

CONGRATULATIONS....







An online orientation session was conducted for 1st year NSS volunteers by the 2nd years on the topic "Internet and its privacy". The well-organized session, by Krishna Chandran (NSS member) was received profoundly by the students. The speaker talked of internet and its various aspects. The vulnerable cybercrimes and privacy issues were also pointed out. It was an hour session consisting of 75 members on the Google meet platform. The session was organized under the guidance of program officers and leaders.



CHRIST COLLEGE (AUTONOMOUS)  
IRINJALAKKUDA

NATIONAL SERVICE SCHEME UNITS 20 & 49



## SPECIAL ORIENTATION SESSION



*Krishna Chandran*  
(NSS Volunteer)

**TOPIC : INTERNET AND ITS PRIVACY**



30th January 2021  
5:30 PM

NSS units conducted online one day work cooking recipe making. Every 1<sup>st</sup> year and 2<sup>nd</sup> year volunteers made a recipe of their favourite food item on a paper and submitted as collages. The one-day work was successfully completed under the guidance of the program officers Prof. Tharun R, Prof. Jincy S. R, Prof. Jomesh Jose, Prof. Linett George and the leaders.

In addition to this, NSS units conducted a special orientation session for second year volunteers at 3.30 pm on google meet. Volunteer Jomol John handled the session on the topic ‘Confidence and overconfidence’. She well explained the topic through her experiences. It was an interesting session in which volunteers could understand the importance of confidence in life. Around 40 volunteers attended the session



**christ college (autonomous)**  
**Irinjalakuda**  
**National Service Scheme units 20&49**  
**SPECIAL ORIENTATION SESSION**





**31 January 2021**  
**3:30-4:30 pm**



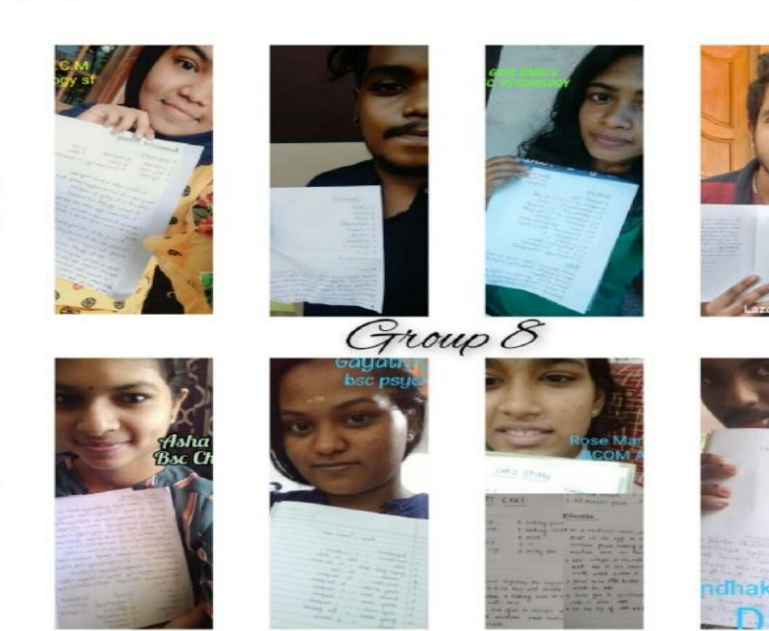
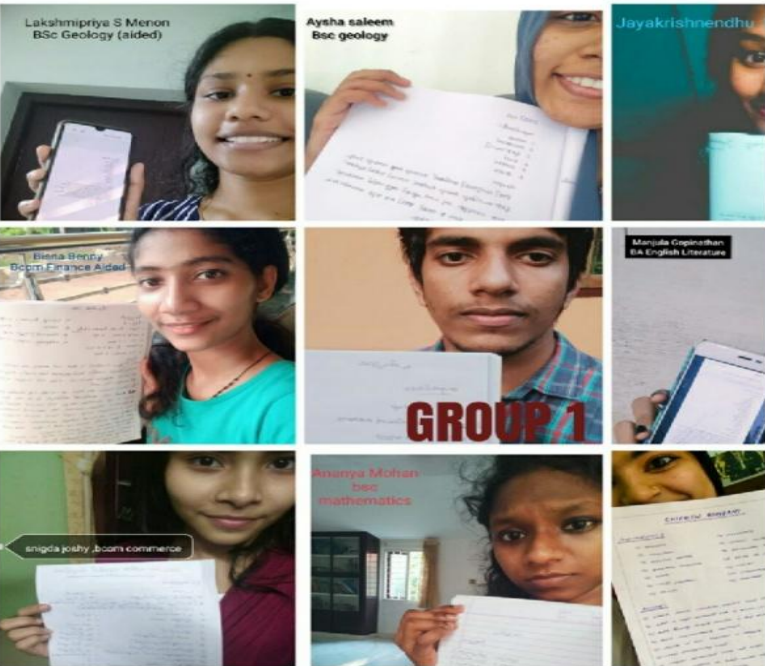
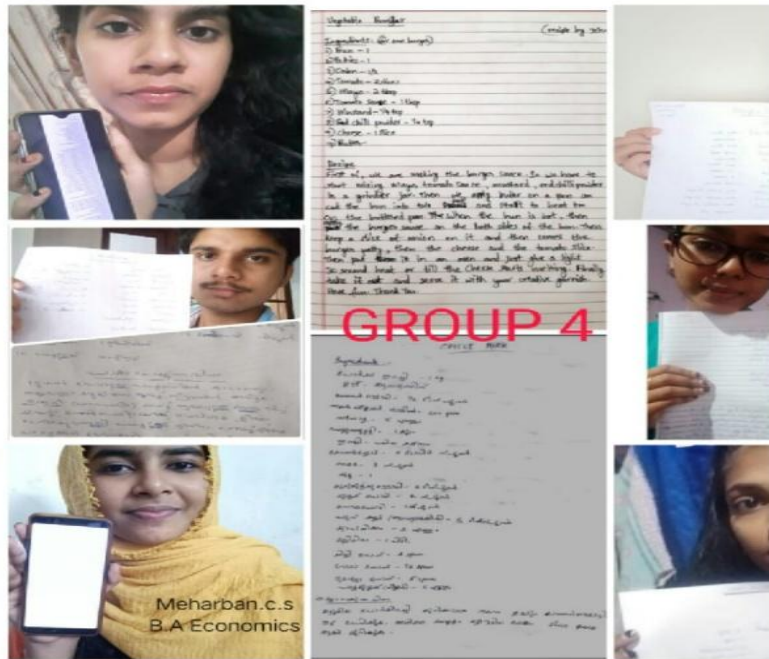
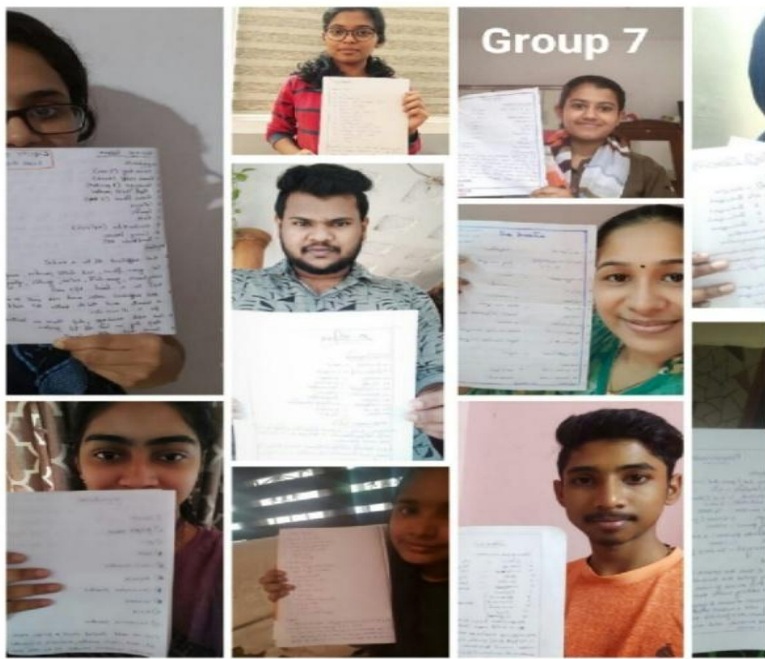
**Jomol John**  
**(NSS volunteer)**

TOPIC: CONFIDENCE AND OVERCONFIDENCE













**FEBRUARY-  
MARCH  
2021**

1. **06/02/2021**

A live session on Google meet platform for 1st Year NSS volunteers was conducted under the guidance of 2nd year volunteers. The session was lead by Ex Volunteer Vyshak K. A on the

topic “Throughout life”. It was an interesting session for the volunteers in realizing how to be a good person throughout our life. Almost 70 volunteers attended the class. The session was completed successfully under the guidance of programme officers and leaders.



**CHRIST COLLEGE (AUTONOMOUS), IRINJALAKUDA**

**NATIONAL SERVICE SCHEME UNITS 20 & 49**

**SPECIAL ORIENTATION SESSION**

**TOPIC-  
THROUGHOUT LIFE**

**DATE- 06/01/2021**

**TIME- 3:30pm**

**Vyshak KA**  
(EX NSS LEADER,  
CHRIST COLLEGE AUTONOMOUS,  
IRINJALAKUDA)







3. 13/02/2021

## SPECIAL ORIENTATION SESSION

TOPIC : Interpersonal relationship and communication



**Anila Amitha George**

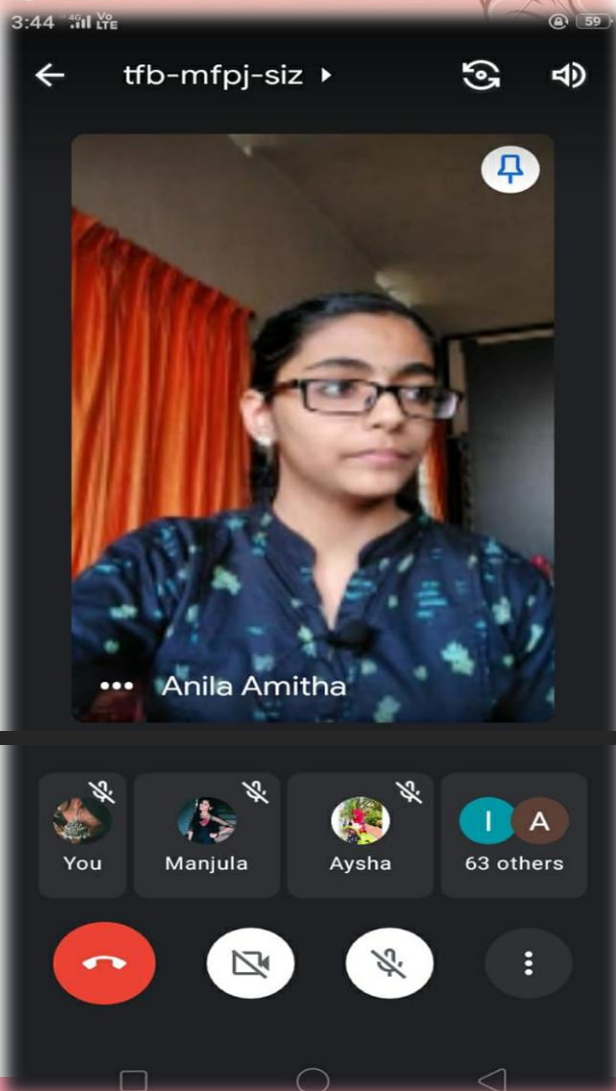
EX\_NSS Leader  
(Christ college  
irinjaalakuda)

13/2/2021  
3:30 PM



A live session on platform for 1st Year conducted under the year volunteers. The Ex Volunteer Anila the topic “Interpersonal communication “. The useful to the volunteers society of having good among persons and skills. Almost 65 the class. The session successfully under the programme officers and

Google meet NSS volunteers was guidance of 2nd session was led by Amitha George on relationship and session was very in the current relationships communicative volunteers attended was completed guidance of leaders.





4. 14/02/2021

NSS units observed Valentine's day by conducting an online letter writing competition for teachers and students of Christ college on the topic 'Bhoomikkoru Pranaya lekhanam'. Many students and teachers participated in this variety competition. Volunteer Jeffrin and Athira coordinated the programme. Participants wrote their letters and converted to pdf format and submitted through whatsapp. Results were announced later. It was successfully completed under the guidance of program officers and leaders.



