

# YOGA FOR HEALTH AND WELL-BEING

## Value Added Certificate Course

Teacher Coordinator Report 2017

Course Code: CPCC01-BPE

Number of students	40
Date of examination	April 4, 2017
Total students who passed exam	40
Total course duration	50 hrs


### Feedback analysis:

- Students admired the techniques of group discussion.
- 97% of the students enjoyed the classes.
- Yogic Diet was the topic most liked by the students.
- Yogic Diet was not that really appreciated. The students wanted to reduce the stress given to that part.



Course Coordinator: Dr. ARAVINDA B. P.



  
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