**CHRIST COLLEGE (AUTONOMOUS) IRINJALAKUDA**  
**NATIONAL SERVICE SCHEME**  
**UNITS 20 & 49**



പ്രണയം...  
 മധുരമേറിയ അനുഭൂതി...  
 വിവിധ തരം പ്രണയലേഖനങ്ങൾ ഉള്ള ഈ  
 കാലത്ത് ഈ പ്രണയദിനത്തിൽ വേറിട്ടൊരു  
 പ്രണയലേഖനം എഴുതിയാലോ....?

**ക്രൈസ്റ്റ് കോളേജ് NSS**  
**Valentine's Dayയോട് അനുബന്ധിച്ചു**  
**സംഘടിപ്പിക്കുന്നു**

# ഭൂമിക്കൊരു പ്രണയലേഖനം



**CHRIST COLLEGE (AUTONOMOUS) IRINJALAKUDA**  
**NATIONAL SERVICE SCHEME**  
**UNITS 20 & 49**



**'ഭൂമിക്കൊരു പ്രണയലേഖനം'**  
**മത്സര വിജയികൾ**



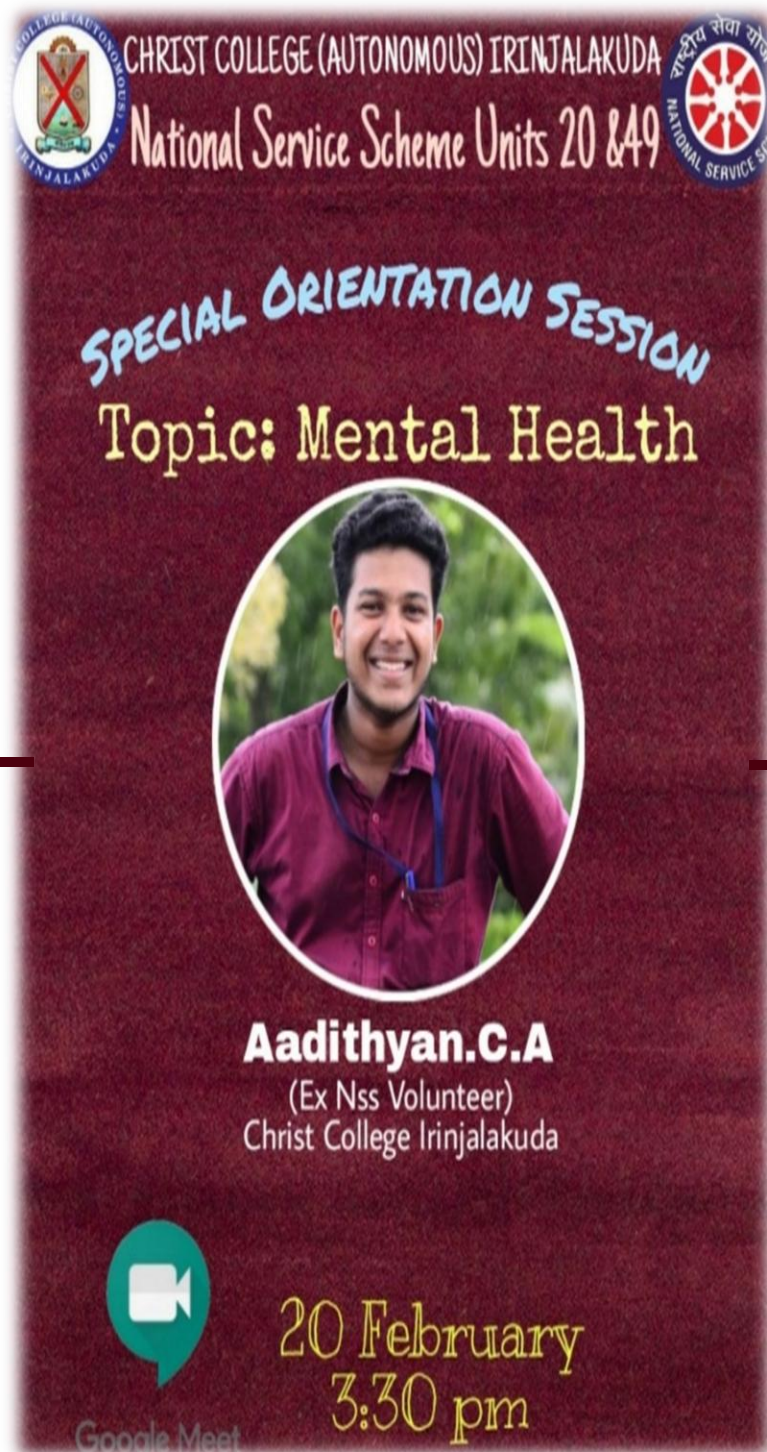
**Roshin Sleeba**  
 Student  
 1st DC BSc Mathematics(Aided)



**Aswin K.V Namboothiri**  
 Faculty  
 Department of English (Self)

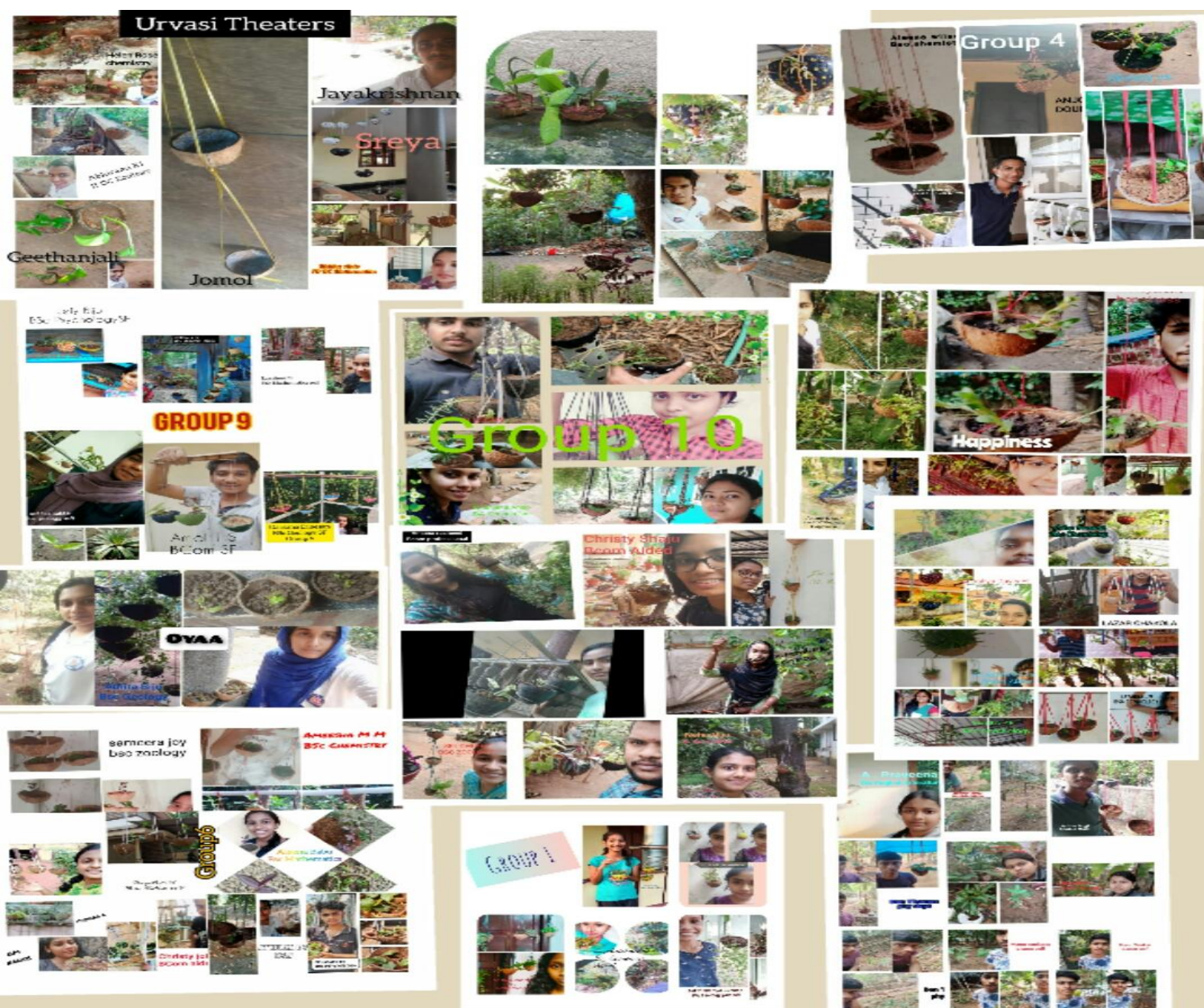
**അഭിനന്ദനങ്ങൾ**

A live session on Google meet platform for 1st Year NSS volunteers was conducted under the guidance of 2nd year volunteers. The session was led by Ex Volunteer Aadithyan C.A on the topic “Mental Health “. The session was very useful in today’s era of being mentally strong. The volunteers shared many of the difficulties they faced and understood the instructions to deal with it all. Almost 85 volunteers attended the class. The session was completed successfully under the guidance of programme officers and leaders.





NSS units conducted online one day work of coconut shell planting. Every 1st year and 2nd year volunteers planted a minimum of 3 plants in coconut shells according to their creativity and submitted their pictures as collages. It was an attractive and interesting method of planting and everyone enjoyed it by planting in coconut shells. The one-day work was successfully completed under the guidance of the program officers Prof.Tharun R, Prof.Jincy S. R, Prof.Jomesh Jose, Prof.Linett George and the leaders.





NSS units of Christ college organized first official meeting for the 1<sup>st</sup> year NSS volunteers on 1<sup>st</sup> march 2021 at college auditorium. The meeting was started at 2.15 pm with NSS geetham. Welcome speech was given by volunteer Anagha V.R. 2<sup>nd</sup> year volunteers introduced the various projects and works of NSS like Pendrive, Sravyam, Rejuvenate, Caring Nature, different camps etc. to the volunteers. Program officers Prof.Jomesh Jose and Prof. Linet



George gave common instructions to the volunteers. A video showing the final year NSS works was presented for the volunteers. Vote of thanks was given by volunteer Delvin Davis. An ice breaking session was also conducted for them by the leaders. It helped them to introduce themselves and meet other volunteers. The meeting was ended by 3.30 pm. Almost 40 volunteers attended the meeting under covid protocol.



In association with Kerala Youth Welfare Board and District Youth Centre, Thrissur region NSS units of Christ College had organized a Career guidance seminar for the students of the College at college auditorium from 2pm to 5pm. The function was inaugurated by Dr Shaju K.Y , Vice principal of Christ College Irinjalakuda and felicitated by Sabitha C.T , District Youth Programme Officer Youth Welfare board Thrissur .The seminar was lead by K G Prince , Faculty career guidance higher secondary directorate .The class lighted fire in many minds and was really useful to all volunteers. Around 100 volunteers attended the seminar. The program was successfully completed under the guidance of the program officers Prof.Tharun R, Prof.Jincy S.R, Prof. Jomesh Jose, Prof Linet George and the leaders.





# MARCH- JUNE 2021





Our NSS units observed women's day by conducting an online competition for teachers and students of Christ college on the topic 'Dedicate your gifts to the SHEroes '. It was to write by explaining the gift they want to dedicate to the most important women and the reason supporting it. Many students and teachers participated in this variety competition. Volunteer Akshaya Krishnan coordinated the programme. Prof.Aswin K.V and Jeffrin Soji were selected as the winners from Teachers and students' side respectively. It was successfully completed under the guidance of program officers and leaders.


**Christ College (Autonomous) Irinjalakuda**  
**National Service Scheme Units 20 & 49**



## International Women's Day

### March 8

## "Dedicate your gift to the SHEroes"

**For Christ College students & teachers.....**

ഏതൊരു പുരുഷന്റെയും ജീവിതവിജയത്തിനു പിന്നിൽ ഒരു സ്ത്രീ ഉണ്ടാകുമെന്നാണ് ചൊല്ല്.  
 പുരുഷന്റെ മാത്രമല്ല ഏതൊരു വ്യക്തിയുടെയും ജീവിതവിജയത്തിനു പിന്നിലും അമ്മയായി,  
 സഹോദരിയായി, ഭാര്യയായി, മകളായി, സുഹൃത്തായി  
 അവൾ ഉണ്ടാകും...ഈ വനിതാദിനത്തിൽ നിങ്ങളെ സ്വാധീനിച്ച ആ സ്ത്രീവ്യക്തിത്വത്തിന്  
 എന്തു സമ്മാനമാണ് നിങ്ങൾ നൽകാൻ ആഗ്രഹിക്കുന്നത്?  
 അതിനുള്ള കാരണവും ഉൾപ്പെടുത്തി 50 വാക്കിൽ കവിയാതെ ഞങ്ങൾക്ക് എഴുതൂ...



- Writings can be english /malayalam
- File format: Image file /Pdf
- Whatsapp your entries to the given number before 8th March 6 PM

**AKSHAYA - 95260 58387**

NSS units of Christ college made a fruit garden near to the college building. The Sapling were planted by the staffs who were retiring from their service in the current academic year. As the very first step, volunteers cleaned and prepared the plot for planting. About 20 fruit saplings such as Loobi, Green bush, Peanut butter, Lemon, Aatha were planted by them after the official retirement function of the staffs. After planting, name plates were also given to each sapling and were kept under wire fences. The program was inaugurated by Rev.Fr.Joy Peenikkaparambil C.M.I. It was successfully completed under the guidance of the program officers and leaders.





3. 19/03/21

The National service Scheme units of Christ College organised an offline one-day work on 19<sup>th</sup> march 2021. The volunteers assembled in the College auditorium by 09.15am and the meeting began by 09.30am with NSS Anthem. In the morning session the volunteers were assigned to do the manual work under the instructions of Programme officers Prof. Jomesh Jose, Prof. Jincy Rose. As part of this they cleaned the land near BPED department. The volunteers completed their work by 11.00am and assembled at the Zoology Seminar Hall. A live named “SVEEP” was conducted for the first-year volunteers under the guidance of Election Commission. The session was lead by Mr. Balgopal (District Joint programme officer- Election Commission), Mr. Rohith and Ms. Anjitha. The session was very helpful for the first-time voters to clear their doubts about Election Processes. After the session the volunteers had their lunch together.

In the afternoon session, some of the second-year volunteers shared their valuable memories, experiences, and lessons from NSS. Then, the first-year volunteers were given an opportunity to





perform their talents. Many volunteers were given an opportunity to perform their talents. Then, the volunteers had prepared a game for the first-year volunteers. All the volunteers participated well in the game. Then the First-year volunteers shared their feedbacks for the one-day work. The session came to an end by 03.30pm.





4. 22/03/2021

NSS units observed World water day by introducing a new project for birds named 'Venal Kulir'. For this volunteers were set up 'thanneerkkudam' with the aim of quenching the thirst of birds in this summer. And it was placed on the trees by filling water in those pots. This project was successfully completed under the guidance of program officers and the leaders.

**Christ College (Autonomous) Irinjalakuda****National Service Scheme Units 20 & 49**

# "വേനൽ കുളിർ"

ഈ വേനലിൽ ക്രൈസ്റ്റിന്റെ മുറ്റത്തിനി  
കിളികൾ ദാഹിച്ചു കരയില്ല .....

## മാർച്ച് 22

'ലോകജലദിന'ത്തോടനുബന്ധിച്ചു  
കിളികൾക്കായി തണ്ണീർക്കുടങ്ങൾ  
ഒരുക്കി Christ NSS



The farewell function 'Ok Bye', of the 2019-2020 Nss batch started soon after the lunch time at 1:30 pm. The function was inaugurated by Dr.Joshi C O Vice Principal and, Head of the Zoology Department . A new venture named 'Liber Gazza' was introduced during the function which was inaugurated by the Sri Binu T V. NSS Thrissur District Coordinator. Liber Gazza intended on collection of used books from students of all departments, and make available to the needy students who are not able to buy the books due to financial problems. A store room was allotted by the College library for the storage of Collected books.

The function was presided by the Vice Principals of the college Dr. Shaju KY, Dr. C.O Joshi and Sri. Joy PT, the college Librarian Fr. Sibi Francis and the NSS program officer of the college Tharun R presided over the event. Best NSS Volunteer awards were distributed to Volunteers Aadhithyan CA & Dilna Prakash. The special mention of Best NSS Volunteer of Calicut University was given to Volunteers and former NSS Leader Vishnu CN.





6.29/03/21

On the visit of the Vice Chancellor of Calicut university in Christ College, 25 selected NSS volunteers were assigned to welcome him on to the venue. Afterwards Offline One day work for 1<sup>st</sup> year volunteers was there. The NSS store room in college was cleaned and sorted accordingly. Cleaning works were also done in the Campus Fruit garden. The day was successful coordinated under the guidance of Programme officer's prof Tharun R, Prof. Jomesh jose, Prof. Linnet George and prof. Jincy Rose.







Our Volunteers attended an interaction with the District collector. The campaign was held for first time voters to encourage them and enlighten them about the importance of voting, setup by St. Joseph's College, Irinjalakuda. Seven NSS volunteers from Christ college attended the talk from 10:30 to 12:30pm. The campaign was held in three sessions. In the first session, students were shown videos of people from different sectors of the economy talking about the importance of voting, this included fishermen, potters etc. In the second session, the students were put into groups and was taught about the voting process and was taught to vote with the real VVPAT machine. In the third session, the collector Shri S Shanavas of Thrissur District joined the function and talked about the importance of voting and why we should vote. Overall, it was a brief and fruitful function.





**7.05/04/21 – 06/04/21**

In connection with the Legislative assembly elections 2021; Volunteers participated as per registration to the Kattungachira Station (18) Mala Station (1) and Cherppu Station (8).

Volunteers were deputed as special police officers at the assigned polling station. In accompany with Kerala Police, SPO's have the same duty of a polling station police officer. Volunteers stayed at their assigned polling stations on the day before election (April 5 2021) and the day of Election (April 6 2021). Volunteers helped Kerala Police as well as the Election officer of respective polling booths for making the election without problems. Volunteers managed the crowd reached for voting, helped the presiding officers for make sure the election problem free, managed the que for males and females also protection for the polling booth







## 8. 07/04/21 – 09/04/21

The National service Scheme units of Christ College (Autonomous) Irinjalakuda organised a Three-day working session from 7<sup>th</sup> April 2021 to 9<sup>th</sup> April 2021. On the first day, the volunteers assembled in the Chavara seminar hall by 09.00am and they were divided into six groups. The second-year volunteers Yadhukrishna KS and Lakshmi Ramachandran led the session.

In the morning session the volunteers were assigned to do the manual work under the instructions of Programme officers Prof. Tharun R, Prof. Jomesh Jose, Prof. Linnet George and Second year NSS volunteers. As part of this, land near the BPED department was cleaned and the maintenance of Fruit Garden was done. Volunteers completed the work and returned to the Seminar hall by 11:00 AM

Then an icebreaking session was conducted by the second-year volunteers for the first-year volunteers. As a part of this, each group were asked to find a group name, motto and slogan.

Before lunch break Programme officer Prof. Tharun R gave some important instructions for the first-year volunteers.

After the session the volunteers had their lunch. In the afternoon session the second-year volunteer Treesa Maria gave the instructions to the first-year volunteers for making paper pens. All of the volunteers were very attentive to the session. The volunteers of group 2 and group 5 were assigned to conduct the cultural session. The session was started by NSS anthem. The volunteers worked hard to do their best.

Many of the volunteers could show their talents. After the wonderful cultural session, Prof. Jomesh sir gave some advices for the volunteers to improve

themselves. Then the First-year volunteers shared their feedbacks of the first day of the camp. The first day came to an end by 04.00pm.

On 8<sup>th</sup> April, 2021, the second day of 3 day working session organized by National Service Scheme units of Christ college, Irinjalakuda, volunteers assembled in Chavara seminar hall by 8:30 and the meeting began by NSS anthem. In the morning session, volunteers were assigned to do manual work at various parts of the college. Under the leadership of programme officers and second year volunteers, the first-year volunteers were divided into six groups. First group was assigned to clean fruit garden and the other groups to clean BPED ground. Then drip irrigation was made possible to newly planted saplings using bottles. At 10:30 AM, volunteers were trained to make mats under the leadership of second year NSS volunteer Afeela.

In the afternoon session, each group were made to perform on the topics given to them. This was followed by a campus tour that lasted for almost half an hour. Later in the cultural session, volunteers of group three and six showcased their talents. After feedback session, programme officers gave necessary instructions regarding upcoming NSS activities. The session under the leadership of Programme officers Prof. Tharun.R, Prof. Jomesh Jose and Prof. Linett George and second year volunteers Yadhu Krishna and Lakshmi Ramachandran came to an end by 4:00 PM.

On 9<sup>th</sup> April, 2021, the last day of 3 day working session organized by National Service Scheme units of Christ College, Irinjalakuda, volunteers assembled in college at 8:30 AM and the session began with NSS anthem. In the morning session, volunteers were assigned to do manual works at various parts of the college. The volunteers were divided into groups and were sent in groups to



clean fruit garden and storeroom and to sort newspapers and magazines according to the date of publication.

In the afternoon, first was the game session and then a street play was performed by second year NSS volunteers. Second year NSS volunteers along with some 2018-2020 batch NSS volunteers shared their experience, memorable moments and lessons learnt from NSS. Later, volunteers of group 1 and group 4 were given opportunity to showcase their talents. All the volunteers took part in the feedback session.

Of the whole 3 day working session, group six was selected as best group on the basis of score and group 5 was selected as the best performed group. Adarsh Chandrashekar of group 1 and Jayakrishnendu of group 6 were selected as best NSS volunteers of the session. Programme officers Proff. Tharun R, Proff. Jomesh Jose and Proff. Linet George presented an analysis of the 3-day working session and gave necessary instructions regarding future NSS activities. Second year volunteers Yadhu Krishna and Lakshmi Ramachandran who led the session also gave their feedback. The session came to an end by 4:00 PM





9. 16/04/2021

In connection with India's largest vaccination drive against Covid -19 under the program 'Tika Mahotsav', NSS volunteers filmed a street play inside the campus for creating an awareness among the public. 10 NSS volunteers were participated in this under covid protocols and uploaded the street play video on the official YouTube channel of Christ college. Volunteers could create a great awareness through this. It was successfully completed under the guidance of the program officers and leaders.

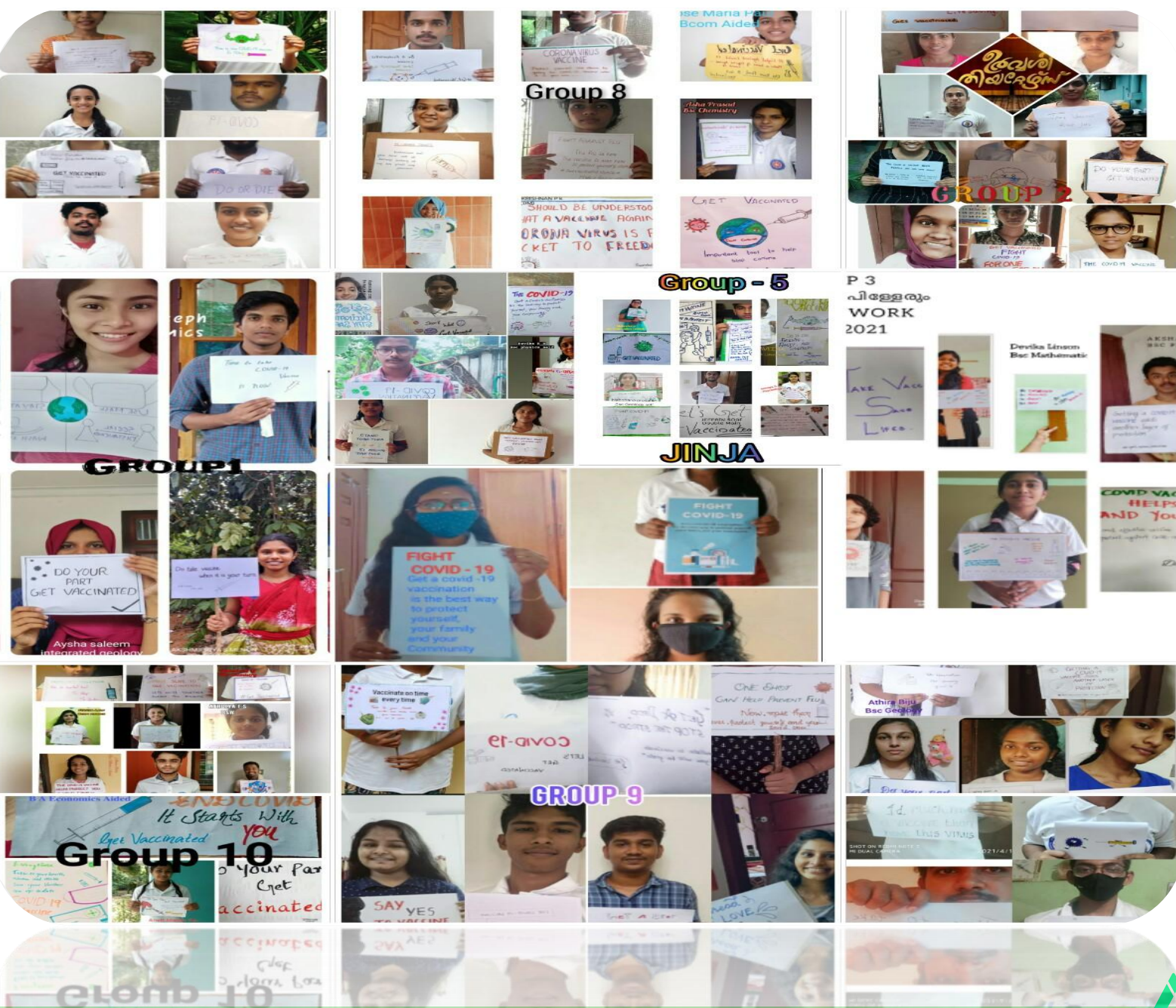
YouTube link: [https://www.youtube.com/watch?v=3lh1TI\\_WZoA](https://www.youtube.com/watch?v=3lh1TI_WZoA)





10. 18/04/2021

NSS units conducted online one day work of placard making. It was to create awareness on getting vaccinated against Covid 19 among the public. Every 1<sup>st</sup> year and second year volunteers made placards and shared as collages. The one-day work was successfully completed under the guidance of the program officers Prof. Tharun R, Prof. Jincy S. R, Prof. Jomesh Jose, Prof. Linett George and the leaders.

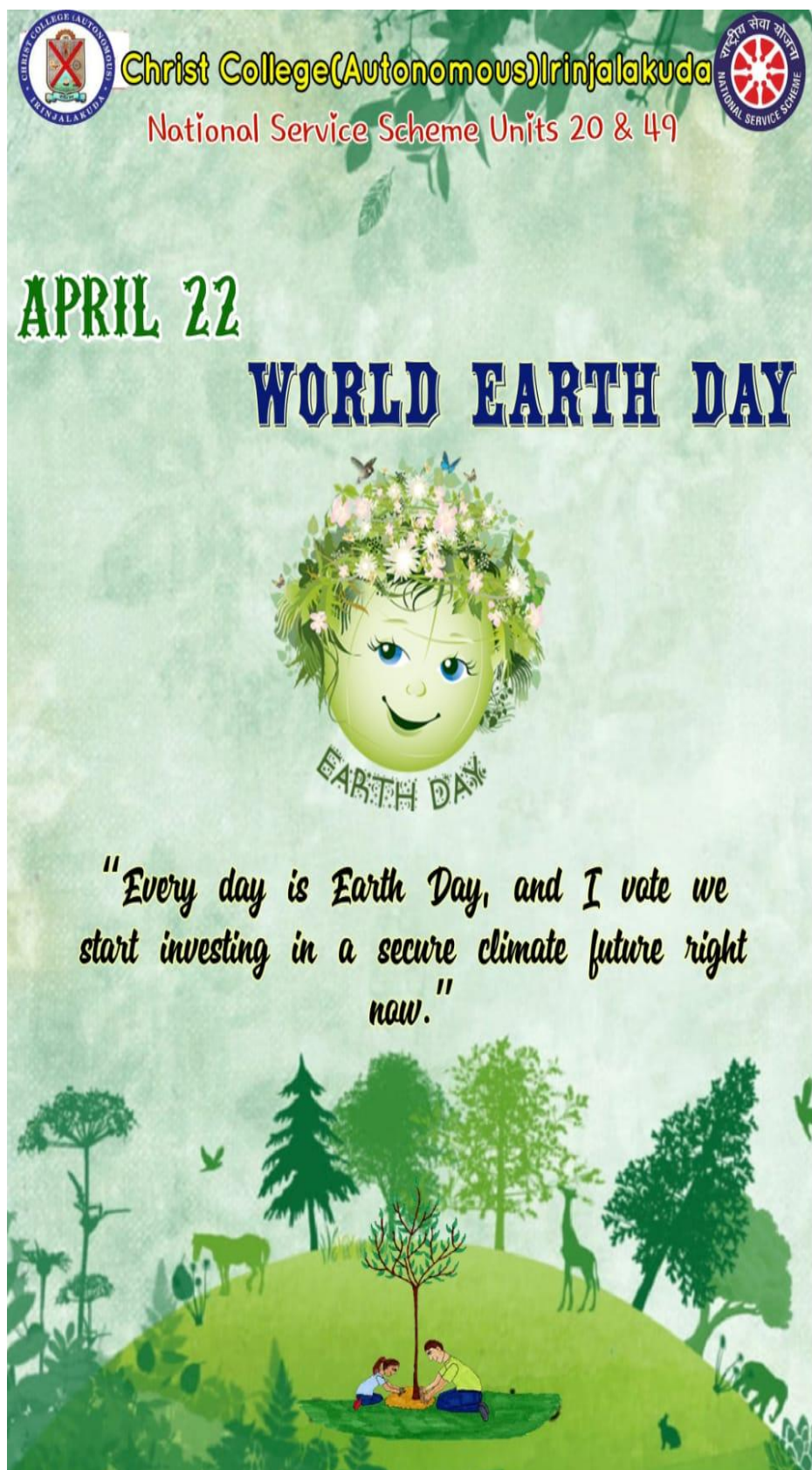


MARCH - JUNE 2021



As part of EARTH DAY each group was instructed to come up with a PUBLIC AWARENESS 30 Second video on "The measures to be taken towards protecting our Mother Earth" as a group activity. All members of the group participated in the video. Volunteers could convey the message on the importance of protecting our earth through the videos.

The best videos were posted on the official Instagram page #nsschristcollege. The program was successfully completed under the guidance of the program officers Prof. Tharun R, Prof. Jincy S.R, Prof. Jomesh Jose, Prof. Linet George and the leaders.



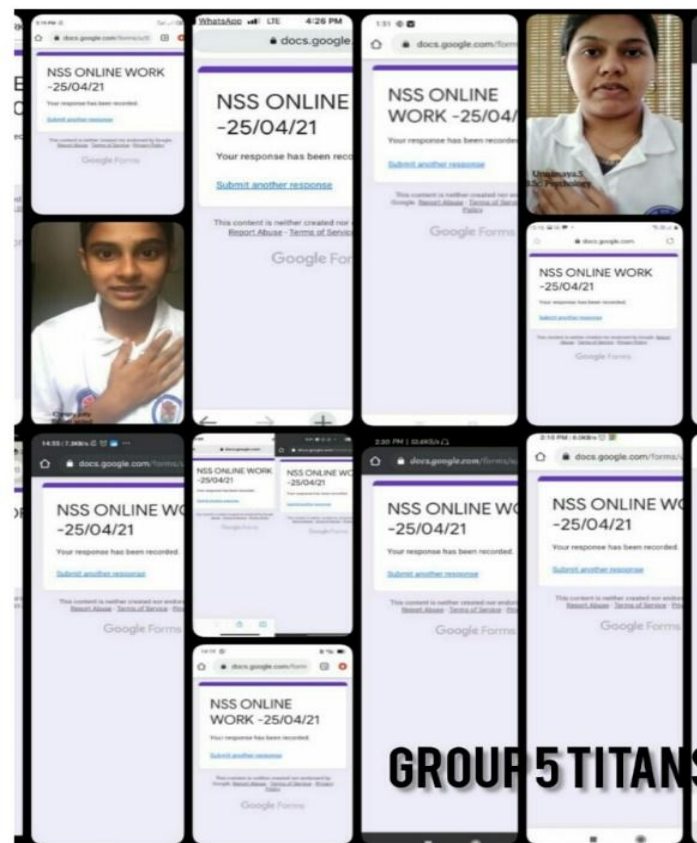
12. 25/04/2021

On 25th Sunday 2021, the first day of Covid Awareness Campaign conducted by Christ College NSS units, volunteers were made to make a 1-minute talk video on awareness against 2nd wave of Covid-19. This helped volunteers to gather

more information on safety measures to be taken to fight against the second wave of the pandemic and become more responsible. Out of the best six videos from six groups each, one best video was selected



and posted in the Instagram page of NSS Christ college units intending to create an effective awareness among other people too. This awareness video making session of the campaign was successfully completed under the guidance of the program officers Prof. Tharun R, Prof Jincy SR, Prof Jomesh Jose, Prof Linett George and other leaders

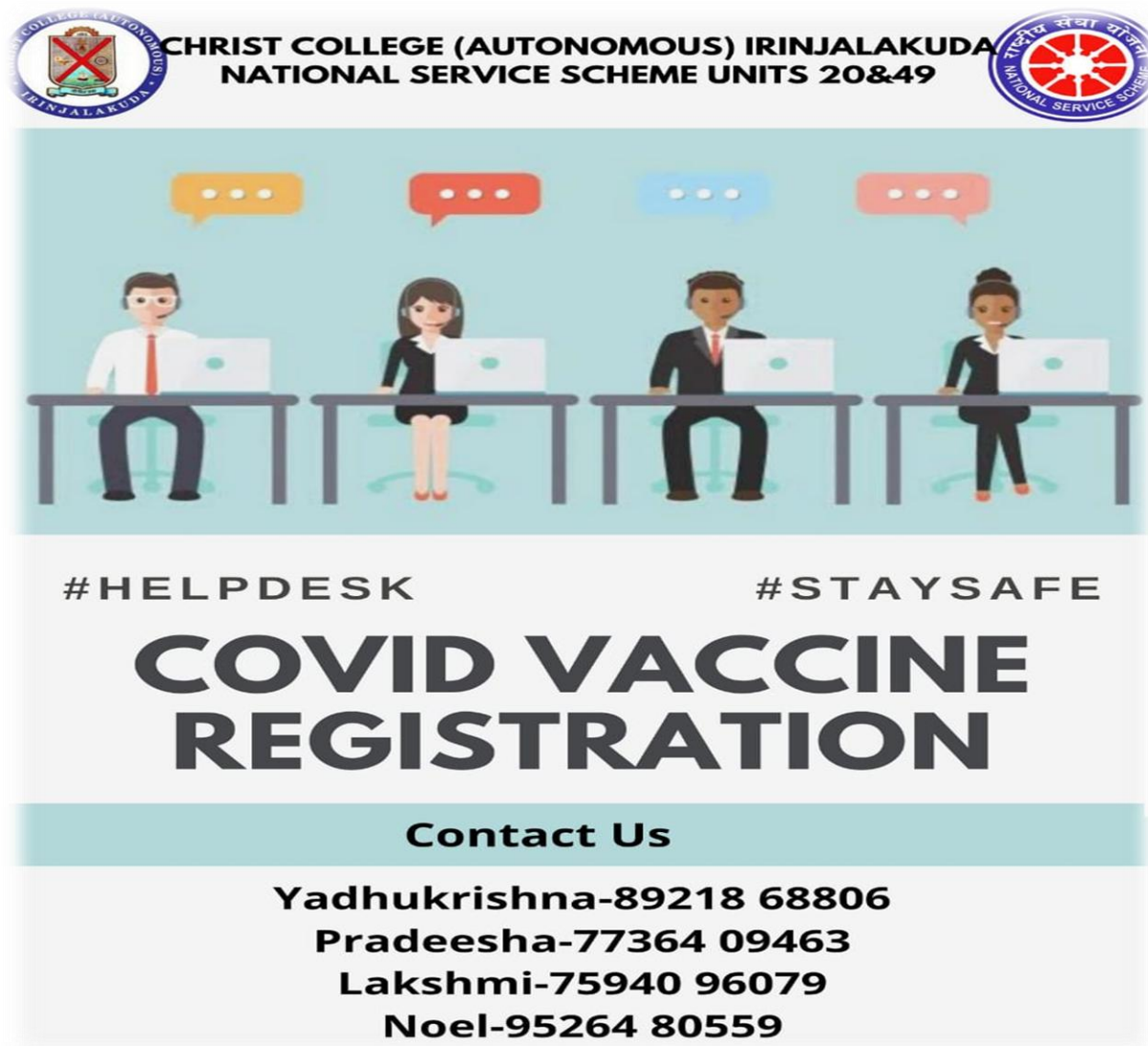




On 26th Monday 2021, the second day of Covid Awareness Campaign conducted by Christ College NSS units, Volunteers were made to make trolls on topic, Covid 2nd wave: Indians on Air. It was a group activity. 6 groups made at least 2 trolls each. The trolls were meant to be in image format, depicted in funny manner, religiously and politically neutral and moreover, thought evoking. Volunteers could sarcastically convey how Indians have been very less cautious during the 2nd wave of this pandemic through trolls. The best troll was posted in the Instagram page of NSS Christ college units intending to create an effective awareness among a rather broader audience. This troll making session of the campaign was successfully completed under the guidance of the program officers Prof. Tharun R, Prof Jincy SR, Prof Jomesh Jose, Prof Linett George and other leaders.



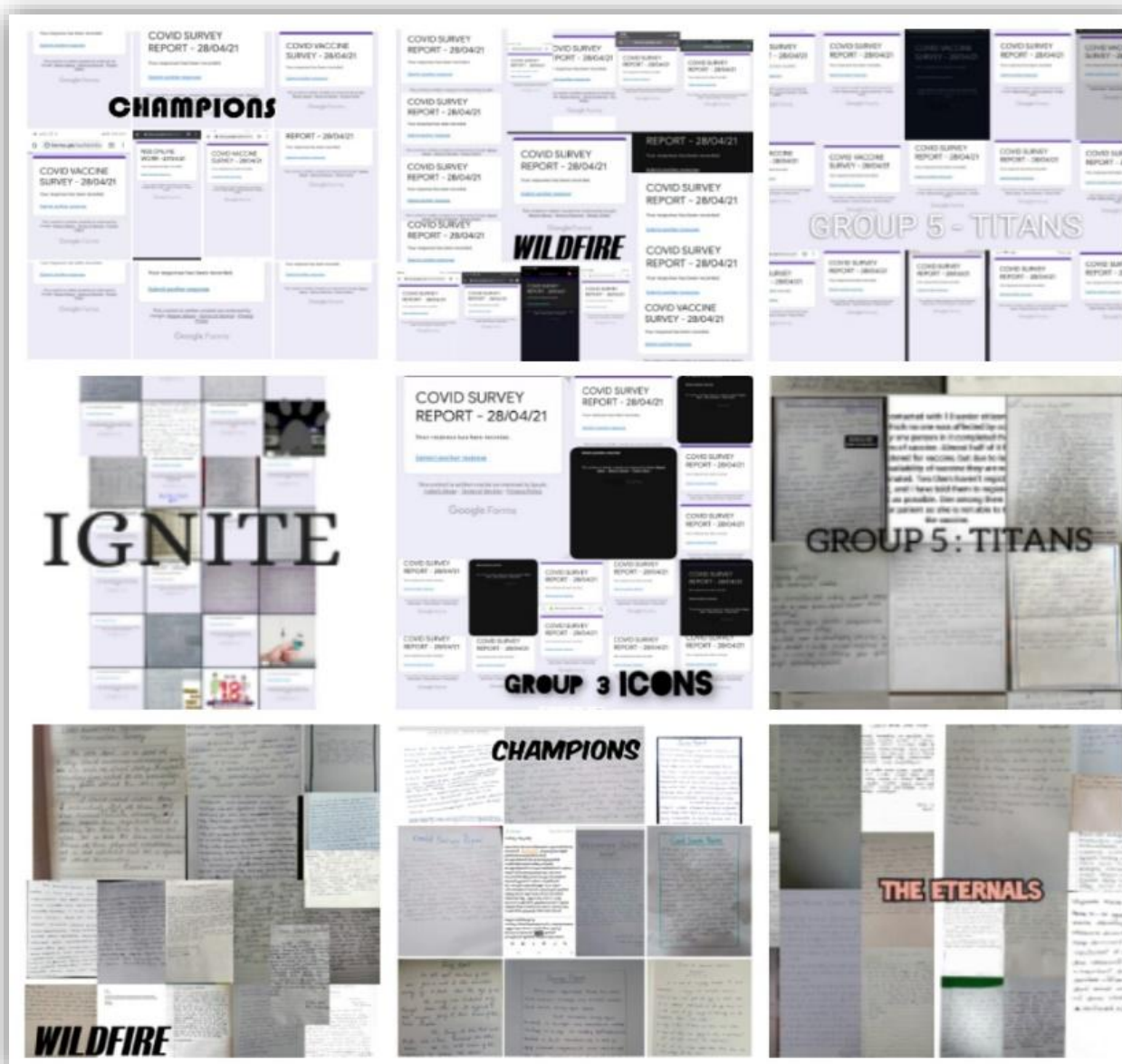
On 27<sup>th</sup> Tuesday 2021, the third day of Covid awareness campaign conducted by Christ College NSS units, volunteers were directed to make a rumour breaking video on the ongoing rumours surrounding the COVID 19 PANDEMIC & VACCINE PROCEDURE and tell the truth behind it. It was a group activity. Each group made a 1-minute video on the given topic. Out of the six groups, the best video was posted on our Instagram page. On the same day volunteers were came up with a helpdesk for covid vaccine registration and awareness.



Charges of helpdesk were given to 4 second year volunteers Noel, Yadhu, Lakshmi and Pradeesha. Volunteers made a tutorial video on the topic: How to register for vaccination. It was published through our YouTube channel and Instagram page. It was completed under the guidance of the programme officers Prof. Tharun R, Prof. Jincy Roze, Prof. Jomesh Jose, Prof. Linett George and other leaders.



On 28<sup>th</sup> Wednesday 2021, the fourth day of Covid awareness campaign conducted by Christ College NSS units, volunteers were directed to conduct a Vaccination survey for collecting details senior citizens. The volunteers were asked to collect data from minimum of 10 senior citizen. It was an individual activity. Each volunteer was directed to submit a report regarding their survey. The survey helped volunteers to recognise who aren't vaccinated yet and they gave help for vaccine registration also. This Vaccination survey session of the campaign was completed under the guidance of the programme officers Prof. Tharun R, Prof. Jincy Roze, Prof. Jomesh Jose, Prof Linett George and other leaders.



On the 5th day of the Covid Awareness Campaign (29/4/21), the NSS unit of Christ College (Autonomous), Irinjalakuda, had given the task of parody making to the volunteers. It was a group activity, urging full or maximum participation from each group. The topic was Vaccination Against Covid 19. The parody was to be made considering the religious and political sentiments of the public. The task was to be presented in the form of a video within a duration three minutes. Each group submitted the assigned work before 6 pm on that day itself, in the google form given, efficiently and enthusiastically. The best 2 videos among the 6 groups were uploaded in the Instagram page. A vaccination awareness video was also created by volunteers and uploaded in the YouTube channel of NSS Christ college.

Overall, the 5th day of the campaign was successful as the volunteers had done a great job in participating in the task under the guidance of the NSS Units 20 & 49 program officers Prof Tharun R, Prof Jincy SR, Prof Jomesh Jose, Prof Linett George and other leaders.

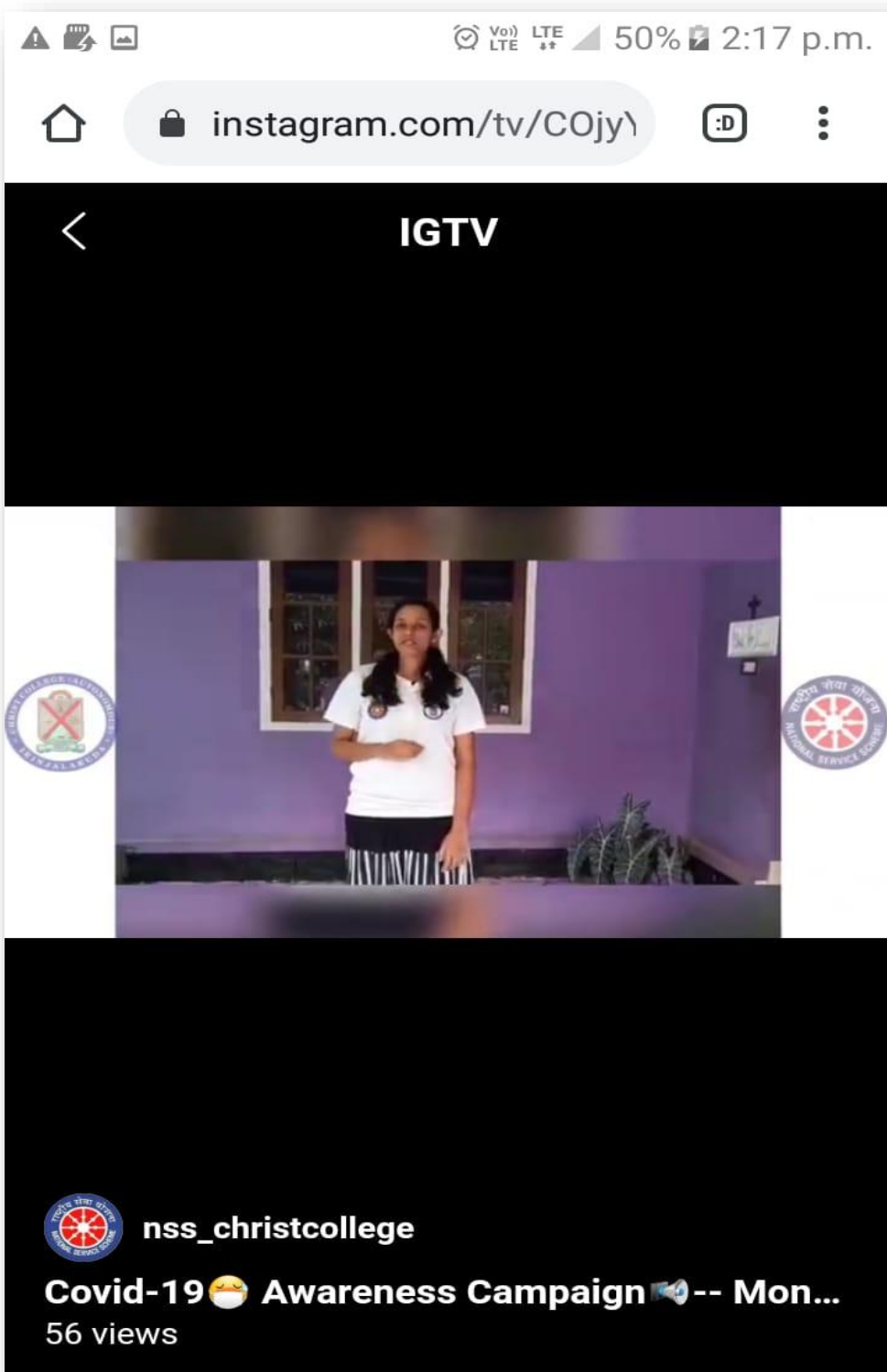




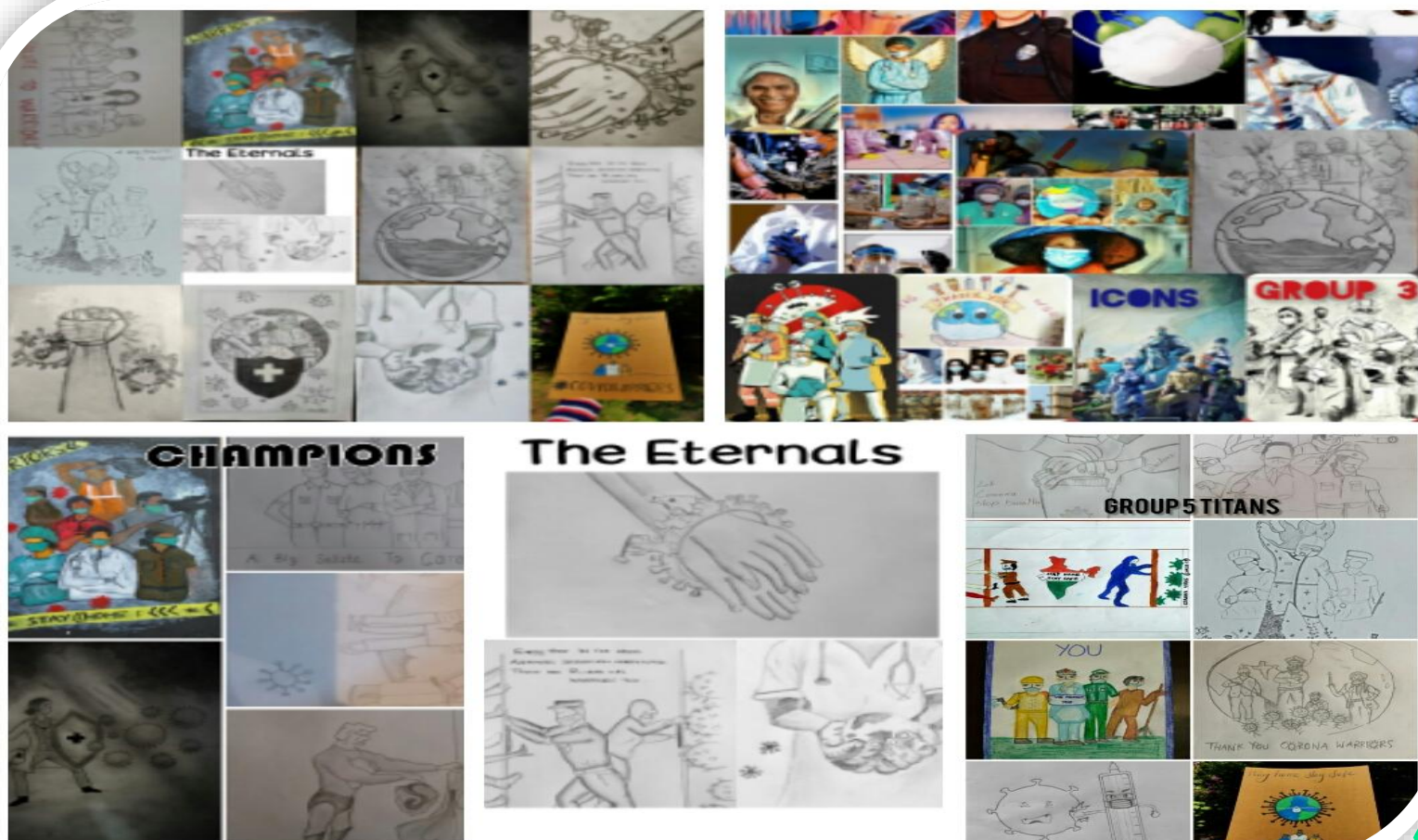
17. 30/04/2021

On 30<sup>th</sup> April, 2021, the NSS Units of Christ College (Autonomous), Irinjalakuda, had given the task of mono act as part of Covid Awareness Campaign. This was an individual task where one member from each group had to do it. The topic was “Role of NSS Volunteers in the pandemic times.” The volunteers had taken the task seriously and cooperatively assessed the task. While only

one member could do the mono act, rest of the members of each group did actively take part in the discussion process. The mono act was to be presented in a video format within a time limit of 2 minutes. The day’s task was successful as the volunteers submitted the videos before 6 pm on the same day. The best video among 6 groups was published through our official Instagram page. It was done under the guidance of program officers Prof Tharun R, Prof Jincy SR, Prof Jomesh Jose, Prof Linett George and other NSS leaders.



On the 7<sup>th</sup> and final day of the Covid Awareness Campaign the NSS unit of Christ College (Autonomous), Irinjalakuda, had given the task of drawing to the volunteers. It was an individual activity, urging minimum 2 members of each group to participate in it. Rest of the group members should take part in the discussion. The topic given was “കാവൽക്കാരി.” The drawing could be digital or pencil and has to be made considering the religious and political sentiments of the public. The task was to be presented in the image format. The volunteers submitted the assigned work before 5 pm on that day itself, in the google form given. The best drawings among the 6 groups were published through our official Instagram page of NSS Christ college. Overall, the last day of the campaign was successful as the volunteers had done a great job in participating in the task under the guidance of the NSS Units 20 & 49 program officers Prof Tharun R, Prof Jincy SR, Prof Jomesh Jose, Prof Linett George and other leaders.





In connection with world Mother's Day NSS units of Christ College conducted 2 online competition for the students. One was an intra college talk competition. Participants were asked to send a 1-minute video sharing a beautiful memory or event they have encountered with their mother. Volunteers Lazar and Jayakrishnendhu coordinated the event. Entries were accepted till 8th May, 6 PM and posted through our official Instagram page. The results were announced through the story option of our same Instagram page by night 11 PM.

Second competition was an all-Kerala caption competition based on a picture related to mothers' day which was shared through our YouTube channel and Instagram page. Entries were accepted through the comment sections of the above. Volunteer Krishnadev and Abhishek coordinated this event. The results were announced by 11 PM on 10<sup>th</sup> May. The program was successfully completed under the guidance of the program officers and the leaders.



CHRIST COLLEGE (AUTONOMOUS) IRINJALAKUDA  
NATIONAL SERVICE SCHEME UNITS 20&49



അവതരിപ്പിക്കുന്നു

അമ്മയോട് ഒപ്പമുള്ള മനോഹരമായ ഒരു ഓർമ്മയെ കുറിച്ച് സംസാരിക്കുക.

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# ലോക മാതൃദിനം

May 9, 2021


ഏവരെയും ക്ഷണിക്കുന്നു സൗജന്യ പ്രവേശനം

On doubts regarding the Competition feel free to contact

Jayakrishnendhu:6282 292 097  
Lazar:83350 89804



CHRIST COLLEGE (AUTONOMOUS) IRINJALAKUDA  
NATIONAL SERVICE SCHEME UNITS 20&49



MAY 9

WORLD MOTHERS DAY

Greetings everyone,

Nss units of Christ College has decided to conduct a Intra-college 'TALK COMPETITION' based on the upcoming event of WORLD MOTHERS DAY

All Christies can participate!!

Make a 1minute video sharing a beautiful memory/event you have encounter with your mother.

The competition is only until May 8th, 6PM sharp.

Editing is allowed.

Make sure you have added your :- NAME, DEPARTMENT & INSTA ID(this is to tag in your video while we post it on our page/not compulsory if you don't have an account on the bottom right corner of your video.

Upload your videos in the given below link after filling the necessary details

<https://forms.gle/6Bxm587R736B88McAA>

They'll be posted on our instagram page #nsschristcollege

The best video will be announced on 9th May itself, through the Story option on our instagram page. So please make sure you guys subscribe.

Please note that the best video shall not be selected merely based on the number of likes . Believe you guys would keepup the quality of your work





CHRIST COLLEGE(AUTONOMOUS) IRINJALAKUDA  
NATIONAL SERVICE SCHEME UNITS 20 & 49



മാതൃദിനത്തോട് അനുബന്ധിച്ച് ക്രൈസ്റ്റ് കോളേജ് NSS സംഘടിപ്പിക്കുന്നു

## അടിക്കുറിപ്പ് മത്സരം



ചിത്രത്തിന് അനുയോജ്യമായ അടിക്കുറിപ്പെഴുതുക. കമന്റ് ചെയ്യുക

 NSS CHRIST COLLEGE IRINJALAKUDA  nss\_christcollege

Link will be provided at 7:00PM (06/05/2021)



CHRIST COLLEGE (AUTONOMOUS) IRINJALAKUDA  
NATIONAL SERVICE SCHEME UNITS 20 & 49



## അടിക്കുറിപ്പ് മത്സരം നിർദ്ദേശങ്ങൾ

- 1.ക്രൈസ്റ്റ് കലാലയത്തിലെ വിദ്യാർത്ഥികൾക്ക് പുറമെ മറ്റുള്ളവർക്കും പ്രായഭേദമന്യേ പങ്കെടുക്കാം.
2. എൻട്രികൾ ക്രൈസ്റ്റ് NSS ന്റെ ഇൻസ്റ്റാഗ്രാം പേജിലോ യൂട്യൂബ് ചാനലിലോ കമന്റായി പങ്കിടാവുന്നതാണ്.
3. അടിക്കുറിപ്പ് മലയാളത്തിൽ ആയിരിക്കണം . അടിക്കുറിപ്പിനോടൊപ്പം നിങ്ങളുടെ പേരും പഠിക്കുന്ന സ്ഥാപനവും(വിദ്യാർത്ഥി എങ്കിൽ) ചേർക്കുക.
4. 10/05/2021 വൈകിട്ട് 5 മണി വരെയുള്ള കമെന്റുകൾ മാത്രമായിരിക്കും സ്വീകരിക്കുന്നത്.





**20. 13/05/2021**

In connection with Eid day celebrations, NSS units conducted an online Mehendi designing competition 'Mailanji monju' for Christ college students. Participants are asked to register through the google form provided and to submit a 1 minute Mehendi designing video and photo of completed design on hands before 13th May, 4 PM. Volunteers Aysha Saleem, Afeela Mohammad, and Akshay Gopan coordinated the event. Results were announced by 10 PM of the Eid day itself. It was conducted with the motive of bringing glory of this Muslim festival day and to spread love among the people. The program was successfully completed under the guidance of the program officers Prof. Tharun R, Prof. Jincy SR, Prof. Jomesh Jose, Prof. Linet George and the leaders.



# Mailanchi Monju

And the winners are



1

Diyana N  
1st DC BA Func. Eng



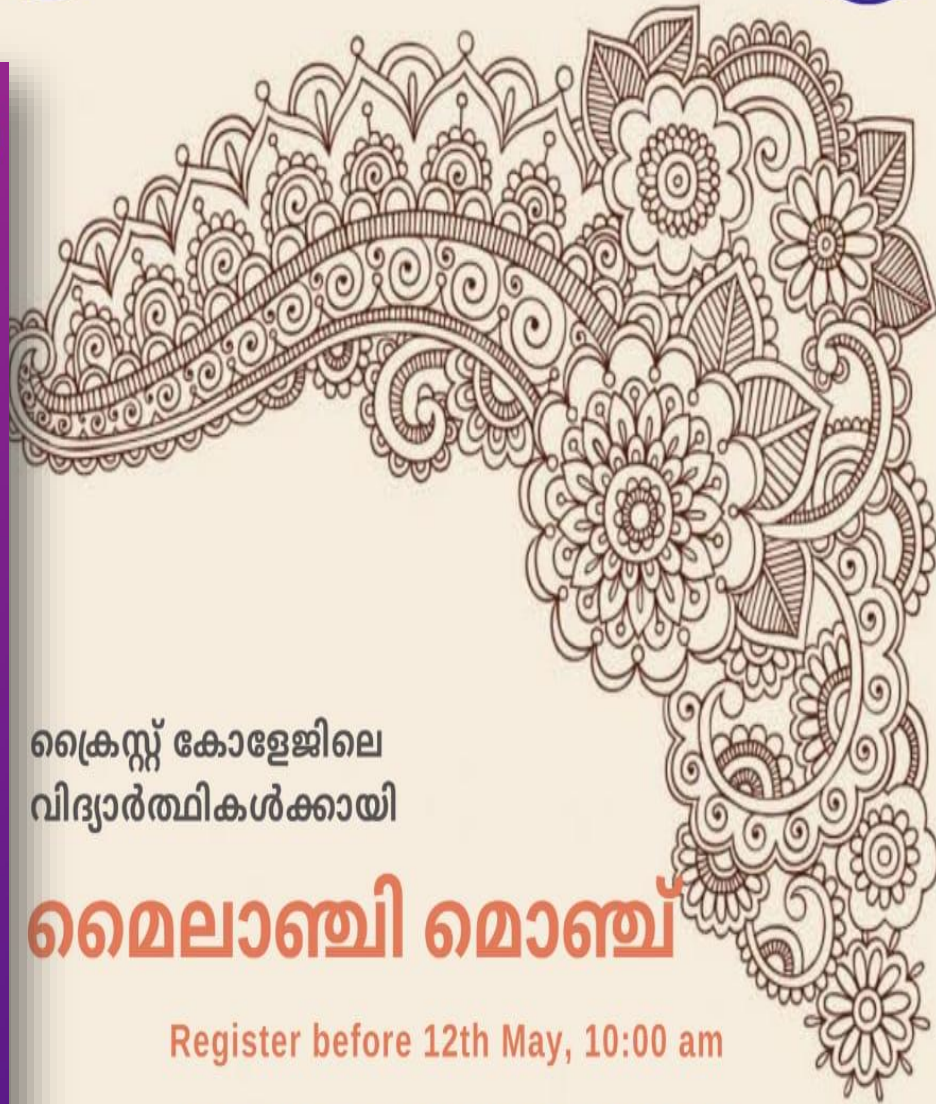
2

Ameena  
2nd DC BBA



3

Riswana C M  
1st DC Geology



ക്രൈസ്റ്റ് കോളേജിലെ  
വിദ്യാർത്ഥികൾക്കായി

## മൈലാഞ്ചി മൊഞ്ചി

Register before 12th May, 10:00 am

<https://forms.gle/VU8phaTAqPxRVjzQ6>

രജിസ്ട്രേഷൻ സൗജന്യമായിരിക്കും

കൂടുതൽ വിവരങ്ങൾക്കായ് സമീപിക്കുക

Afeela Mohammed : 92078 94766

Aysha Saleem : 85903 90431

Akshay Gopan M : 62823 81416





NSS units of Christ College observed this Sunday as dry day and each volunteers cleaned their houses and premises in order to prevent mosquito borne monsoon diseases. Volunteers actively took part in this cleaning program and the photos were submitted in their respective groups. Everyone could realize the importance of cleaning our surroundings and the ways to prevent the diseases.

Moreover, NSS units raised a fund for helping one of our 1<sup>st</sup> year volunteer who cracked the gruelling SAT for the admission to US universities but in need of money for his admission process and further expenses. For this, NSS units collected an amount of 25,000 rupees from 150 volunteers and program officers and transferred to him.

Volunteers were gladly joined in this for helping one of our friends and it was successfully done under the guidance of the program officers and leaders.

22. 23/05/21

NSS units of Christ college organized a one-day work of creating 1-minute awareness video on the deadly black fungus/Mucormycosis which is spreading on covid patients nowadays. Each volunteer was asked to do the videos which included the causes of the disease, precautions to be taken, symptoms shown, myth busting, suggestions on diet plans to boost immunity etc. Videos created by each volunteer were submitted through the google forms before 6 PM.

This video making helped the volunteers to create an awareness about this deadly black fungus among the public and each one had done their parts sincerely under the guidance of the program officers and leaders.



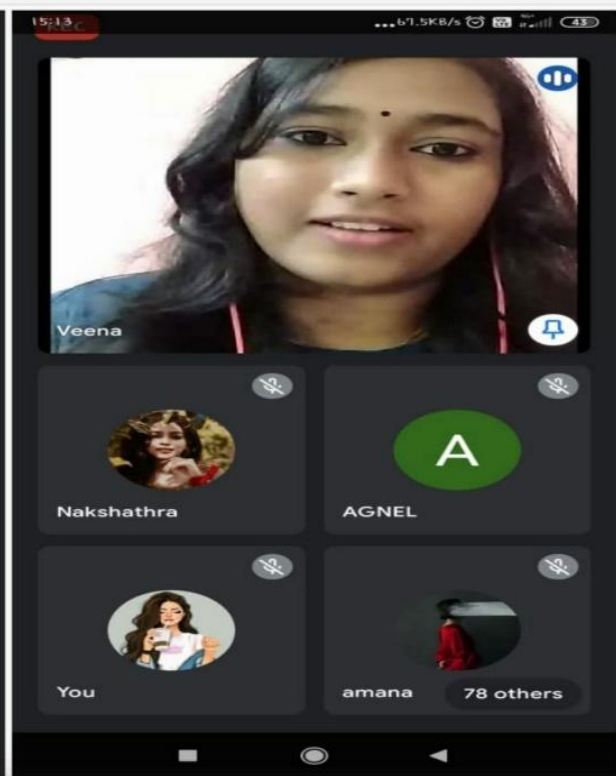


23. 29/05/2021

On 29<sup>th</sup> May 2021 an online live interactive session with Miss Veena Venugopal was organised under the topic 'Compassion'. The session started at 3:00 PM lasted for more than an hour. It was a worth attending session for how important it is to be compassionate towards living beings around us was very well conveyed. More than 80 volunteers attended the session. Prof. Jomesh Jose spoke thanking the resource person and the coordinators of the session. On the same day, a game session named 'Ratheesh' was conducted at

7:00PM. Volunteers were divided into six groups and each group was given a word about which a representative from the group had to describe in 1 minute audio and the other groups had to find what is. It was an interesting and stress relieving session. The sessions were successfully organised under the leadership of Program officers and second year volunteers.

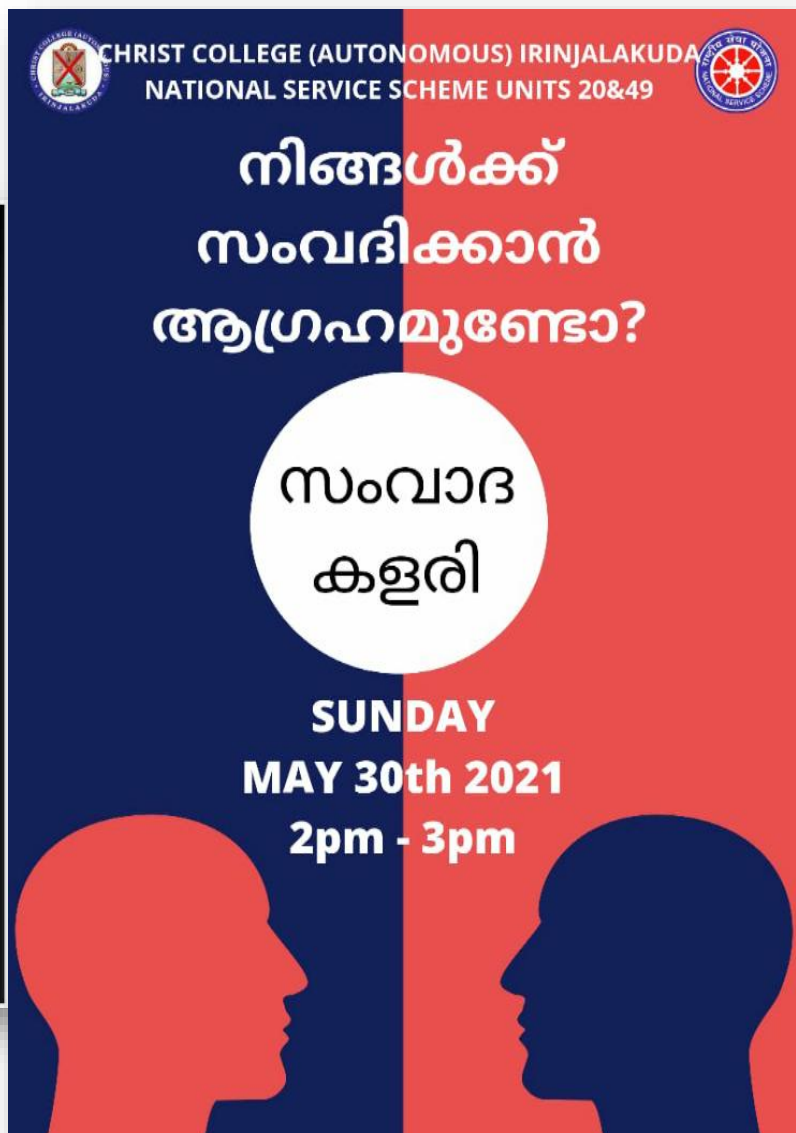
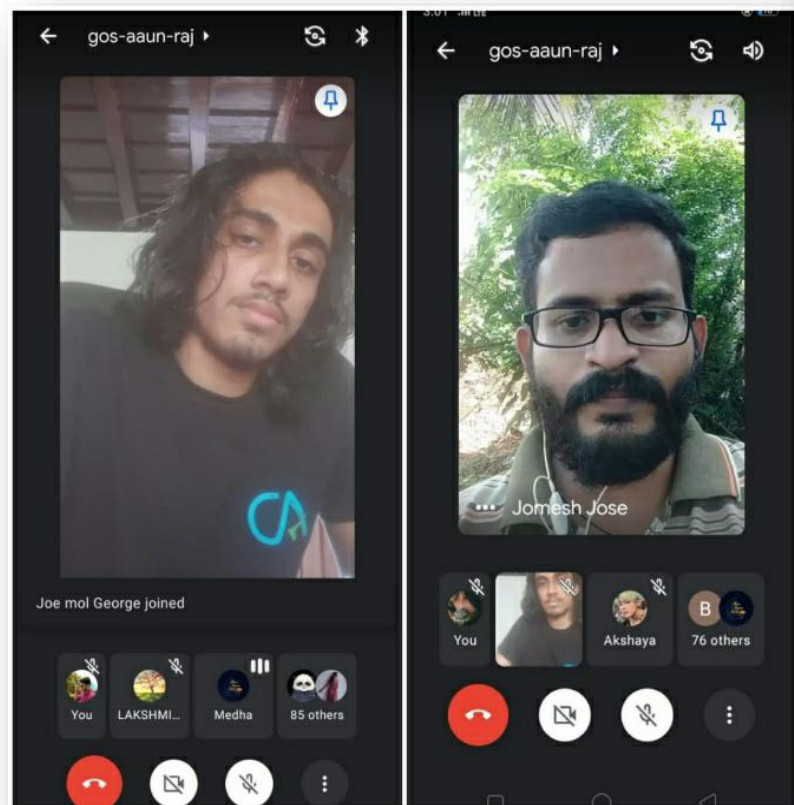






24. 30/05/21

On 30<sup>th</sup> May, 2021 a debate was conducted on the topic 'Campus Politics' in Google meet platform. The volunteers were divided into six groups and were provided with the topic a day before the topic. It was only in the beginning of the debate that the groups were informed of they are to speak for or against the notion. In that debate lasted for an hour, the moderators put forth certain sub questions that comes under the topic and volunteers were made to make arguments based on them. The session helped volunteers build team spirit, improve speaking and debating skills. Program officer Prof. Jomesh Jose spoke concluding the debate session. The debate was successfully organised under the leadership of program officers and second year volunteers.



The National Service Scheme unit of Christ College (Autonomous) Irinjalakuda organized an online power point presentation competition in connection with the World no tobacco day which was on May 31<sup>st</sup>. The topic of the competition was 'Commit to Quit'. The volunteers were divided into 6 sub-groups where they were allowed to discuss about their presentation. Only one member was allowed to do the final presentation. The presentation was mainly to bring to the attention of the listeners, the harm that smoking could cause and the importance of avoiding it. All the volunteers had completed their work successfully with the support of their respective groups. All of the orators did their job wonderfully by doing an excellent and clinically oriented presentation. They raised clear and excellent points making it easier for their listeners to understand.

Dhilna Rose M Pazhayattil from BA Economics batch was declared the winner of the competition. Overall result of the competition was a fruitful one. Everyone enjoyed preparing and presenting for the competition and also realized the importance of world no tobacco day and why we should avoid tobacco. It was successfully completed under the guidance of the program officers Prof.Tharun R, Prof.Jincy SR, Prof.Jomesh Jose, Prof.Linet George and the leaders.



An 'Online Cricket Tournament' was conducted in the guidance of the team consisting of second year volunteers Yadhukrishna, Krishnachandran and Devadathan as umpires of the game. The Match was played on the unofficial WhatsApp group of NSS Volunteers and it was a thrilling adventure. A demo match was played by the senior volunteers on the 30<sup>th</sup> to display how the game was going to be. The rules and regulations were published and doubts were cleared. It was a number game to be exact. The Six groups of First year volunteers played against each other in three days' time from 31<sup>st</sup> May to 2<sup>nd</sup> June. Then the winning teams played against each other for the rest of the days till 6<sup>th</sup> of June. Team Eternals Won the Cup of the Online Cricket Tournament in the finals. The games aroused a mind of activeness among the volunteers and helped them to cope with the frustrations of online classes and regular activities of day-to-day life



CHRIST COLLEGE (AUTONOMOUS) IRINJALAKUDA



NATIONAL SERVICE SCHEME UNITS 20&49

# VIRTUAL CRICKET TOURNAMENT

*31st May to 6th June  
2021*

**7:00 pm - 8:00 pm**

**Demo play on 30th May at 8:00 pm**



27. 01/06/2021

The Environment week programs were started on 1st June, 2021 by the NSS Units 20 and 49 of Christ College (Autonomous), Irinjalakuda. The initial program was 'Disposal of organic waste.' It was a task given to both first and second year NSS volunteers. All the biodegradable wastes in the house or premises of respective volunteers were to be collected and properly dumped in the tree beds or dump pits. The waste collected shouldn't be burned. The pictures of the task done were to be uploaded in the google form given before 6 PM. Volunteers, wearing NSS T-shirts, did the job sincerely and well. The group leaders were to submit the collage of the pictures of their respective groups. The day's work was successful under the guidance of NSS teachers in-charge, leaders and volunteers.





28. 02/06/2021

The second day of Environment Week by the NSS Units 20 & 49 of Christ College (Autonomous), Irinjalakuda, was commensurate with the task of 'Plastic free surroundings.' As per the task, plastics found in the house and premises of respective volunteers were to be collected. The task was given to the first-year volunteers. The collected garbage was to be photographed and uploaded in the google form before 6 PM on the same day. Each group leader was to submit the collage of their respective groups' pictures. The volunteers wore NSS T-shirts. They had done the task timely and perfectly. The program was successful under the guidance of NSS teachers in-charge, leaders and volunteers.





29. 03/06/2021

The National service scheme units of Christ College (Autonomous) Irinjalakuda organised a one-day work named 'A Bucket of vegetables' in connection with the Environment Day programme. The volunteers were divided into 6 sub-groups. The volunteers were directed to plant at least two types of vegetable seeds and submit the work before 06:00pm.

All the volunteers had completed the work successfully and submitted it to the provided link as well as to the respective group leaders. The volunteers wore their NSS T-shirts during the work. They realised the importance of protecting our environment.





30. 04/06/2021

The National service scheme units of Christ College (Autonomous) Irinjalakuda organised a one-day work named 'Medicinal Garden' in connection with the Environment Day celebrations. The volunteers were divided into 6 sub-groups. The volunteers were directed to maintain a medicinal garden at their home by taking care the existing garden or planting a new species and submit the work before 06:00pm.

All the volunteers had completed the work successfully and submitted it to the provided link as well as to the respective group leaders. The volunteers wore their NSS T-shirts during the work. They realised the importance of protecting our environment.





In accordance with World Environment Day on June 5th NSS units of Christ College combinedly planted 1001 saplings of trees in the houses of each volunteers. The project was started by planting and protecting 5 plants by each volunteer with the motive of conserving our environment for the survival of humankind.

In connection with the same, together with the Department of Geology and Environmental science two competitions were also arranged in order to spread awareness among people to conserve the environment for a healthy and better future .The Troll Making competition on the topic Environment :before and after covid & Poster Making Competition on the topic 'Ecosystem restoration were fortuitous. Around 20 students participated in these 2 competitions conducted only for the Christ college students. Winners were announced on this environment day itself and cash prizes were distributed. The overall program was successfully completed under the guidance of the program officers Prof.Tharun R, Prof.Jincy S. R, Prof.Jomesh Jose, Prof.Linet George and the leaders.





CHRIST COLLEGE (AUTONOMOUS) IRINJALAKUDA

DEPT. OF GEOLOGY AND ENVIRONMENTAL SCIENCE

&

NATIONAL SERVICE SCHEME UNITS 20&49






JUNE 5TH

**WORLD ENVIRONMENT DAY**

1) Poster Making Competition

2) Troll Making Competition

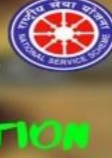


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**TROLL MAKING COMPETITION**

On topic

**'ENVIRONMENT ; before and after covid'**

✓Trolls should be in image format

✓Do not mention your name or college name on trolls

**CASH PRIZE WILL BE AWARDED**

<https://forms.gle/>



CHRIST COLLEGE (AUTONOMOUS) IRINJALAKUDA

DEPARTMENT OF GEOLOGY AND ENVIRONMENTAL SCIENCE

NATIONAL SERVICE SCHEME UNITS 20&49





**E-POSTER COMPETITION**

TOPIC : RESTORATION OF ECOSYSTEM

5th June, 2021

- All Christies can participate.
- Only digital posters are allowed.
- Language can be English/Malayalam.
- Do not mention your name /college name on poster.
- Poster should be in image format.

**ENVIRONMENT DAY COMPETITION WINNERS**

POSTER MAKING



ATHIRA V R  
2ND YEAR GEOLOGY

TROLL MAKING



AKSHAY ANILKUMAR  
3RD YEAR BCA

CONGRATULATIONS



CHRIST COLLEGE (AUTONOMOUS) IRINJALAKUDA

NATIONAL SERVICE SCHEME

UNITS 20 & 49



**പരിസ്ഥിതി ദിനത്തോടനുബന്ധിച്ച് 1001 വൃക്ഷതൈകൾ നട്ടു**



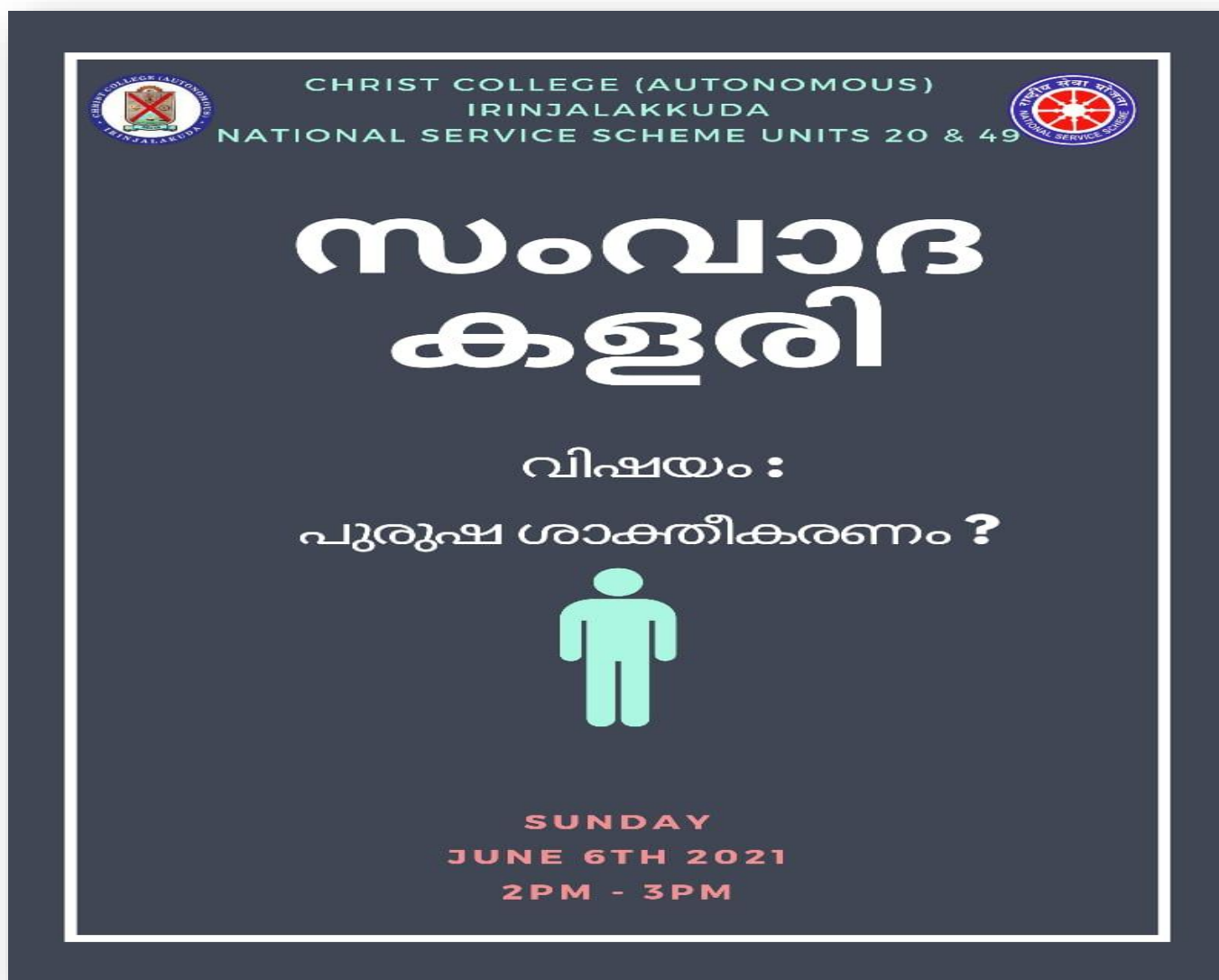
മരങ്ങൾ നട്ടുപിടിപ്പിക്കുന്ന ഒരുവൻ തന്നെ കൂടാതെ തന്റെ സഹജീവികളെയും സ്നേഹിക്കുന്നു

-തോമസ് ഫൂളർ



A Debate on the Topic: 'Men Empowerment?' was conducted through the online platform of Google meet on June 6th 2021 from 2-3pm in the monitoring of second year volunteer Agnal and prarthana. The six groups of first year volunteers were equally parted to oppose and support the given topic.

The questioning for the need of empowerment among men was a new and innovative topic. A lot of volunteers expressed their gratitude for providing them an opportunity on a platform for sharing such a misunderstood and least discussed topic. Even when the era raises the importance of women empowerment ; emotional and mental traumas of men tends to go silenced or underrated. Nss has provided the platform for free thinking and opinion sharings successfully under the assistance of Programme officer Prof. Tharun R



In connection with World Environment Day celebrations, on 8th June 2021 at 3 PM, Department of Geology and Environmental science and NSS units 20 and 49 of Christ College (Autonomous) Irinjalakuda jointly organised a special lecture on the topic, 'Which is more harmful, nitrogen or phosphorus?' through Zoom platform. Eminent speaker Dr. Bhavya P S, Postdoctoral researcher, Leibniz Institute for Baltic Sea Research Warnemunde (IOW), Rostock, Germany, led the session. Welcome note was given by Anu J.Ponnar, Asst. Prof. of geology and environmental science department. Rev.Fr.Dr.Jolly Andrews CMI, Principal of Christ College Irinjalakuda presided over the session. Asst. Prof. of geology and environmental science department, Roshni PP introduced the resource person. It was followed by an hour-long lecture by Dr Bhavya PS. The lecture was indeed an informative and enlightening one. After the lecture an interactive session was held in which certain queries put forth by the audience were addressed. HOD of geology and environmental science department, Prof Linto Alapatt proposed vote of thanks for the session. Around 150 participants attended the session. The overall program was well





CHRIST COLLEGE (AUTONOMOUS) IRINJALAKUDA  
DEPT. OF GEOLOGY AND ENVIRONMENTAL SCIENCE



&  
NATIONAL SERVICE SCHEME UNITS 20 & 49

# World Environment Day celebration **SPECIAL LECTURE**

ON

**Which is more harmful to the Environment ;  
Nitrogen or Phosphorus ?**

**On 8/6/2021**

**Link for  
Registration**

**[https://forms.gle/db  
kRmdgJDjG15a3e8](https://forms.gle/dbkRmdgJDjG15a3e8)**



**Dr. Bhavya P S**

Postdoctoral Researcher  
Leibniz Institute for Baltic sea  
Research Warnemunde (IOW)  
Rostock Germany

At 3:00 pm

On





